

GET REAL ABOUT TOBACCO GRADES 9-12

Lessons	Health Benchmarks	Science Benchmarks	Language Arts Benchmarks
<p>Lesson One Teaching Younger Students About Tobacco, Day 1</p>	<p>Evaluate the impact of various health practices on self and family. 1:1:c</p> <p>Analyze the impact of personal health behaviors on the functioning of body systems. 1:2:a</p> <p>Model practices which enhance personal, emotional, social, and physical well-being. 1:2:b</p> <p>Determine how to delay and/or reduce potential health problems during adulthood. 1:2:c</p> <p>Evaluate the impact of national and international medical research. 1:3:a</p> <p>Analyze various genetic conditions and health practices which may influence the cause or prevention of diseases. 1:3:c</p> <p>Evaluate how cultural diversity enriches and challenges health behaviors. 2:1:a</p> <p>Analyze the short- and long-term consequences of risky and harmful behaviors. 3:1:a</p> <p>Assess effectiveness of interpersonal communication skills and adjust appropriately. 4:1:c</p>	<p>Evaluate science as a body of knowledge and an investigative process. 1:1:a</p> <p>Analyze how progress in science can be affected by social issues and challenges. 5:1:a</p> <p>Interpret the impact of scientific discoveries from historical, social, economic, and ethical perspectives. 5:1:c</p>	<p>Compile and synthesize information to make reasonable and informed decisions. 1:4:c</p> <p>Apply complex conventions of language in written work. 2:1:a</p> <p>Use varied, extensive vocabulary and accurate spelling in written work. 2:1:b</p> <p>Write to analyze, synthesize, interpret, and use new information. 2:4:b</p> <p>Apply effective listening techniques for creative problem-solving and collaborative decision-making. 3:1:b</p> <p>Analyze and evaluate oral/visual information for relevancy and usefulness. 3:3:a</p> <p>Apply the appropriate conventions/mechanics of language in personal communication. 4:2:c</p>
<p>Lesson Two Teaching Younger Students About Tobacco, Day 2</p>	<p>Evaluate the impact of various health practices on self and family. 1:1:c</p>	<p>Evaluate science as a body of knowledge and an investigative process. 1:1:a</p>	<p>Use prior knowledge and experience to interpret, evaluate, and construct meaning from various texts. 1:1:c</p>

Lessons	Health Benchmarks	Science Benchmarks	Language Arts Benchmarks
<p>Lesson Two (Cont.)</p>	<p>Analyze the impact of personal health behaviors on the functioning of body systems. 1:2:a</p> <p>Model practices which enhance personal, emotional, social, and physical well-being. 1:2:b</p> <p>Determine how to delay and/or reduce potential health problems during adulthood. 1:2:c</p> <p>Analyze various genetic conditions and health practices which may influence the cause or prevention of diseases. 1:3:c</p> <p>Analyze the short- and long-term consequences of risky and harmful behaviors. 3:1:a</p> <p>Assess personal health goals and adjust behaviors/practices appropriately. 3:2:c</p> <p>Analyze how personal choices can impact (<i>sic</i>) long-range health. 3:3:a</p> <p>Model personal responsibility in health-related choices/decisions. 3:3:b</p> <p>Exemplify a positive and healthy lifestyle. 3:3:c</p> <p>Model effective communication techniques when interacting with family, peers, and community. 4:1:b</p>	<p>Analyze how progress in science can be affected by social issues and challenges. 5:1:a</p> <p>Interpret the impact of scientific discoveries from historical, social, economic, and ethical perspectives. 5:1:c</p>	<p>Use varied, extensive vocabulary and accurate spelling in written work. 2:1:b</p> <p>Analyze and use appropriate organization based on the established writing purpose and intended audience. 2:2:a</p> <p>Evaluate and use appropriate writing style based on the established purpose and intended audience. 2:2:b</p> <p>Write to analyze, synthesize, interpret, and use new information. 2:4:b</p> <p>Use multiple examples from print and electronic sources to support personal interpretations. 2:4:c</p> <p>Analyze the impact of non-verbal cues used in interpersonal communication. 3:1:c</p> <p>Evaluate how presentation affects the impact/interpretation of oral/visual information, e.g., layout, color, sequence, sound effects. 3:2:c</p> <p>Use specific questioning techniques used to clarify and comprehend oral/visual information. 3:3:b</p> <p>Use organizing and categorizing strategies to recall oral/visual information. 3:3:c</p> <p>Analyze the characteristics of the target audience to determine appropriate style and language. 4:2:a</p>

Lessons	Health Benchmarks	Science Benchmarks	Language Arts Benchmarks
<u>Lesson Two (Cont.)</u>	<p>Model healthy ways to express needs, wants, and feelings. 4:2:a</p> <p>Analyze and select situationally appropriate resolution strategies. 4:3:b</p> <p>Collaborate with others to develop policies/regulations which support equitable health care for all. 5:3:c</p>		<p>Apply the appropriate conventions/mechanics of language in personal communication. 4:2:c</p>
<u>Lesson Three</u> Addiction	<p>Evaluate the impact of various health practices on self and family. 1:1:c</p> <p>Analyze the impact of personal health behaviors on the functioning of body systems. 1:2:a</p> <p>Model practices which enhance personal, emotional, social, and physical well-being. 1:2:b</p> <p>Determine how to delay and/or reduce potential health problems during adulthood. 1:2:c</p> <p>Analyze options for contacting/obtaining professional health services. 2:3:b</p> <p>Analyze the short- and long-term consequences of risky and harmful behaviors. 3:1:a</p> <p>Evaluate how social pressures can influence participation in risk-taking behaviors. 3:1:b</p> <p>Evaluate personal practices which promote lifelong health and well-being. 3:1:c</p>	<p>Evaluate science as a body of knowledge and an investigative process. 1:1:a</p> <p>Analyze how progress in science can be affected by social issues and challenges. 5:1:a</p> <p>Analyze the interaction between technological research and societal development. 5:2:a</p> <p>Analyze the relationship between human activity and the environment. 5:2:b</p>	<p>Use prior knowledge and experience to interpret, evaluate, and construct meaning from various texts. 1:1:c</p> <p>Compile and synthesize information to make reasonable and informed decisions. 1:4:c</p> <p>Use varied, extensive vocabulary and accurate spelling in written work. 2:1:b</p> <p>Write to analyze, synthesize, interpret, and use new information. 2:4:b</p> <p>Apply effective listening techniques for creative problem-solving and collaborative decision-making. 3:1:b</p> <p>Analyze the impact of non-verbal cues used in interpersonal communication. 3:1:c</p> <p>Use specific questioning techniques used to clarify and comprehend oral/visual information. 3:3:b</p> <p>Deliver oral information in a logical, organized, and coherent manner. 4:1:b</p>

Lessons	Health Benchmarks	Science Benchmarks	Language Arts Benchmarks
<u>Lesson Three (Cont.)</u>	<p>Originate a personal health plan for achieving and maintaining optimum health. 3:2:b</p> <p>Analyze how personal choices can impact (<i>sic</i>) long-range health. 3:3:a</p> <p>Analyze how communication skills are used to build and maintain healthy relationships. 4:1:a</p> <p>Analyze behaviors/situations which create bridges and barriers to effective communication. 4:2:b</p> <p>Use pertinent and descriptive terminology when discussing health issues. 4:2:c</p> <p>Evaluate and modify health advocacy strategies for families, schools, and communities. 5:3:b</p>		<p>Apply the appropriate conventions/mechanics of language in personal communication. 4:2:c</p> <p>Select various non-verbal techniques to engage and communicate with an audience. 4:3:a</p>
<u>Lesson Four</u> Addiction	<p>Evaluate the effect of media on personal, family, and community health. 2:1:b</p> <p>Evaluate how social pressures can influence participation in risk-taking behaviors. 3:1:b</p> <p>Analyze how communication skills are used to build and maintain healthy relationships. 4:1:a</p> <p>Evaluate information/data to support or refute the cause/effect and significance of health issues. 5:1:b</p>	<p>Evaluate science as a body of knowledge and an investigative process. 1:1:a</p> <p>Analyze the potential and benefits of scientific investigations. 1:2:b</p> <p>Analyze how progress in science can be affected by social issues and challenges. 5:1:a</p> <p>Analyze the interaction between technological research and societal development. 5:2:a</p>	<p>Use prior knowledge and experience to interpret, evaluate, and construct meaning from various texts. 1:1:c</p> <p>Access and use multiple information sources for a variety of purposes, e.g., Internet, CD-ROM, print materials, video materials, library. 1:4:a</p> <p>Compile and synthesize information to make reasonable and informed decisions. 1:4:c</p> <p>Use varied, extensive vocabulary and accurate spelling in written work. 2:1:b</p>

Lessons	Health Benchmarks	Science Benchmarks	Language Arts Benchmarks
<p><u>Lesson Four (Cont.)</u></p>			<p>Analyze and use appropriate organization based on the established writing purpose and intended audience. 2:2:a</p> <p>Write to analyze, synthesize, interpret, and use new information. 2:4:b</p> <p>Apply effective listening techniques for creative problem-solving and collaborative decision-making. 3:1:b</p> <p>Analyze the underlying or subliminal meaning of various and visual messages, e.g., advertisements, electronic media, other print/media. 3:2:a</p> <p>Use specific questioning techniques used to clarify and comprehend oral/visual information. 3:3:b</p>
<p><u>Lesson Five</u> Models</p>	<p>Evaluate the impact of various health practices on self and family. 1:1:c</p> <p>Analyze the impact of personal health behaviors on the functioning of body systems. 1:2:a</p> <p>Analyze the short- and long-term consequences of risky and harmful behaviors. 3:1:a</p> <p>Evaluate how social pressures can influence participation in risk-taking behaviors. 3:1:b</p> <p>Analyze how personal choices can impact (<i>sic</i>) long-range health. 3:3:a</p>	<p>Evaluate science as a body of knowledge and an investigative process. 1:1:a</p> <p>Analyze the relationship between human activity and the environment. 5:2:b</p>	<p>Analyze the underlying or subliminal meaning of various and visual messages, e.g., advertisements, electronic media, other print/media. 3:2:a</p> <p>Deliver oral information in a logical, organized, and coherent manner. 4:1:b</p> <p>Apply the appropriate conventions/mechanics of language in personal communication. 4:2:c</p> <p>Select various non-verbal techniques to engage and communicate with an audience. 4:3:a</p>

Lessons	Health Benchmarks	Science Benchmarks	Language Arts Benchmarks
Lesson Five (Cont.)	<p>Model effective communication techniques when interacting with family, peers, and community. 4:1:b</p> <p>Model healthy ways to express needs, wants, and feelings. 4:2:a</p> <p>Model refusal, negotiation, and collaboration skills to avoid potentially harmful situations. 4:3:c</p> <p>Evaluate and modify health advocacy strategies for families, schools, and communities. 5:3:b</p>		
Lesson Six Responsibility for Tobacco Use	<p>Evaluate the impact of various health practices on self and family. 1:1:c</p> <p>Determine how to delay and/or reduce potential health problems during adulthood. 1:2:c</p> <p>Evaluate how social pressures can influence participation in risk-taking behaviors. 3:1:b</p> <p>Analyze how personal choices can impact (<i>sic</i>) long-range health. 3:3:a</p> <p>Model effective communication techniques when interacting with family, peers, and community. 4:1:b</p> <p>Assess effectiveness of interpersonal communication skills and adjust appropriately. 4:1:c</p> <p>Use pertinent and descriptive terminology when discussing health issues. 4:2:c</p>	<p>Interpret the impact of scientific discoveries from historical, social, economic, and ethical perspectives. 5:1:c</p>	<p>Use prior knowledge and experience to interpret, evaluate, and construct meaning from various texts. 1:1:c</p> <p>Use varied, extensive vocabulary and accurate spelling in written work. 2:1:b</p> <p>Write to analyze, synthesize, interpret, and use new information. 2:4:b</p> <p>Apply effective listening techniques for creative problem-solving and collaborative decision-making. 3:1:b</p> <p>Deliver oral information in a logical, organized, and coherent manner. 4:1:b</p> <p>Apply the appropriate conventions/mechanics of language in personal communication. 4:2:c</p> <p>Select various non-verbal techniques to engage and communicate with an audience. 4:3:a</p>

Lessons	Health Benchmarks	Science Benchmarks	Language Arts Benchmarks
<p>Lesson Seven Limits</p>	<p>Evaluate the impact of various health practices on self and family. 1:1:c</p> <p>Analyze various genetic conditions and health practices which may influence the cause or prevention of diseases. 1:3:c</p> <p>Evaluate how social pressures can influence participation in risk-taking behaviors. 3:1:b</p> <p>Assess personal health goals and adjust behaviors/practices appropriately. 3:2:c</p> <p>Analyze how personal choices can impact (<i>sic</i>) long-range health. 3:3:a</p> <p>Model effective communication techniques when interacting with family, peers, and community. 4:1:b</p> <p>Use pertinent and descriptive terminology when discussing health issues. 4:2:c</p> <p>Analyze and select situationally appropriate resolution strategies. 4:3:b</p> <p>Evaluate and modify health advocacy strategies for families, schools, and communities. 5:3:b</p>	<p>Interpret the impact of scientific discoveries from historical, social, economic, and ethical perspectives. 5:1:c</p>	<p>Use prior knowledge and experience to interpret, evaluate, and construct meaning from various texts. 1:1:c</p> <p>Compile and synthesize information to make reasonable and informed decisions. 1:4:c</p> <p>Use varied, extensive vocabulary and accurate spelling in written work. 2:1:b</p> <p>Apply effective listening techniques for creative problem-solving and collaborative decision-making. 3:1:b</p> <p>Use specific questioning techniques used to clarify and comprehend oral/visual information. 3:3:b</p> <p>Deliver oral information in a logical, organized, and coherent manner. 4:1:b</p> <p>Apply the appropriate conventions/mechanics of language in personal communication. 4:2:c</p> <p>Select various non-verbal techniques to engage and communicate with an audience. 4:3:a</p>

Lessons	Health Benchmarks	Science Benchmarks	Language Arts Benchmarks
<p>Lesson Eight Real World Refusal Skills</p>	<p>Evaluate the impact of various health practices on self and family. 1:1:c</p> <p>Model practices which enhance personal, emotional, social, and physical well-being. 1:2:b</p> <p>Evaluate how social pressures can influence participation in risk-taking behaviors. 3:1:b</p> <p>Analyze how personal choices can impact (<i>sic</i>) long-range health. 3:3:a</p> <p>Model effective communication techniques when interacting with family, peers, and community. 4:1:b</p> <p>Model healthy ways to express needs, wants, and feelings. 4:2:a</p> <p>Model refusal, negotiation, and collaboration skills to avoid potentially harmful situations. 4:3:c</p>		<p>Analyze the underlying or subliminal meaning of various and visual messages, e.g., advertisements, electronic media, other print/media. 3:2:a</p> <p>Use specific questioning techniques used to clarify and comprehend oral/visual information. 3:3:b</p> <p>Deliver oral information in a logical, organized, and coherent manner. 4:1:b</p> <p>Apply the appropriate conventions/mechanics of language in personal communication. 4:2:c</p>
<p>Lesson Nine The Refusal Skills, Day 1</p>	<p>Evaluate the impact of various health practices on self and family. 1:1:c</p> <p>Model practices which enhance personal, emotional, social, and physical well-being. 1:2:b</p> <p>Evaluate how social pressures can influence participation in risk-taking behaviors. 3:1:b</p>		<p>Use prior knowledge and experience to interpret, evaluate, and construct meaning from various texts. 1:1:c</p> <p>Use varied, extensive vocabulary and accurate spelling in written work. 2:1:b</p> <p>Analyze and use appropriate organization based on the established writing purpose and intended audience. 2:2:a</p>

Lessons	Health Benchmarks	Science Benchmarks	Language Arts Benchmarks
Lesson Nine (Cont.)	<p>Model personal responsibility in health-related choices/decisions. 3:3:b</p> <p>Model effective communication techniques when interacting with family, peers, and community. 4:1:b</p> <p>Model refusal, negotiation, and collaboration skills to avoid potentially harmful situations. 4:3:c</p>		<p>Write to analyze, synthesize, interpret, and use new information. 2:4:b</p> <p>Apply effective listening techniques for creative problem-solving and collaborative decision-making. 3:1:b</p> <p>Analyze the underlying or subliminal meaning of various and visual messages, e.g., advertisements, electronic media, other print/media. 3:2:a</p> <p>Use specific questioning techniques used to clarify and comprehend oral/visual information. 3:3:b</p> <p>Deliver oral information in a logical, organized, and coherent manner. 4:1:b</p> <p>Apply the appropriate conventions/mechanics of language in personal communication. 4:2:c</p> <p>Select various non-verbal techniques to engage and communicate with an audience. 4:3:a</p>
Lesson Ten The Refusal Skills, Day 2	<p>Evaluate the impact of various health practices on self and family. 1:1:c</p> <p>Model practices which enhance personal, emotional, social, and physical well-being. 1:2:b</p> <p>Evaluate how social pressures can influence participation in risk-taking behaviors. 3:1:b</p> <p>Model personal responsibility in health-related choices/decisions. 3:3:b</p>		<p>Apply effective listening techniques for creative problem-solving and collaborative decision-making. 3:1:b</p> <p>Analyze the underlying or subliminal meaning of various and visual messages, e.g., advertisements, electronic media, other print/media. 3:2:a</p> <p>Use specific questioning techniques used to clarify and comprehend oral/visual information. 3:3:b</p> <p>Deliver oral information in a logical, organized, and coherent manner. 4:1:b</p>

Lessons	Health Benchmarks	Science Benchmarks	Language Arts Benchmarks
<u>Lesson Ten (Cont.)</u>	<p>Model effective communication techniques when interacting with family, peers, and community. 4:1:b</p> <p>Model refusal, negotiation, and collaboration skills to avoid potentially harmful situations. 4:3:c</p>		<p>Apply the appropriate conventions/mechanics of language in personal communication. 4:2:c</p> <p>Select various non-verbal techniques to engage and communicate with an audience. 4:3:a</p>
<u>Lesson Eleven</u> The Refusal Skill for Self-Control	<p>Evaluate the impact of various health practices on self and family. 1:1:c</p> <p>Model practices which enhance personal, emotional, social, and physical well-being. 1:2:b</p> <p>Evaluate how social pressures can influence participation in risk-taking behaviors. 3:1:b</p> <p>Model personal responsibility in health-related choices/decisions. 3:3:b</p> <p>Model effective communication techniques when interacting with family, peers, and community. 4:1:b</p> <p>Model refusal, negotiation, and collaboration skills to avoid potentially harmful situations. 4:3:c</p>		<p>Use prior knowledge and experience to interpret, evaluate, and construct meaning from various texts. 1:1:c</p> <p>Use varied, extensive vocabulary and accurate spelling in written work. 2:1:b</p> <p>Write to analyze, synthesize, interpret, and use new information. 2:4:b</p> <p>Apply effective listening techniques for creative problem-solving and collaborative decision-making. 3:1:b</p> <p>Analyze the underlying or subliminal meaning of various and visual messages, e.g., advertisements, electronic media, other print/media. 3:2:a</p> <p>Use specific questioning techniques used to clarify and comprehend oral/visual information. 3:3:b</p> <p>Deliver oral information in a logical, organized, and coherent manner. 4:1:b</p> <p>Apply the appropriate conventions/mechanics of language in personal communication. 4:2:c</p> <p>Select various non-verbal techniques to engage and communicate with an audience. 4:3:a</p>

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<p>Lesson Twelve Quitting Tobacco Use, Day 1</p>	<p>Evaluate the impact of various health practices on self and family. 1:1:c</p> <p>Model practices which enhance personal, emotional, social, and physical well-being. 1:2:b</p> <p>Determine how to delay and/or reduce potential health problems during adulthood. 1:2:c</p> <p>Analyze various genetic conditions and health practices which may influence the cause or prevention of diseases. 1:3:c</p> <p>Analyze the role and organization of various universal health agencies/services. 2:2:a</p> <p>Evaluate the availability of health products and services around the world. 2:2:c</p> <p>Analyze options for contacting/obtaining professional health services. 2:3:b</p> <p>Evaluate personal practices which promote lifelong health and well-being. 3:1:c</p> <p>Originate a personal health plan for achieving and maintaining optimum health. 3:2:b</p> <p>Model personal responsibility in health-related choices/decisions. 3:3:b</p>	<p>Analyze how progress in science can be affected by social issues and challenges. 5:1:a</p>	<p>Use varied, extensive vocabulary and accurate spelling in written work. 2:1:b</p> <p>Analyze and use appropriate organization based on the established writing purpose and intended audience. 2:2:a</p> <p>Write to analyze, synthesize, interpret, and use new information. 2:4:b</p> <p>Apply effective listening techniques for creative problem-solving and collaborative decision-making. 3:1:b</p> <p>Analyze the underlying or subliminal meaning of various and visual messages, e.g., advertisements, electronic media, other print/media. 3:2:a</p> <p>Use specific questioning techniques used to clarify and comprehend oral/visual information. 3:3:b</p> <p>Deliver oral information in a logical, organized, and coherent manner. 4:1:b</p> <p>Apply the appropriate conventions/mechanics of language in personal communication. 4:2:c</p> <p>Select various non-verbal techniques to engage and communicate with an audience. 4:3:a</p>

Lessons	Health Benchmarks	Science Benchmarks	Language Arts Benchmarks
<p><u>Lesson Twelve (Cont.)</u></p>	<p>Model effective communication techniques when interacting with family, peers, and community. 4:1:b</p> <p>Model refusal, negotiation, and collaboration skills to avoid potentially harmful situations. 4:3:c</p> <p>Analyze the impact/ magnitudes of national and international medical breakthroughs. 5:1:c</p> <p>Evaluate and modify health advocacy strategies for families, schools, and communities. 5:3:b</p>		
<p><u>Lesson Thirteen</u> Quitting Tobacco Use, Day 2</p>	<p>Evaluate the impact of various health practices on self and family. 1:1:c</p> <p>Determine how to delay and/or reduce potential health problems during adulthood. 1:2:c</p> <p>Analyze various genetic conditions and health practices which may influence the cause or prevention of diseases. 1:3:c</p> <p>Analyze the role and organization of various universal health agencies/services. 2:2:a</p> <p>Evaluate various family and community situations which require professional health services. 2:3:a</p> <p>Evaluate the effects of following/deviating from prescribed treatment. 2:3:c</p> <p>Evaluate personal practices which promote lifelong health and well-being. 3:1:c</p>	<p>Analyze how progress in science can be affected by social issues and challenges. 5:1:a</p> <p>Analyze the interaction between technological research and societal development. 5:2:a</p>	<p>Apply effective listening techniques for creative problem-solving and collaborative decision-making. 3:1:b</p>

Lessons	Health Benchmarks	Science Benchmarks	Language Arts Benchmarks
<p><u>Lesson Thirteen (Cont.)</u></p>	<p>Originate a personal health plan for achieving and maintaining optimum health. 3:2:b</p> <p>Model personal responsibility in health-related choices/decisions. 3:3:b</p> <p>Model effective communication techniques when interacting with family, peers, and community. 4:1:b</p> <p>Model refusal, negotiation, and collaboration skills to avoid potentially harmful situations. 4:3:c</p> <p>Analyze the impact/ magnitudes of national and international medical breakthroughs. 5:1:c</p> <p>Select and obtain appropriate resources needed to implement community and environmental plans/strategies. 5:2:b</p> <p>Collaborate with others to develop policies/regulations which support equitable health care for all. 5:3:c</p>		
<p><u>Lesson Fourteen</u> Transfer</p>	<p>Evaluate the impact of various health practices on self and family. 1:1:c</p> <p>Determine how to delay and/or reduce potential health problems during adulthood. 1:2:c</p> <p>Analyze various genetic conditions and health practices which may influence the cause or prevention of diseases. 1:3:c</p> <p>Evaluate how cultural diversity enriches and challenges health behaviors. 2:1:a</p>		<p>Use varied, extensive vocabulary and accurate spelling in written work. 2:1:b</p> <p>Analyze and use appropriate organization based on the established writing purpose and intended audience. 2:2:a</p> <p>Write to analyze, synthesize, interpret, and use new information. 2:4:b</p> <p>Apply effective listening techniques for creative problem-solving and collaborative decision-making. 3:1:b</p>

Lessons	Health Benchmarks	Science Benchmarks	Language Arts Benchmarks
<u>Lesson Fourteen (Cont.)</u>	<p>Evaluate personal practices which promote lifelong health and well-being. 3:1:c</p> <p>Assess personal health goals and adjust behaviors/practices appropriately. 3:2:c</p> <p>Model personal responsibility in health-related choices/decisions. 3:3:b</p> <p>Model healthy ways to express needs, wants, and feelings. 4:2:a</p> <p>Analyze the impact/ magnitudes of national and international medical breakthroughs. 5:1:c</p> <p>Model positive behaviors which influence and support others in making healthy choices. 5:3:a</p>		<p>Analyze the underlying or subliminal meaning of various and visual messages, e.g., advertisements, electronic media, other print/media. 3:2:a</p> <p>Deliver oral information in a logical, organized, and coherent manner. 4:1:b</p>
<u>Follow-Up Lesson One Review</u>	<p>Evaluate the impact of various health practices on self and family. 1:1:c</p> <p>Model practices which enhance personal, emotional, social, and physical well-being. 1:2:b</p> <p>Analyze the short- and long-term consequences of risky and harmful behaviors. 3:1:a</p> <p>Analyze how personal choices can impact (<i>sic</i>) long-range health. 3:3:a</p> <p>Model effective communication techniques when interacting with family, peers, and community. 4:1:b</p>		<p>Use prior knowledge and experience to interpret, evaluate, and construct meaning from various texts. 1:1:c</p> <p>Use varied, extensive vocabulary and accurate spelling in written work. 2:1:b</p> <p>Analyze and use appropriate organization based on the established writing purpose and intended audience. 2:2:a</p> <p>Write to analyze, synthesize, interpret, and use new information. 2:4:b</p> <p>Apply effective listening techniques for creative problem-solving and collaborative decision-making. 3:1:b</p>

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<u>Follow-Up Lesson One (Cont.)</u>	Use pertinent and descriptive terminology when discussing health issues. 4:2:c		<p>Analyze the underlying or subliminal meaning of various and visual messages, e.g., advertisements, electronic media, other print/media. 3:2:a</p> <p>Use specific questioning techniques used to clarify and comprehend oral/visual information. 3:3:b</p> <p>Deliver oral information in a logical, organized, and coherent manner. 4:1:b</p> <p>Apply the appropriate conventions/mechanics of language in personal communication. 4:2:c</p> <p>Select various non-verbal techniques to engage and communicate with an audience. 4:3:a</p>
<u>Follow-Up Lesson Two</u> Changing the Future	<p>Evaluate the impact of various health practices on self and family. 1:1:c</p> <p>Model practices which enhance personal, emotional, social, and physical well-being. 1:2:b</p> <p>Evaluate how cultural diversity enriches and challenges health behaviors. 2:1:a</p> <p>Originate a personal health plan for achieving and maintaining optimum health. 3:2:b</p> <p>Model effective communication techniques when interacting with family, peers, and community. 4:1:b</p> <p>Use pertinent and descriptive terminology when discussing health issues. 4:2:c</p>		<p>Write to analyze, synthesize, interpret, and use new information. 2:4:b</p> <p>Apply effective listening techniques for creative problem-solving and collaborative decision-making. 3:1:b</p> <p>Use specific questioning techniques used to clarify and comprehend oral/visual information. 3:3:b</p> <p>Deliver oral information in a logical, organized, and coherent manner. 4:1:b</p>

Lessons	Health Benchmarks	Science Benchmarks	Language Arts Benchmarks
<u>Follow-Up Lesson Two (Cont.)</u>	<p>Analyze and select situationally appropriate resolution strategies. 4:3:b</p> <p>Select and obtain appropriate resources needed to implement community and environmental plans/strategies. 5:2:b</p> <p>Evaluate and modify health advocacy strategies for families, schools, and communities. 5:3:b</p>		
<u>Follow-Up Lesson Three Using the Refusal Skill</u>	<p>Evaluate the impact of various health practices on self and family. 1:1:c</p> <p>Model practices which enhance personal, emotional, social, and physical well-being. 1:2:b</p> <p>Analyze how personal choices can impact (<i>sic</i>) long-range health. 3:3:a</p> <p>Model effective communication techniques when interacting with family, peers, and community. 4:1:b</p> <p>Use pertinent and descriptive terminology when discussing health issues. 4:2:c</p>		<p>Use varied, extensive vocabulary and accurate spelling in written work. 2:1:b</p> <p>Apply effective listening techniques for creative problem-solving and collaborative decision-making. 3:1:b</p> <p>Analyze the underlying or subliminal meaning of various and visual messages, e.g., advertisements, electronic media, other print/media. 3:2:a</p> <p>Use specific questioning techniques used to clarify and comprehend oral/visual information. 3:3:b</p> <p>Deliver oral information in a logical, organized, and coherent manner. 4:1:b</p> <p>Apply the appropriate conventions/mechanics of language in personal communication. 4:2:c</p> <p>Select various non-verbal techniques to engage and communicate with an audience. 4:3:a</p>