

## GROWING HEALTHY - GRADE FIVE

Growing Healthy Obj.	Health Benchmarks	Science Arts Benchmarks	Language Arts Benchmarks
<b><u>Intro Phase</u></b>			
Day 1	Describe ways to avoid or reduce common childhood health problems. 1:2:c Describe ways to communicate care, consideration, and respect for self and others. 4:1:a		Apply fundamental conventions of language in written work. 2:1:a Write to interpret and use new or unfamiliar information. 2:4:b
Day 2	Describe practices which promote lifelong health and well-being. 3:1:c Explain ways to achieve and maintain good health. 3:2:b		Apply fundamental conventions of language in written work. 2:1:a Write to interpret and use new or unfamiliar information. 2:4:b
Day 3	Explore how personal choices can affect one's health. 3:3:a		Apply fundamental conventions of language in written work. 2:1:a Write to interpret and use new or unfamiliar information. 2:4:b

<b><u>Phase One</u></b>			
Day 1	Describe the basic structure and function of the human body systems. 1:2:a	Identify relationships between structures and functions within an organism. 3:1:a	Use prior knowledge to interpret unfamiliar information/materials/text. 1:1:c Apply fundamental conventions of language in written work. 2:1:a Write to interpret and use new or unfamiliar information. 2:4:b
Day 2	Describe the basic structure and function of the human body systems. 1:2:a	Identify relationships between structures and functions within an organism. 3:1:a	Use prior knowledge to interpret unfamiliar information/materials/text. 1:1:c Apply fundamental conventions of language in written work. 2:1:a Use appropriate writing style based on the established writing purpose and intended audience. 2:2:b Write to interpret and use new or unfamiliar information. 2:4:b

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Day 3	Describe the basic structure and function of the human body systems. 1:2:a	Identify relationships between structures and functions within an organism. 3:1:a	Use prior knowledge to interpret unfamiliar information/materials/text. 1:1:c Apply fundamental conventions of language in written work. 2:1:a Use appropriate writing style based on the established writing purpose and intended audience. 2:2:b Write to interpret and use new or unfamiliar information. 2:4:b
Day 4	Describe the basic structure and function of the human body systems. 1:2:a	Identify relationships between structures and functions within an organism. 3:1:a	Use prior knowledge to interpret unfamiliar information/materials/text. 1:1:c Apply fundamental conventions of language in written work. 2:1:a Use appropriate writing style based on the established writing purpose and intended audience. 2:2:b Write to interpret and use new or unfamiliar information. 2:4:b
Day 5	Describe the basic structure and function of the human body systems. 1:2:a	Identify relationships between structures and functions within an organism. 3:1:a	Use prior knowledge to interpret unfamiliar information/materials/text. 1:1:c Apply fundamental conventions of language in written work. 2:1:a Write to explain prior knowledge about various topics. 2:4:a Write to interpret and use new or unfamiliar information. 2:4:b
Day 6	Describe the basic structure and function of the human body systems. 1:2:a	Identify relationships between structures and functions within an organism. 3:1:a	

<b>Phase Two</b>			
Day 1			
Day 2		Engage in various systematic scientific investigations. 1:2:a Demonstrate safety when engaged in scientific activity. 1:2:c	

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Day 2 (Continued)		<p>Describe observable and measurable properties used to classify matter. 2:1:a</p> <p>Describe chemical and physical properties of matter. 2:1:b</p> <p>Describe how matter is made of different components. 2:1:c</p> <p>Explain the processes that can cause change in matter. 2:2:a</p> <p>Describe the effects of chemical changes on common materials. 2:2:c</p> <p>Describe the structures and properties of Earth. 4:1:a</p>	
Day 3		<p>Engage in various systematic scientific investigations. 1:2:a</p> <p>Demonstrate safety when engaged in scientific activity. 1:2:c</p> <p>Describe observable and measurable properties used to classify matter. 2:1:a</p> <p>Describe chemical and physical properties of matter. 2:1:b</p> <p>Describe how matter is made of different components. 2:1:c</p> <p>Explain the processes that can cause change in matter. 2:2:a</p> <p>Describe the effects of chemical changes on common materials. 2:2:c</p> <p>Describe the structures and properties of Earth. 4:1:a</p>	<p>Present oral information in a clear and organized manner. 4:1:b</p> <p>Consider purpose of an oral presentation when deciding appropriate language. 4:2:b</p>
Day 4	Describe ways to avoid or reduce common childhood health problems. 1:2:c	<p>Identify how environmental factors affect all living things. 3:3:c</p> <p>Describe situations that illustrate the impact of human activity on the environment. 5:2:a</p> <p>Design solutions to human and/or environmental problems. 5:2:c</p>	<p>Use prior knowledge to interpret unfamiliar information/materials/text. 1:1:c</p> <p>Apply fundamental conventions of language in written work. 2:1:a</p> <p>Write to interpret and use new or unfamiliar information. 2:4:b</p>

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Day 5	Describe ways to avoid or reduce common childhood health problems. 1:2:c	Identify how environmental factors affect all living things. 3:3:c Describe situations that illustrate the impact of human activity on the environment. 5:2:a  Design solutions to human and/or environmental problems. 5:2:c	Use prior knowledge to interpret unfamiliar information/materials/text. 1:1:c Apply fundamental conventions of language in written work. 2:1:a  Write to interpret and use new or unfamiliar information. 2:4:b
Day 6	Describe ways to avoid or reduce common childhood health problems. 1:2:c	Identify how environmental factors affect all living things. 3:3:c Describe situations that illustrate the impact of human activity on the environment. 5:2:a  Design solutions to human and/or environmental problems. 5:2:c	Use prior knowledge to interpret unfamiliar information/materials/text. 1:1:c Apply fundamental conventions of language in written work. 2:1:a  Write to interpret and use new or unfamiliar information. 2:4:b
Day 4,5,6 Station 4	Explore and problem-solve ways to properly express feelings. 1:1:a Demonstrate age-appropriate behaviors reflective of a healthy lifestyle. 3:3:c Describe ways to communicate care, consideration, and respect for self and others. 4:1:a Explain various communication techniques used when interacting with family, peers, and community. 4:1:b Develop effective interpersonal communication skills. 4:1:c Describe healthy ways to express needs, wants, and feelings. 4:2:a Differentiate between negative and positive behaviors in conflict situations. 4:3:a  Describe appropriate conflict resolution strategies. 4:3:b		
Day 7	Describe ways to avoid or reduce common childhood health problems. 1:2:c	Identify how environmental factors affect all living things. 3:3:c	

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Day 7 (Continued)		<p>Describe situations that illustrate the impact of human activity on the environment. 5:2:a</p> <p>Design solutions to human and/or environmental problems. 5:2:c</p>	
Day 8			
Day 9	<p>Explain ways to achieve and maintain good health. 3:2:b</p> <p>Explore and problem-solve ways to properly express feelings. 1:1:a</p> <p>Apply refusal and negotiation skills to avoid potentially harmful situations. 4:3:c</p> <p>Explore and problem-solve ways to properly express feelings. 1:1:a</p> <p>Apply refusal and negotiation skills to avoid potentially harmful situations. 4:3:c</p>		<p>Use prior knowledge to interpret unfamiliar information/materials/text. 1:1:c</p> <p>Write to explain prior knowledge about various topics. 2:4:a</p>