

## Comprehensive Health - Puberty & Reproduction Grades 6-8

Lessons	Health Benchmarks	Science Benchmarks	Language Arts Benchmarks
<b>Unit One: Let's Talk</b> Activity 1	1-2-a Explain how health is influenced by the interaction of body systems.		3-1-c Determine the effect of non-verbal cues on interpersonal communication.
Activity 2			3-1-c Determine the effect of non-verbal cues on interpersonal communication.
<b>Unit Two: Watch Me Change!</b> Activity 1	4-1-a Demonstrate communication skills that build and maintain healthy relationships.  4-1-b Choose appropriate communication techniques when interacting with family, peers, and community.  4-1-c Model effective interpersonal communication skills.  4-3-c Demonstrate communication skills used to avoid potentially harmful situations.		
Activity 2	4-1-a Demonstrate communication skills that build and maintain healthy relationships.  4-1-b Choose appropriate communication techniques when interacting with family, peers, and community.  4-1-c Model effective interpersonal communication skills.  4-3-c Demonstrate communication skills used to avoid potentially harmful situations.		1-1-a Use specific cues/strategies to make connections with, predict meaning of, and comprehend information within text.  1-1-b Determine when a specific cue of strategy can be used most effectively to read for comprehension.  1-1-c Use prior knowledge and experience to interpret and construct meaning from various texts.  1-4-c Collect and summarize information to make reasonable and informed decisions.  3-2-c Determine how presentation design can affect the interpretation of oral/ visual
Activity 3	4-1-a Demonstrate communication skills that build and maintain healthy relationships.		

Lessons	Health Benchmarks	Science Benchmarks	Language Arts Benchmarks
Activity 3 (Cont.)	<p>4-1-b Choose appropriate communication techniques when interacting with family, peers, and community.</p> <p>4-1-c Model effective interpersonal communication skills.</p> <p>4-2-b Determine behaviors/ situations which create bridges and barriers to effective</p> <p>4-3-c Demonstrate communication skills used to avoid potentially harmful situations.</p>		
Activity 4	<p>1-1-b Engage in a variety of positive, personal hygienic (sic) behaviors.</p> <p>1-2-b Examine practices which enhance personal, emotional, social, and physical</p> <p>1-2-c Examine ways to avoid, minimize, or cope with adolescent health problems.</p> <p>3-2-c Analyze personal health progress and adjust behaviors as needed.</p> <p>3-3-b Demonstrate individual responsibility in health-related decisions/choices.</p>		
Activity 5	<p>1-1-a Model appropriate ways to express feelings in a variety of age-appropriate situations.</p> <p>1-1-b Engage in a variety of positive, personal hygienic (sic) behaviors.</p> <p>1-2-a Explain how health is influenced by the interaction of body systems.</p> <p>1-2-b Examine practices which enhance personal, emotional, social, and physical well-being.</p> <p>1-2-c Examine ways to avoid, minimize, or cope with adolescent health problems.</p>		

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<b>Unit Three: What's Normal</b> Activity 1	1-2-b Examine practices which enhance personal, emotional, social, and physical well-being.  1-2-c Examine ways to avoid, minimize, or cope with adolescent health problems.		
Activity 2	1-2-b Examine practices which enhance personal, emotional, social, and physical well-being.  1-2-c Examine ways to avoid, minimize, or cope with adolescent health problems.		
Activity 3	1-2-a Explain how health is influenced by the interaction of body systems.  1-2-b Examine practices which enhance personal, emotional, social, and physical well-being.  1-2-c Examine ways to avoid, minimize, or cope with adolescent health problems.		
Activity 4	1-2-b Examine practices which enhance personal, emotional, social, and physical well-being.  1-2-c Examine ways to avoid, minimize, or cope with adolescent health problems.		1-1-a Use specific cues/strategies to make connections with, predict meaning of, and comprehend information within text.  1-1-b Determine when a specific cue of strategy can be used most effectively to read for comprehension.  1-1-c Use prior knowledge and experience to interpret and construct meaning from various texts.  1-4-c Collect and summarize information to make reasonable and informed decisions.

Lessons	Health Benchmarks	Science Benchmarks	Language Arts Benchmarks
Activity 4 (Cont.)			3-2-c Determine how presentation design can affect the interpretation of oral/ visual information, e.g., layout, color, sequence, sound effects.
Activity 5	<p>1-1-a Model appropriate ways to express feelings in a variety of age-appropriate situations.</p> <p>1-1-c Analyze how appropriate and inappropriate health practices affect self and family.</p> <p>1-2-b Examine practices which enhance personal, emotional, social, and physical well-being.</p> <p>1-2-c Examine ways to avoid, minimize, or cope with adolescent health problems.</p>		
<b>Unit Four: Female Sexuality</b> Activity 1	<p>1-2-a Explain how health is influenced by the interaction of body systems.</p> <p>4-2-c Use relevant and appropriate terminology when discussing health issues.</p>		
Activity 2	<p>1-2-a Explain how health is influenced by the interaction of body systems.</p> <p>4-2-c Use relevant and appropriate terminology when discussing health issues.</p>		
Activity 3	<p>1-2-a Explain how health is influenced by the interaction of body systems.</p> <p>4-2-c Use relevant and appropriate terminology when discussing health issues.</p>		<p>1-1-a Use specific cues/strategies to make connections with, predict meaning of, and comprehend information within text.</p> <p>1-1-b Determine when a specific cue of strategy can be used most effectively to read for comprehension.</p> <p>1-1-c Use prior knowledge and experience to interpret and construct meaning from various texts.</p>

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Activity 3 (Cont.)			<p>1-4-c Collect and summarize information to make reasonable and informed decisions.</p> <p>3-2-c Determine how presentation design can affect the interpretation of oral/ visual information, e.g., layout, color, sequence, sound effects.</p>
<b>Unit Five: Male Sexuality</b>			
Activity 1	<p>1-2-a Explain how health is influenced by the interaction of body systems.</p> <p>4-2-c Use relevant and appropriate terminology when discussing health issues.</p>		
Activity 2	<p>1-2-a Explain how health is influenced by the interaction of body systems.</p> <p>4-2-c Use relevant and appropriate terminology when discussing health issues.</p>		
<b>Unit Six: A New Life Begins</b>			
Activity 1	1-2-a Explain how health is influenced by the interaction of body systems.		
Activity 2	1-2-a Explain how health is influenced by the interaction of body systems.		
Activity 3	1-2-a Explain how health is influenced by the interaction of body systems.		
<b>Unit Seven: A Unique Genetic Mix</b>			
Activity 1	<p>1-3-a Determine how medical research influences health care and disease prevention.</p> <p>1-3-c Examine health practices which may cause and/or spread/prevent diseases.</p>	<p>1-1-c Investigate important contributions to the advancement of science from people of differing cultures, genders, and ethnicity.</p> <p>1-2-a Conduct systematic scientific investigations that can be replicated.</p>	

		1-2-b Describe the benefits and potential of scientific investigations.	
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Activity 1 (Cont.)		3-2-a Describe the transmission of traits in organisms.	
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Activity 2	<p>1-3-a Determine how medical research influences health care and disease prevention.</p> <p>1-3-c Examine health practices which may cause and/or spread/prevent diseases.</p>	<p>1-1-c Investigate important contributions to the advancement of science from people of differing cultures, genders, and ethnicity.</p> <p>1-2-a Conduct systematic scientific investigations that can be replicated.</p> <p>1-2-b Describe the benefits and potential of scientific investigations.</p> <p>3-2-a Describe the transmission of traits in organisms.</p>	
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Activity 3	<p>1-3-a Determine how medical research influences health care and disease prevention.</p> <p>1-3-c Examine health practices which may cause and/or spread/prevent diseases.</p>	<p>1-1-c Investigate important contributions to the advancement of science from people of differing cultures, genders, and ethnicity.</p> <p>1-2-a Conduct systematic scientific investigations that can be replicated.</p> <p>1-2-b Describe the benefits and potential of scientific investigations.</p> <p>3-2-a Describe the transmission of traits in organisms.</p>	
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Unit Eight: What's Happening In There			
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Activity 1	1-2-a Explain how health is influenced by the interaction of body systems.		
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Activity 2	1-2-a Explain how health is influenced by the interaction of body systems.		
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Activity 3	1-2-a Explain how health is influenced by the interaction of body systems.		
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Unit Nine: Welcome to the World			
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Activity 1		1-1-b Investigate how science requires fundamental assumptions in order to understand natural phenomena.	
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Lessons	Health Benchmarks	Science Benchmarks	Language Arts Benchmarks
Activity 2		1-1-b Investigate how science requires fundamental assumptions in order to understand natural phenomena.	
Activity 3		1-1-b Investigate how science requires fundamental assumptions in order to understand natural phenomena.	
Activity 4			
Activity 5			