

Comprehensive Health - HIV & STD Grades 6-8

Lessons	Health Benchmarks	Science Benchmarks	Language Arts Benchmarks
Unit One: What We Think We Know About HIV Activity 1	1-1-b Analyze how appropriate and inappropriate health practices affect self and family. 1-2-b Examine practices which enhance personal, emotional, social and physical well-being. 1-2-c Examine ways to avoid, minimize, or cope with adolescent health problems. 1-3-c Examine health practices which may cause and/or spread/prevent diseases.	No Matches	1-3-c Use personal criteria to defend the choice of independent reading materials. 1-4-a Select and use suitable information sources for a variety of purposes, e.g., internet, CD-ROM, print and video materials, library. 1-4-b Analyze the validity and/or appropriateness of various technical and practical materials. 1-4-c Collect and summarize information to make reasonable and informed decisions.
Activity 2	1-1-b Analyze how appropriate and inappropriate health practices affect self and family. 1-2-b Examine practices which enhance personal, emotional, social and physical well-being. 1-2-c Examine ways to avoid, minimize, or cope with adolescent health problems. 1-3-a Determine how medical research influences health care and disease prevention. 1-3-c Examine health practices which may cause and/or spread/prevent diseases.		1-4-a Select and use suitable information sources for a variety of purposes, e.g., internet, CD-ROM, print and video materials, library. 1-4-b Analyze the validity and/or appropriateness of various technical and practical materials. 1-4-c Collect and summarize information to make reasonable and informed decisions.
Activity 3	4-1-b Choose appropriate communication techniques when interacting with family, peers, and community.		
Unit Two: HIV in the News Activity 1	1-2-b Examine practices which enhance personal, emotional, social and physical well-being. 2-1-b Analyze the media impact on personal and family health decisions and practices.		1-4-a Select and use suitable information sources for a variety of purposes, e.g., internet, CD-ROM, print 1-4-b Analyze the validity and/or appropriateness of various technical and practical materials.

Lessons	Health Benchmarks	Science Benchmarks	Language Arts Benchmarks
Activity 1 (Cont.)			1-4-c Collect and summarize information to make reasonable and informed decisions.
Activity 2	<p>1-2-b Examine practices which enhance personal, emotional, social and physical well-being.</p> <p>2-1-b Analyze the media impact on personal and family health decisions and practices.</p>		<p>1-4-a Select and use suitable information sources for a variety of purposes, e.g., internet, CD-ROM, print</p> <p>1-4-b Analyze the validity and/or appropriateness of various technical and practical materials.</p> <p>1-4-c Collect and summarize information to make reasonable and informed decisions.</p>
Activity 3	<p>2-2-c Investigate the availability of health products and services at the local, state, and regional levels.</p> <p>2-3-a Analyze various personal situations to determine when professional health services are necessary.</p>		<p>1-4-a Select and use suitable information sources for a variety of purposes, e.g., internet, CD-ROM, print and video materials, library.</p> <p>1-4-b Analyze the validity and/or appropriateness of various technical and practical materials.</p> <p>1-4-c Collect and summarize information to make reasonable and informed decisions.</p>
Activity 4	1-3-a Determine how medical research influences health care and disease prevention.		<p>1-4-a Select and use suitable information sources for a variety of purposes, e.g., internet, CD-ROM, print and video materials, library.</p> <p>1-4-b Analyze the validity and/or appropriateness of various technical and practical materials.</p> <p>1-4-c Collect and summarize information to make reasonable and informed decisions.</p>
Unit Three: Checking With Experts Activity 1	<p>1-3-a Determine how medical research influences health care and disease prevention.</p> <p>2-2-c Investigate the availability of health products and services at the local, state, and regional levels.</p> <p>2-3-a Analyze various personal situations to determine when professional health services are necessary.</p>		<p>1-4-a Select and use suitable information sources for a variety of purposes, e.g., internet, CD-ROM, print and video materials, library.</p> <p>1-4-b Analyze the validity and/or appropriateness of various technical and practical materials.</p> <p>1-4-c Collect and summarize information to make reasonable and informed decisions.</p>

Lessons	Health Benchmarks	Science Benchmarks	Language Arts Benchmarks
Activity 1 (Cont.)	2-3-c Describe the effects of following or rejecting prescribed/recommended treatment.		
Activity 2	<p>2-2-c Investigate the availability of health products and services at the local, state, and regional levels.</p> <p>2-3-a Analyze various personal situations to determine when professional health services are necessary.</p> <p>2-3-c Describe the effects of following or rejecting prescribed/recommended treatment.</p>		<p>1-4-a Select and use suitable information sources for a variety of purposes, e.g., internet, CD-ROM, print and video materials, library.</p> <p>1-4-b Analyze the validity and/or appropriateness of various technical and practical materials.</p> <p>1-4-c Collect and summarize information to make reasonable and informed decisions.</p>
Unit Four: Epidemics: A Peek at the Past Activity 1			
Activity 2	<p>2-2-c Investigate the availability of health products and services at the local, state, and regional levels.</p> <p>2-3-a Analyze various personal situations to determine when professional health services are necessary.</p> <p>2-3-c Describe the effects of following or rejecting prescribed/recommended treatment.</p>		<p>1-1-a Use specific cues/strategies to make connections with, predict meaning of, and comprehend information within text.</p> <p>1-2-a Compare and contrast various organizational techniques authors use to create reader interest, e.g., sequence, cause/effect.</p>
Unit Five: Communicable Diseases			
Activity 1	<p>1-1-a Model appropriate ways to express feelings in a variety of age-appropriate situations.</p> <p>1-1-b Analyze how appropriate and inappropriate health practices affect self and family.</p> <p>1-2-b Examine practices which enhance personal, emotional, social and physical well-being.</p> <p>1-2-c Examine ways to avoid, minimize, or cope with adolescent health problems.</p> <p>1-3-b Analyze health care requirements and policies which affect safety and well-being.</p>		

Lessons	Health Benchmarks	Science Benchmarks	Language Arts Benchmarks
Activity 1 (Cont.)	<p>3-1-a Distinguish short and long-term consequences of risky and harmful behaviors (sic).</p> <p>3-1-c Analyze personal practices which promote lifelong health and well-being.</p> <p>3-3-a Describe how personal choices can impact (sic) long-range health.</p> <p>3-3-b Demonstrate individual responsibility in health-related decisions/choices.</p> <p>3-3-c Model an age-appropriate healthy lifestyle.</p>		
Activity 2	<p>1-1-b Engage in a variety of positive, personal hygienic (sic) behaviors.</p> <p>1-1-b Analyze how appropriate and inappropriate health practices affect self and family.</p> <p>1-2-b Examine practices which enhance personal, emotional, social and physical well-being.</p> <p>1-2-c Examine ways to avoid, minimize, or cope with adolescent health problems.</p> <p>1-3-b Analyze health care requirements and policies which affect safety and well-being.</p> <p>3-1-a Distinguish short and long-term consequences of risky and harmful behaviors (sic).</p> <p>3-1-c Analyze personal practices which promote lifelong health and well-being.</p> <p>3-3-a Describe how personal choices can impact (sic) long-range health.</p> <p>3-3-b Demonstrate individual responsibility in health-related decisions/choices.</p> <p>3-3-c Model an age-appropriate healthy lifestyle.</p>		
Activity 3	<p>1-1-b Analyze how appropriate and inappropriate health practices affect self and family.</p>		

Lessons	Health Benchmarks	Science Benchmarks	Language Arts Benchmarks
Activity 3 (Cont.)	<p>1-2-b Examine practices which enhance personal, emotional, social and physical well-being.</p> <p>1-2-c Examine ways to avoid, minimize, or cope with adolescent health problems.</p> <p>1-3-b Analyze health care requirements and policies which affect safety and well-being.</p> <p>1-3-c Examine health practices which may cause and/or spread/prevent diseases.</p> <p>3-1-a Distinguish short and long-term consequences of risky and harmful behaviors (sic).</p> <p>3-1-c Analyze personal practices which promote lifelong health and well-being.</p> <p>3-3-a Describe how personal choices can impact (sic) long-range health.</p> <p>3-3-b Demonstrate individual responsibility in health-related decisions/choices.</p> <p>3-3-c Model an age-appropriate healthy lifestyle.</p>		
Activity 4	<p>1-1-b Analyze how appropriate and inappropriate health practices affect self and family.</p> <p>1-2-b Examine practices which enhance personal, emotional, social and physical well-being.</p> <p>1-2-c Examine ways to avoid, minimize, or cope with adolescent health problems.</p> <p>1-3-c Examine health practices which may cause and/or spread/prevent diseases.</p> <p>3-1-a Distinguish short and long-term consequences of risky and harmful behaviors (sic).</p> <p>3-1-c Analyze personal practices which promote lifelong health and well-being.</p>		<p>1-1-a Use specific cues/strategies to make connections with, predict meaning of, and comprehend information within text.</p> <p>1-2-a Compare and contrast various organizational techniques authors use to create reader interest,</p> <p>1-4-a Select and use suitable information sources for a variety of purposes, e.g., internet, CD-ROM, print and video materials, library.</p> <p>1-4-b Analyze the validity and/or appropriateness of various technical and practical materials.</p> <p>1-4-c Collect and summarize information to make reasonable and informed decisions.</p>

Lessons	Health Benchmarks	Science Benchmarks	Language Arts Benchmarks
Activity 4 (Cont.)	<p>3-3-a Describe how personal choices can impact (sic) long-range health.</p> <p>3-3-b Demonstrate individual responsibility in health-related decisions/choices.</p> <p>3-3-c Model an age-appropriate healthy lifestyle.</p>		
Activity 5	<p>1-1-b Analyze how appropriate and inappropriate health practices affect self and family.</p> <p>1-2-c Examine ways to avoid, minimize, or cope with adolescent health problems.</p> <p>1-3-c Examine health practices which may cause and/or spread/prevent diseases.</p> <p>3-1-a Distinguish short and long-term consequences of risky and harmful behaviors (sic).</p> <p>3-1-c Analyze personal practices which promote lifelong health and well-being.</p> <p>3-3-a Describe how personal choices can impact (sic) long-range health.</p> <p>3-3-b Demonstrate individual responsibility in health-related decisions/choices.</p> <p>3-3-c Model an age-appropriate healthy lifestyle.</p>		<p>1-4-a Select and use suitable information sources for a variety of purposes, e.g., internet, CD-ROM, print and video materials, library.</p> <p>1-4-b Analyze the validity and/or appropriateness of various technical and practical materials.</p> <p>1-4-c Collect and summarize information to make reasonable and informed decisions.</p>
Activity 6	<p>1-1-b Analyze how appropriate and inappropriate health practices affect self and family.</p> <p>1-2-c Examine ways to avoid, minimize, or cope with adolescent health problems.</p> <p>1-3-c Examine health practices which may cause and/or spread/prevent diseases.</p> <p>3-1-a Distinguish short and long-term consequences of risky and harmful behaviors (sic).</p> <p>3-1-c Analyze personal practices which promote lifelong health and well-being.</p>		<p>1-4-a Select and use suitable information sources for a variety of purposes, e.g., internet, CD-ROM, print and video materials, library.</p> <p>1-4-b Analyze the validity and/or appropriateness of various technical and practical materials.</p> <p>1-4-c Collect and summarize information to make reasonable and informed decisions.</p>

Lessons	Health Benchmarks	Science Benchmarks	Language Arts Benchmarks
Activity 6 (Cont.)	<p>3-3-a Describe how personal choices can impact (sic) long-range health.</p> <p>3-3-b Demonstrate individual responsibility in health-related decisions/choices.</p> <p>3-3-c Model an age-appropriate healthy lifestyle.</p>		
Activity 7	<p>1-1-b Analyze how appropriate and inappropriate health practices affect self and family.</p> <p>1-2-b Examine practices which enhance personal, emotional, social and physical well-being.</p> <p>1-2-c Examine ways to avoid, minimize, or cope with adolescent health problems.</p> <p>1-3-c Examine health practices which may cause and/or spread/prevent diseases.</p> <p>3-1-a Distinguish short and long-term consequences of risky and harmful behaviors (sic).</p> <p>3-1-c Analyze personal practices which promote lifelong health and well-being.</p> <p>3-3-a Describe how personal choices can impact (sic) long-range health.</p> <p>3-3-b Demonstrate individual responsibility in health-related decisions/choices.</p> <p>3-3-c Model an age-appropriate healthy lifestyle.</p>		
Unit Six: A Comparison of STDs Activity 1	<p>1-1-b Analyze how appropriate and inappropriate health practices affect self and family.</p> <p>1-2-c Examine ways to avoid, minimize, or cope with adolescent health problems.</p>		<p>1-1-a Use specific cues/strategies to make connections with, predict meaning of, and comprehend information within text.</p> <p>1-2-a Compare and contrast various organizational techniques authors use to create reader interest, e.g., sequence, cause/effect.</p>

Lessons	Health Benchmarks	Science Benchmarks	Language Arts Benchmarks
Activity 1 (Cont.)	<p>1-3-c Examine health practices which may cause and/or spread/prevent diseases.</p> <p>2-3-a Analyze various personal situations to determine when professional health services are necessary.</p> <p>3-1-a Distinguish short and long-term consequences of risky and harmful behaviors (sic).</p> <p>3-1-c Analyze personal practices which promote lifelong health and well-being.</p> <p>3-3-a Describe how personal choices can impact (sic) long-range health.</p> <p>3-3-b Demonstrate individual responsibility in health-related decisions/choices.</p> <p>3-3-c Model an age-appropriate healthy lifestyle.</p>		<p>1-4-a Select and use suitable information sources for a variety of purposes, e.g., internet, CD-ROM, print and video materials, library.</p> <p>1-4-b Analyze the validity and/or appropriateness of various technical and practical materials.</p> <p>1-4-c Collect and summarize information to make reasonable and informed decisions.</p>
Activity 2	<p>1-1-b Analyze how appropriate and inappropriate health practices affect self and family.</p> <p>1-2-c Examine ways to avoid, minimize, or cope with adolescent health problems.</p> <p>1-3-c Examine health practices which may cause and/or spread/prevent diseases.</p> <p>2-3-a Analyze various personal situations to determine when professional health services are necessary.</p> <p>3-1-a Distinguish short and long-term consequences of risky and harmful behaviors (sic).</p> <p>3-1-c Analyze personal practices which promote lifelong health and well-being.</p> <p>3-3-a Describe how personal choices can impact (sic) long-range health.</p> <p>3-3-b Demonstrate individual responsibility in health-related decisions/choices.</p>		

Lessons	Health Benchmarks	Science Benchmarks	Language Arts Benchmarks
Activity 2 (Cont.)	3-3-c Model an age-appropriate healthy lifestyle.		
Unit Seven: The Immunology of HIV Activity 1	<p>1-1-b Engage in a variety of positive, personal hygienic (sic) behaviors.</p> <p>1-2-a Explain how health is influenced by the interaction of body systems.</p> <p>2-3-a Analyze various personal situations to determine when professional health services are necessary.</p> <p>3-1-a Distinguish short and long-term consequences of risky and harmful behaviors (sic).</p> <p>3-1-c Analyze personal practices which promote lifelong health and well-being.</p> <p>3-3-a Describe how personal choices can impact (sic) long-range health.</p> <p>3-3-b Demonstrate individual responsibility in health.</p> <p>3-3-c Model an age-appropriate healthy lifestyle.</p>		
Activity 2	<p>1-1-b Engage in a variety of positive, personal hygienic (sic) behaviors.</p> <p>1-2-a Explain how health is influenced by the interaction of body systems.</p> <p>2-3-a Analyze various personal situations to determine when professional health services are necessary.</p> <p>3-1-a Distinguish short and long-term consequences of risky and harmful behaviors (sic).</p> <p>3-1-c Analyze personal practices which promote lifelong health and well-being.</p> <p>3-3-a Describe how personal choices can impact (sic) long-range health.</p>		

Lessons	Health Benchmarks	Science Benchmarks	Language Arts Benchmarks
Activity 2 (Cont.)	3-3-b Demonstrate individual responsibility in health-related decisions/choices. 3-3-c Model an age-appropriate healthy lifestyle.		
Unit Eight: The Truth About Myths			
Activity 1	1-1-b Analyze how appropriate and inappropriate health practices affect self and family. 1-2-b Examine practices which enhance personal, emotional, social and physical well-being. 1-2-c Examine ways to avoid, minimize, or cope with adolescent health problems.		1-4-a Select and use suitable information sources for a variety of purposes, e.g., internet, CD-ROM, print and video materials, library. 1-4-b Analyze the validity and/or appropriateness of various technical and practical materials. 1-4-c Collect and summarize information to make reasonable and informed decisions.
Activity 2	1-1-b Analyze how appropriate and inappropriate health practices affect self and family. 1-2-b Examine practices which enhance personal, emotional, social and physical well-being. 1-2-c Examine ways to avoid, minimize, or cope with adolescent health problems. 1-4-a Select and use suitable information sources for a variety of purposes, e.g., internet, CD-ROM, print and video materials, library. 1-4-b Analyze the validity and/or appropriateness of various technical and practical materials. 1-4-c Collect and summarize information to make reasonable and informed decisions.		1-1-a Use specific cues/strategies to make connections with, predict meaning of, and comprehend information within text. 1-2-a Compare and contrast various organizational techniques authors use to create reader interest,
Activity 3	1-1-a Model appropriate ways to express feelings in a variety of age-appropriate situations. 1-1-b Analyze how appropriate and inappropriate health practices affect self and family. 1-2-b Examine practices which enhance personal, emotional, social and physical well-being.		

Lessons	Health Benchmarks	Science Benchmarks	Language Arts Benchmarks
Activity 3 (Cont.)	1-2-c Examine ways to avoid, minimize, or cope with adolescent health problems.		
Unit Nine: Symptoms Don't Reveal Everything Activity 1	1-2-b Examine practices which enhance personal, emotional, social and physical well-being. 1-3-c Examine health practices which may cause and/or spread/prevent diseases. 3-3-a Describe how personal choices can impact (sic) long-range health. 3-3-b Demonstrate individual responsibility in health-related decisions/choices.		
Activity 2	1-2-b Examine practices which enhance personal, emotional, social and physical well-being. 1-3-c Examine health practices which may cause and/or spread/prevent diseases. 3-3-a Describe how personal choices can impact (sic) long-range health. 3-3-b Demonstrate individual responsibility in health-related decisions/choices.		
Unit Ten: HIV, AIDS and Compassion Activity 1	5-2-c Investigate the impact of past health plans/strategies on current populations/environments. 5-3-c Collaborate with others to investigate the need for equitable health care for all.		
Activity 2	5-2-c Investigate the impact of past health plans/strategies on current populations/environments. 5-3-c Collaborate with others to investigate the need for equitable health care for all.		
Activity 3	5-2-c Investigate the impact of past health plans/strategies on current populations/environments. 5-3-c Collaborate with others to investigate the need for equitable health care for all.		2-1-b Use expressive vocabulary and correct spelling in written work. 2-1-c Revise and edit written work using appropriate conventions of language.

Lessons	Health Benchmarks	Science Benchmarks	Language Arts Benchmarks
Activity 3 (Cont.)			2-2-c Select and use the writing format required for a specific type of publication. 2-3-c Write on a routine basis to gain confidence and identity as an author.