

Choosing Health High School - Violence & Injury

<u>Lesson</u>	<u>Health Benchmarks</u>	<u>Language Arts Benchmarks</u>
<u>Unit 1: Risk Profile</u>		
<u>Lesson 1: How Do Injuries Affect Our Lives</u>	Analyze how personal choices can impact (<i>sic</i>) long-range health. 3:3:a	
<u>Lesson 2: What Risks Do You Take?</u>	Analyze how personal choices can impact (<i>sic</i>) long-range health. 3:3:a	
<u>Lesson 3: Class Risks</u>	Analyze the short- and long-term consequences of risky and harmful behaviors. 3:1:a	
<u>Lesson 4: Preventing Injury</u>		
<u>Lesson 5: Setting Personal Goals</u>	Model personal responsibility in health-related choices/decisions. 3:3:b	
<u>Unit 2: Conflicts, Firearms, and Violence</u>		
<u>Lesson 1: Firearm Murders</u>		
<u>Lesson 2: Media Violence</u>	Evaluate the effect of media on personal, family, and community health. 2:1:b	Analyze the underlying or subliminal meaning of various and visual messages, e.g., advertisements, electronic media, other print/media. 3:2:a
<u>Lesson 3: Conflict Resolution</u>	Analyze and select situationally appropriate resolution strategies. 4:3:b	
<u>Lesson 4: Handling Conflict</u>	Analyze and select situationally appropriate resolution strategies. 4:3:b	
<u>Unit 3: Family and Sexual Violence</u>		
<u>Lesson 1: Q & A</u>	Use pertinent and descriptive terminology when discussing health issues. 4:2:c	
<u>Lesson 2: Learning More</u>	Evaluate the effects of conflict in various situations/relationships. 4:3:a	Use various cues/strategies to connect with text, predict message of text, and validate understanding of text. 1:1:a Analyze and use appropriate organization based on the established writing purpose and intended audience. 2:2:a
<u>Lesson 3: What's Going On?</u>	Model refusal, negotiation, and collaboration skills to avoid potentially harmful situations. 4:3:c	

<u>Lesson 4: Angry Feelings</u>	Evaluate the effects of conflict in various situations/relationships. 4:3:a	
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<u>Lesson</u>	<u>Health Benchmarks</u>	<u>Language Arts Benchmarks</u>
<u>Lesson 4 (Cont.)</u>	Analyze and select situationally appropriate resolution strategies. 4:3:b	
<u>Lesson 5: Dealing with Anger</u>	Analyze and select situationally appropriate resolution strategies. 4:3:b	
<u>Lesson 6: What Would You Do?</u>	Model refusal, negotiation, and collaboration skills to avoid potentially harmful situations. 4:3:c	

<u>Unit 4: Friends Don't Let Friends</u>		
<u>Lesson 1: Don't Drink & Drive</u>	Analyze the short- and long-term consequences of risky and harmful behaviors. 3:1:a	
<u>Lesson 2: Sell the Idea</u>	Evaluate the effect of media on personal, family, and community health. 2:1:b	Analyze and use appropriate organization based on the established writing purpose and intended audience. 2:2:a Analyze the underlying or subliminal meaning of various and visual messages, e.g., advertisements, electronic media, other print/media. 3:2:a
<u>Lesson 3: Be Assertive</u>	Model healthy ways to express needs, wants, and feelings. 4:2:a	
<u>Lesson 4: Find Alternatives</u>	Model refusal, negotiation, and collaboration skills to avoid potentially harmful situations. 4:3:c	Use various cues/strategies to connect with text, predict message of text, and validate understanding of text. 1:1:a
<u>Lesson 5: Pledge to Stay Safe</u>	Model refusal, negotiation, and collaboration skills to avoid potentially harmful situations. 4:3:c	

<u>Unit 5: Preventing Youth Suicide</u>		
<u>Lesson 1: Why Talk About Suicide?</u>		
<u>Lesson 2: How Would I Know?</u>		
<u>Lesson 3: What Can I Do?</u>	Model effective communication techniques when interacting with family, peers, and community. 4:1:b	

<u>Unit 6: On The Road</u>		
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<u>Lesson 1: How Much Do You Know?</u>	Analyze how personal choices can impact (<i>sic</i>) long-range health. 3:3:a	Use various cues/strategies to connect with text, predict message of text, and validate understanding of text. 1:1:a
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<u>Lesson</u>	<u>Health Benchmarks</u>	<u>Language Arts Benchmarks</u>
<u>Lesson 1 (Cont.)</u>	Model personal responsibility in health-related choices/decisions. 3:3:b Exemplify a positive and healthy lifestyle. 3:3:c	
<u>Lesson 2: Class Cycling</u>	Analyze how personal choices can impact (<i>sic</i>) long-range health. 3:3:a Model personal responsibility in health-related choices/decisions. 3:3:b Exemplify a positive and healthy lifestyle. 3:3:c	
<u>Lesson 3: What Is Your Position?</u>		Analyze the characteristics of the target audience to determine appropriate style and language. 4:2:a
<u>Lesson 4: Using Belts and Helmets</u>		

<u>Unit 7: Strategies for Prevention</u>		
<u>Lesson 1: Campaigning for Health</u>	Create, modify, or expand plans to address various community and environmental health issues. 5:2:a	
<u>Lesson 2: Planning a Strategy</u>	Evaluate and modify health advocacy strategies for families, schools, and communities. 5:3:b	Analyze the characteristics of the target audience to determine appropriate style and language. 4:2:a

