

Choosing Health High School - Tobacco, Alcohol & Drugs

Lessons	Health Benchmarks	Language Arts Benchmarks
<u>Unit 1: Drugs and Risks</u>		
<u>Lesson 1: What Is a Drug?</u>	Analyze the impact of personal health behaviors on the functioning of body systems. 1:2:a	
<u>Lesson 2: Drug Use Patterns</u>	Analyze the impact of personal health behaviors on the functioning of body systems. 1:2:a	
<u>Lesson 3: Legal Issues</u>	Analyze how communication skills are used to build and maintain healthy relationships. 4:1:a	
<u>Lesson 4: Any Questions?</u>		
<u>Unit 2: Drug Facts</u>		
<u>Lesson 1: What We Know About Drugs</u>	Evaluate the effect of media on personal, family, and community health. 2:1:b	
<u>Lesson 2: Drug Classifications</u>	Analyze the impact of personal health behaviors on the functioning of body systems. 1:2:a Evaluate the effect of media on personal, family, and community health. 2:1:b	Model positive behaviors which influence and support others in making healthy choices. 5:3:a
<u>Unit 3: Tobacco: Smoke Signals</u>		
<u>Lesson 1: Smoking Interviews</u>	Analyze the impact of personal health behaviors on the functioning of body systems. 1:2:a Evaluate the effect of media on personal, family, and community health. 2:1:b	Analyze the characteristics of the target audience to determine appropriate style and language. 4:2:a
<u>Lesson 2: The Health Effects of Tobacco Use</u>	Analyze the impact of personal health behaviors on the functioning of body systems. 1:2:a Evaluate the effect of media on personal, family, and community health. 2:1:b	

Lessons	Health Benchmarks	Language Arts Benchmarks
<u>Lesson 3: Critiquing Tobacco Ads</u>	Evaluate the effect of media on personal, family, and community health. 2:1:b	Analyze the underlying or subliminal meaning of various and visual messages, e.g., advertisements, electronic media, other print/media. 3:2:a
<u>Lesson 4: Don't Smoke</u>	Analyze how communication skills are used to build and maintain healthy relationships. 4:1:a	Analyze the characteristics of the target audience to determine appropriate style and language. 4:2:a

<u>Unit 4: Alcohol: Liquid Illusion</u> <u>Lesson 1: Attitudes About Alcohol</u>	Analyze the impact of personal health behaviors on the functioning of body systems. 1:2:a Evaluate the effect of media on personal, family, and community health. 2:1:b	
<u>Lesson 2: Alcohol's Effects</u>	Analyze the impact of personal health behaviors on the functioning of body systems. 1:2:a Model personal responsibility in health-related choices/decisions. 3:3:b Evaluate the effect of media on personal, family, and community health. 2:1:b	
<u>Lesson 3: What is BAC?</u>	Analyze the impact of personal health behaviors on the functioning of body systems. 1:2:a Evaluate the effect of media on personal, family, and community health. 2:1:b	Analyze the underlying or subliminal meaning of various and visual messages, e.g., advertisements, electronic media, other print/media. 3:2:a
<u>Lesson 4: Alcoholism: Myths and Facts</u>	Evaluate the effect of media on personal, family, and community health. 2:1:b	

<u>Unit 5: Marijuana: More Than Grass</u> <u>Lesson 1: What Do You Know About Marijuana?</u>	Analyze the impact of personal health behaviors on the functioning of body systems. 1:2:a	
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	Evaluate the effect of media on personal, family, and community health. 2:1:b	
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<u>Lesson 2: Researching The Issues</u>	Analyze the impact of personal health behaviors on the functioning of body systems. 1:2:a Evaluate the effect of media on personal, family, and community health. 2:1:b	Analyze and use appropriate organization based on the established writing purpose and intended audience. 2:2:a

<u>Unit 6: Steroids: Buffed, Bulked or Bilked?</u> <u>Lesson 1: High-Risk Behavior Inventory</u>	Analyze the impact of personal health behaviors on the functioning of body systems. 1:2:a Evaluate the effect of media on personal, family, and community health. 2:1:b	
<u>Lesson 2: Making Decisions</u>	Analyze how personal choices can impact (<i>sic</i>) long-range health. 3:3:a	
<u>Lesson 3: Steroid Use: Is It Worth the Risk?</u>	Analyze the impact of personal health behaviors on the functioning of body systems. 1:2:a Evaluate the effect of media on personal, family, and community health. 2:1:b	

<u>Unit 7: The Impact of Drugs</u> <u>Lesson 1: Reasons For and Against Drug Use</u>	Evaluate the impact of various health practices on self and family. 1:1:c	
<u>Lesson 2: Drug Problems</u>	Model practices which enhance personal, emotional, social, and physical well-being. 1:2:b Model positive behaviors which influence and support others in making healthy choices. 5:3:a	
<u>Lesson 3: Drugs and Society</u>	Evaluate the impact of various health practices on self and family. 1:1:c	
<u>Lesson 4: Goals and Drug Use</u>	Evaluate the impact of various health practices on self and family. 1:1:c	

Science Benchmarks

Analyze the relationship between structure and function at various levels of organization. 3:1:a

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