

Choosing Health High School - STD & HIV

Lessons	Health Benchmarks	Language Arts Benchmarks	Science Benchmarks
<u>Unit 1: What Do You Know About STD?</u> <u>Lesson 1: Trivial Pursuit</u>	Use pertinent and descriptive terminology when discussing health issues. 4:2:c		
<u>Lesson 2: Questions About STD</u>			
<u>Lesson 3: Learning About STD</u>	Evaluate the impact of various health practices on self and family. 1:1:c Analyze the impact of personal health behaviors on the functioning of body systems. 1:2:a		
<u>Lesson 4: Answering Questions</u>	Evaluate the impact of various health practices on self and family. 1:1:c Analyze the impact of personal health behaviors on the functioning of body systems. 1:2:a		
<u>Unit 2: Pass It Around</u> <u>Lesson 1: Pass It Around</u>	Evaluate the impact of various health practices on self and family. 1:1:c Analyze various genetic conditions and health practices which may influence the cause or prevention of diseases. 1:3:c Analyze how personal choices can impact (<i>sic</i>) long-range health. 3:3:a		
<u>Lesson 2: Making Important Decisions</u>	Model practices which enhance personal, emotional, social, and physical well-being. 1:2:b Analyze various genetic conditions and health practices which may influence the cause or prevention of diseases. 1:3:c Analyze the short- and long-term consequences of risky and harmful behaviors. 3:1:a Analyze how personal choices can impact (<i>sic</i>) long-range health. 3:3:a		
<u>Lesson 3: A Risk Continuum</u>	Analyze the short- and long-term consequences of risky and harmful behaviors. 3:1:a Analyze how personal choices can impact (<i>sic</i>) long-range health. 3:3:a		

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<u>Unit 3: Choosing Abstinence</u> <u>Lesson 1: What Is Abstinence?</u>	Analyze the short- and long-term consequences of risky and harmful behaviors. 3:1:a Analyze how personal choices can impact (<i>sic</i>) long-range health. 3:3:a		
<u>Lesson 2: The Abstinence Choice</u>	Analyze the short- and long-term consequences of risky and harmful behaviors. 3:1:a Analyze how personal choices can impact (<i>sic</i>) long-range health. 3:3:a		
<u>Lesson 3: Making My Choice</u>	Analyze the short- and long-term consequences of risky and harmful behaviors. 3:1:a Analyze how personal choices can impact (<i>sic</i>) long-range health. 3:3:a		
<u>Unit 4: Following Through on Abstinence</u> <u>Lesson 1: Caution Situations</u>	Evaluate how social pressures can influence participation in risk-taking behaviors. 3:1:b Analyze how communication skills are used to build and maintain healthy relationships. 4:1:a		
<u>Lesson 2: Handling Caution Situations</u>	Evaluate how social pressures can influence participation in risk-taking behaviors. 3:1:b Analyze how communication skills are used to build and maintain healthy relationships. 4:1:a		
<u>Lesson 3: Danger Situations</u>	Evaluate how social pressures can influence participation in risk-taking behaviors. 3:1:b Analyze how communication skills are used to build and maintain healthy relationships. 4:1:a	Select various non-verbal techniques to engage and communicate with an audience. 4:3:a	
<u>Lesson 4: Convincing Refusals</u>	Analyze how communication skills are used to build and maintain healthy relationships. 4:1:a		
<u>Unit 5: Using Refusals</u> <u>Lesson 1: Remembering Refusals</u>	Analyze how communication skills are used to build and maintain healthy relationships. 4:1:a	Analyze the characteristics of the target audience to determine appropriate style and language. 4:2:a	
<u>Lesson 2: Practicing Refusals</u>	Analyze how communication skills are used to build and maintain healthy relationships. 4:1:a	Analyze the characteristics of the target audience to determine appropriate style and language. 4:2:a	

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<u>Lesson 3: Practice Makes Perfect</u>	Analyze how communication skills are used to build and maintain healthy relationships. 4:1:a	Analyze the characteristics of the target audience to determine appropriate style and language. 4:2:a	
<u>Lesson 4: Ad-Libbing Refusals</u>	Analyze how communication skills are used to build and maintain healthy relationships. 4:1:a	Analyze the characteristics of the target audience to determine appropriate style and language. 4:2:a	
<u>Unit 6: Protection with a Capital C</u> <u>Lesson 1: Risky Behaviors</u>	<p>Model appropriate ways to express feelings when interacting with others. 1:1:a</p> <p>Analyze the short- and long-term consequences of risky and harmful behaviors. 3:1:a</p> <p>Evaluate how social pressures can influence participation in risk-taking behaviors. 3:1:b</p> <p>Model personal responsibility in health-related choices/decisions. 3:3:b</p>		
<u>Lesson 2: Let's Talk</u>	<p>Model personal responsibility in health-related choices/decisions. 3:3:b</p> <p>Analyze how communication skills are used to build and maintain healthy relationships. 4:1:a</p>		
<u>Lesson 3: Condom Communication</u>	<p>Model personal responsibility in health-related choices/decisions. 3:3:b</p> <p>Analyze how communication skills are used to build and maintain healthy relationships. 4:1:a</p> <p>Model healthy ways to express needs, wants, and feelings. 4:2:a</p>		
<u>Lesson 4: Information About Condoms</u>	<p>Analyze various genetic conditions and health practices which may influence the cause or prevention of diseases. 1:3:c</p> <p>Evaluate personal practices which promote lifelong health and well-being. 3:1:c</p>		
<u>Lesson 5: The Cost of Condoms</u>	Analyze various genetic conditions and health practices which may influence the cause or prevention of diseases. 1:3:c		
<u>Lesson 6: Encouraging Condom Use</u>			

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<u>Unit 7: STD Symptoms, Consequences and Treatment</u> <u>Lesson 1: STD</u>			
<u>Lesson 2: Symptoms and Consequences</u>	Analyze the short- and long-term consequences of risky and harmful behaviors. 3:1:a		
<u>Lesson 3: Being Informed</u>	Analyze the role and organization of various universal health agencies/services. 2:2:a Evaluate the availability of health products and services around the world. 2:2:c Analyze options for contacting/obtaining professional health services. 2:3:b		
<u>Lesson 4: Diagnosis and Treatment</u>	Evaluate the effects of following/deviating from prescribed treatment. 2:3:c		
<u>Lesson 5: STD Sleuth</u>			
<u>Unit 8: Understanding HIV</u>			
<u>Lesson 1: Needing to Know About HIV</u>	Model appropriate ways to express feelings when interacting with others. 1:1:a		
<u>Lesson 2: Answering Questions</u>	Model appropriate ways to express feelings when interacting with others. 1:1:a		