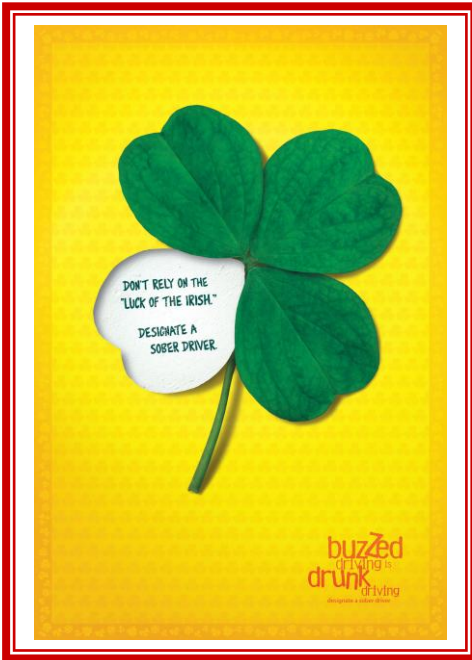


Prevention Newslink

February 2009

A mini-newsletter for Prevention Professionals from the South Dakota Prevention Resource Centers: NEPRC, Dodi Haug, 884-3516; SEPRC, Melinda Olson, 335-6474; WPRC, Vonnie Ackerman & Burke Eilers, 342-1593; NWPRC, Deb Ruen, 374-3862.



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Parents Matter 2009

The deadline to order materials for the 2009 Parents Matter: Underage Drinking Campaign is quickly approaching. Orders need to be submitted to Marge at Prairie View Prevention by February 27, 2009.

This Campaign was started in 2007 14 school districts in Lincoln and Minnehaha counties in SE South Dakota. Through a grant with the SD Office of Highway Safety, over 120 schools were able to participate in the Campaign in 2008.

For questions about this upcoming campaign, contact Prairie View Prevention at 331-5724 or email margeh@prairieview.net.

New Programs of the Native American Advocacy Program

TaSunka Wakan Woksape – The goal of the Native American Advocacy Program is to re-establish and support a Hocoka (Sacred Circle) for the Oyate (people) to facilitate positive direction in their lives through Lakota Language, culture values and spirituality with our horse nation relatives. Through activities that provide social skills development, relationship building, healing from trauma and fear management as well as growing self confidence and leadership.

Ta Sunka Wakan Woksape Curriculum (TSWWC) teaches youth life skills in a very interactive learning environment that is fun and gets them up and moving. Research has proven that youth learn more and retain the information better if they are actively learning whether it's with a game or hands-on activity. With the TSWWC, it's all hands-on learning with the horses...something most of the reservation youth haven't experienced. The horses react to the youth and their actions in ways that help that youth better understand that their actions and behaviors do speak louder than words.

The Lakota values and teachings are an important part of all NAAP programs and projects. NAAP has been interested in bringing back the Lakota Horsemanship to the surrounding reservations for a long time. Finally that dream has been realized and began in May 2008. Future plans involve the development of Equine Program for Persons with Disabilities.

Lakota Youth Leadership Camps – Woitancan Skanpi – The purpose of the youth gathers is to develop and build on the necessary cultural skills of effective Lakota Youth Leadership and recovery that empower them and their peers to acquire the cultural resiliency and leadership qualities and skills needed to support re-establishment of Lakota youth societies. The seven principles that will drive these experiences will be embodied in the following: 1) While the hands are busy the mind is open; 2) Knowing your place in the camp circle is the foundation for knowing your place in the community, tribal nation, and world; 3) Personal, character and spiritual strengths once identified can be refined and developed to enhance youth life skills and personal growth; 4) Only when we know who we are and where we are people have been can we go forward into the future (i.e. personal, family, and tribal history); 5) Developments of cognitive problem solving skills are an integral part of "full circle" Lakota problem solving and decision making (i.e. thought, emotions, physical investment, and spiritual consultation); 6) Lakota virtues and teachings must be shared and translated into today's world experiences for youth to grasp their value; and 7) Adults must demonstrate commitment, respect, caring, support and protection for youth to have the needed environment for developmental and personal growth.

For more information visit www.nativeamericanadvocacy.org or contact Megan Garcia at 605-842-3977 or email admin@nativeamericanadvocacy.org.

Happy Valentine's Day! We are deep into legislative session here in Pierre and keeping our eyes on any bills related to the prevention field. If you want to check on pending legislation go to <http://legis.state.sd.us/sessions/2009/SubjectIndex.aspx> to browse a subject index and read details and status of each bill.

Just a reminder that "Thru With Chew Week" is Feb. 15-19th, with the Great American Spit Out on February 19th. Go to <http://www.throughwithchew.com/> for details.

There are many other upcoming events and trainings being offered this spring, so do your best to take advantage of those opportunities.

Spring is just around the corner, and I wish you a flowery, beautiful spring!

Shawnie Rechtenbaugh

State Prevention Coordinator

DHS – Division of Alcohol & Drug Abuse

New Web site helps SD parents with children's mental health needs

Fostering a child's mental health is as important to overall well-being as shelter, nutritious food and health care. Good mental health allows children to think clearly, develop socially and learn new skills.

A new Web site — www.sdkidsmentalhealth.org — developed especially for South Dakota parents, includes information about mental health disorders that can affect children, available services, and how and where to get help. The Web site includes:

- A Parent's Guide to Children's Mental Health Services in South Dakota,
- And because not all parents get their information from reading, a companion video to the Parent's Guide can be viewed on the site,
- The Wings for Life parent newsletter series, with information and tips relating to children from kindergarten to 8th grade,
- Searchable directory of mental health providers throughout South Dakota,
- Searchable bibliography of helpful children's books,
- Other resources.

This Web site was developed by South Dakota Voices for Children with the guidance of experts in the field and a Mental Health Advisory Group. We are grateful for The Wellmark Foundation's funding support in developing the Web site and for sustaining support from Avera and from Sanford Health.

Prevention Events

- Feb. 19 Jackson Katz presentation – Sturgis –**
Holiday Inn Express - 9 a.m. - 2 p.m. - \$25. Contact Kara Graveman at (605) 347-2991.
- Feb. 19 Tobacco Resources Workshop – Sioux Falls**
E Dakota Ed Coop –Contact Vickie Venhuizen
vvenhuizen@edec.org or (605) 367-7680.
- Feb. 23-25 SAPST: Substance Abuse Prevention Specialist Training- Chamberlain -** Begins in February with some classes being held on the DDN. Concludes April 27-29 Contact Shari shariw@humanserviceagency.org.
- Feb. 25-26 SD Transportation Safety Conference – Pierre –**
Ramkota Hotel - Contact Cliff Reuer, Dept. of Transportation at e-mail Cliff.Reuer@state.sd.us
- March 4 Can I Kiss You? Student Training – Brookings** Staurolite Inn & Suites - 9 a.m.- 2:30 p.m. – FREE Contact Shari (605) 884-3524 shariw@humanserviceagency.org
- March 4-5 LifeSkills Training - Rapid City -** Camp Rapid - Contact Shari (605) 884-3524 or shariw@humanserviceagency.org
- March 12 Meth & Property Seminar – Rapid City**
SDSM&T - Surbeck Center – 9–4:30pm - Contact Nikkole (605) 716-7802
- March 12 “Voices Together SAVE” Conference – Rapid City -**
Ramokta – 8:30 – 4:30pm - \$20 - Contact Pam pam.teaneythomas@k12.sd.us or Linda lindac@co.pennington.sd.us (605) 394-6915 ext. 230
- March 12 Second Step Curriculum Training – Sioux Falls -** VOA – 8am - 3pm - \$60 - Contact Michelle m.majeres@voa-dakotas.org or (605) 335-6474.
- March 23-24 Olweus Bullying Prevention Program – Sioux Falls -** VOA – 9am - 3pm - \$25 - Contact Michelle m.majeres@voa-dakotas.org or (605) 335-6474.
- March 26-27 Addressing Trauma & PTSD – Sioux Falls –** Avera McKennan – 9am - 3pm - \$25 - Contact NASW-SD (605) 339-9104 or naswsd@aol.com
- Apr. 1-3 SD Assn. Of Addiction and Prevention Professionals Spring Conference (formerly SDCDA) – Spearfish –** Holiday Inn Contact Dawn Tassler at (605) 962-6134.
- Apr. 21-23 “Parting the Waters for a Healthier Mind, Body & Spirit” Conference – Sioux Falls –** Convention Ctr. - Contact (402) 472-5733
- Apr. 22 Using Behavioral Modification Psychology to Prevent Misbehavior – Watertown –** LATI Contact Shari shariw@humanserviceagency.org or (605) 884-3524.
- Apr. 28-30 Native American Curriculum for State Accredited, Non-Tribal Substance Abuse Programs – Watertown –** Career Learning Ctr. Contact Patc@usd.edu.
- May 11-15 Facilitator Cert. for Delivering Cognitive Behavior Change Curricula – Deadwood –** \$899 – Contact (800) 622-1644 Ext 5555 or register@ncti.org
- May 27-28 LifeSkills Training - Watertown -** Country Inn & Suites - Contact Shari 605-884-3524 or shariw@humanserviceagency.org
- Jun 1-4 Science Based Drug Education Class – Rapid City –** Contact Vonnie vackerman@youthandfamilyservices.org or (605) 342-1593 or Kristi at (605) 737-6550 kristi.palmer@us.army.mil.
- Jun 15-17 Improv Camp – Rapid City –** SDSM&T - Contact Vonnie vackerman@youthandfamilyservices.org or (605) 342-1593
- Jun 22-24 or 23-25 Improv Camp – Sioux Falls –** Contact Michelle m.majeres@voa-dakotas.org or (605) 335-6474
- Jun 22-24 6th Annual SD Character Education Conference – Sioux Falls –** Contact Karelyn karelyn.farrand@sdstate.edu or (605) 626-7120