

Here's Looking At You - Grade K-1

Lesson	Health Benchmarks	Language Arts Benchmarks	Science Benchmarks
<u>Lesson 1: Frog Tells His Story</u>	<p>Identify the role of various local health agencies and/or services. 2:2:a</p> <p>Identify the benefits of various local health resources. 2:2:b</p> <p>Explain the availability of local health services and agencies. 2:2:c</p> <p>Identify professional services needed for maintaining personal health. 2:3:a</p> <p>Identify characteristics of healthy community. 5:1:a</p> <p>Identify reliable sources of health information. 5:1:b</p> <p>Identify ways to support others in making healthy choices. 5:3:a</p> <p>Identify ways to advocate health in families and schools. 5:3:b</p>		
<u>Lesson 2: What is a Drug?</u>			
<u>Lesson 3: Drug Look-Alikes</u>	<p>Identify practices which promote personal well-being. 3:1:c</p> <p>Identify personal choices that affect health. 3:3:a</p>		
<u>Lesson 4: Be Safe from Poisons</u>	<p>Identify practices which promote personal well-being. 3:1:c</p> <p>Identify ways to advocate health in families and schools. 5:3:b</p>	<p>Identify the basic intent of various oral and visual messages, e.g. advertisements. 3:2:a</p>	<p>Explore ways human activity affects the environment. 5:1:b</p>
<u>Lesson 5: More Fun with Everyone</u>	<p>Identify appropriate health practices that affect self and others. 1:1:c</p> <p>Identify personal choices that affect health. 3:3:a</p> <p>Identify various communication techniques used with family and peers. 4:1:b</p>		

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<u>Lesson 5: (Cont')</u>	Identify healthy ways to express needs, wants and feelings. 4:2: a Identify ways to support others in making healthy choices. 5:3:a		
<u>Lesson 6: I'm Special</u>	Recognize ways to communicate care and consideration for self and others. 4:1:a Identify health ways to express needs, wants, and feelings. 4:2:a	Apply simple conventions of language in written work. 2:1:a	
<u>Lesson 7: I Have Feelings - Day 1</u>	Recognize the importance and consequences of feelings. 1:1:a		
<u>Lesson 8: I Have Feelings - Day 2</u>	Recognize the importance and consequences of feelings. 1:1:a	Identify the qualities that make oral and visual information accurate and valid. 3:2:b	
<u>Lesson 9: The Asking Skill - Day 1</u>	Identify practices which promote personal well-being. 3:1:c Identify various communication techniques used with family and peers. 4:1:b	Use questions to gain understanding of oral/visual information. 3:3:b Present information in a clear and logical form. 4:1:b	
<u>Lesson 10: The Asking Skill - Day 2</u>	Identify practices which promote personal well-being. 3:1:c Identify various communication techniques used with family and peers. 4:1:b	Use questions to gain understanding of oral/visual information. 3:3:b Present information in a clear and logical form. 4:1:b	
<u>Lesson 11: The Asking Skill - Day 3</u>	Identify practices which promote personal well-being. 3:1:c Identify various communication techniques used with family and peers. 4:1:b	Use questions to gain understanding of oral/visual information. 3:3:b Present information in a clear and logical form. 4:1:b	
<u>Lesson 12: Problems Get Bigger</u>	Recognize the importance and consequences of feelings. 1:1:a	Identify helpful listening techniques used in decision-making situations. 3:1:b	Explore ways human activity affects the environment. 5:1:b Explore ways to respond to various environmental and social concerns. 5:2:b
<u>Lesson 13: Tippy's New Collar</u>	Identify ways to advocate health in families and schools. 5:3:b		Explore ways human activity affects the environment. 5:1:b

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<u>Lesson 13: (Cont')</u>			Explore ways to respond to various environmental and social concerns. 5:2:b
<u>Lesson 14: Frog's Messages</u>	<p>Identify appropriate health practices that affect self and others. 1:1:c</p> <p>Identify harmful behaviors. 3:1:a</p> <p>Identify personal choices that affect health. 3:3:a</p> <p>Identify characteristics of healthy community. 5:1:a</p>		
<u>Lesson 15: Plenty to Do</u>	<p>Identify practices which promote personal well-being. 3:1:c</p> <p>Choose age-appropriate healthy behaviors. 3:3:c</p> <p>Identify ways to support others in making healthy choices. 5:3:a</p>		
<u>Lesson 16: Frog's Farewell</u>		Gather information from different sources to make reasonable decisions. 1:4:c	