

**Here's Looking At You - Grade 2**

<b>Lessons</b>	<b>Health Benchmarks</b>	<b>Language Arts Benchmarks</b>	<b>Science Benchmarks</b>
<p><b><u>Lesson 1: Miranda Tells Her Story</u></b></p>	<p>Recognize cultural differences and similarities among people regarding health. 2:1:a</p> <p>Explain the availability of local health services and agencies. 2:2:c</p> <p>Recognize ways to communicate care and consideration for self and others. 4:1:a</p> <p>Identify age-appropriate health-related vocabulary. 4:2:c</p> <p>Identify situations which cause conflict. 4:3:a</p> <p>Identify positive ways to solve conflicts. 4:3:b</p> <p>Recognize and use refusal and cooperation skills. 4:3:c</p> <p>Identify characteristics of healthy community. 5:1:a</p>	<p>Identify various barriers to effective listening and viewing, e.g., distractions. 3:1:a</p>	
<p><b><u>Lesson 2: All About Me</u></b></p>	<p>Recognize behaviors which help or hinder effective communication. 4:2:b</p>	<p>Write to determine what is known about specific topics. 2:4:a</p> <p>Write to clarify the meaning of new information. 2:4:b</p> <p>Identify various barriers to effective listening and viewing, e.g., distractions. 3:1:a</p> <p>Use accepted language in personal communication. 4:2:c</p>	
<p><b><u>Lesson 3: Nicotine</u></b></p>	<p>Identify appropriate health practices that affect self and others. 1:1:c</p> <p>Identify harmful behaviors. 3:1:a</p>	<p>Identify non-verbal cues that are used when communicating. 3:1:c</p> <p>Present information in a clear and logical form. 4:1:b</p>	<p>Explore ways to respond to various environmental and social concerns. 5:2:b</p>

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<b><u>Lesson 3: (Cont')</u></b>	<p>Identify practices which promote personal well-being. 3:1:c</p> <p>Understand the importance of achieving and maintaining good health. 3:2:b</p> <p>Identify personal choices that affect health. 3:3:a</p> <p>Recognize ways to communicate care and consideration for self and others. 4:1:a</p> <p>Identify various communication techniques used with family and peers. 4:1:b</p> <p>Identify effective interpersonal communication skills. 4:1:c</p>	<p>Identify various non-verbal speaking techniques. 4:3:a</p>	
<b><u>Lesson 4: Alcohol</u></b>	<p>Identify harmful behaviors. 3:1:a</p> <p>Identify examples of social pressure. 3:1:b</p> <p>Identify personal choices that affect health. 3:3:a</p> <p>Identify situations which cause conflict. 4:3:a</p>	<p>Identify different information sources to use for various purposes, e.g., Internet, CD-ROM, and print materials. 1:4:a</p> <p>Identify various barriers to effective listening and viewing, e.g., distractions. 3:1:a</p> <p>Use accepted language in personal communication. 4:2:c</p> <p>Use various resources to support oral presentations, e.g., drawings, posters. 4:3:c</p>	<p>Explore ways to respond to various environmental and social concerns. 5:2:b</p>
<b><u>Lesson 5: What Drugs Do</u></b>	<p>Identify major body parts and related functions (e.g., heart - pumping blood). 1:2:a</p> <p>Identify harmful behaviors. 3:1:a</p>	<p>Use accepted language in personal communication. 4:2:c</p>	<p>Explore ways to respond to various environmental and social concerns. 5:2:b</p>
<b><u>Lesson 6: The Riddle</u></b>	<p>Recognize the importance and consequences of feelings. 1:1:a</p> <p>Identify appropriate health practices that affect self and others. 1:1:c</p>	<p>Write to clarify the meaning of new information. 2:4:b</p>	

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<b><u>Lesson 6: (Cont')</u></b>	<p>Recognize characteristics of emotional, social, and physical health. 1:2:b</p> <p>Identify examples of social pressure. 3:1:b</p> <p>Recognize ways to communicate care and consideration for self and others. 4:1:a</p> <p>Identify various communication techniques used with family and peers. 4:1:b</p> <p>Identify healthy ways to express needs, wants, and feelings. 4:2:a</p>	<p>Use accepted language in personal communication. 4:2:c</p> <p>Use various resources to support oral presentations, e.g., drawings, posters. 4:3:c</p>	
<b><u>Lesson 7: The Asking Skill - Day 1</u></b>	<p>Identify examples of social pressure. 3:1:b</p> <p>Recognize ways to communicate care and consideration for self and others. 4:1:a</p> <p>Identify various communication techniques used with family and peers. 4:1:b</p> <p>Identify effective interpersonal communication skills. 4:1:c</p> <p>Identify healthy ways to express needs, wants, and feelings. 4:2:a</p> <p>Recognize behaviors which help or hinder effective communication. 4:2:b</p> <p>Identify situations which cause conflict. 4:3:a</p> <p>Identify positive ways to solve conflicts. 4:3:b</p>	<p>Present information in a clear and logical form. 4:1:b</p> <p>Use accepted language in personal communication. 4:2:c</p>	
<b><u>Lesson 8: The Asking Skill - Day 2</u></b>	<p>Identify examples of social pressure. 3:1:b</p>	<p>Present information in a clear and logical form. 4:1:b</p>	

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<b>Lesson 8: (Cont')</b>	<p>Recognize ways to communicate care and consideration for self and others. 4:1:a</p> <p>Identify various communication techniques used with family and peers. 4:1:b</p> <p>Identify effective interpersonal communication skills. 4:1:c</p> <p>Identify healthy ways to express needs, wants, and feelings. 4:2:a</p> <p>Recognize behaviors which help or hinder effective communication. 4:2:b</p> <p>Identify situations which cause conflict. 4:3:a</p> <p>Identify positive ways to solve conflicts. 4:3:b</p> <p>Recognize and use refusal and cooperation skills. 4:3:c</p>	<p>Use accepted language in personal communication. 4:2:c</p>	
<b>Lesson 9: The Asking Skill - Day 3</b>	<p>Identify examples of social pressure. 3:1:b</p> <p>Recognize ways to communicate care and consideration for self and others. 4:1:a</p> <p>Identify various communication techniques used with family and peers. 4:1:b</p> <p>Identify effective interpersonal communication skills. 4:1:c</p> <p>Identify healthy ways to express needs, wants, and feelings. 4:2:a</p> <p>Recognize behaviors which help or hinder effective communication. 4:2:b</p>	<p>Present information in a clear and logical form. 4:1:b</p> <p>Use accepted language in personal communication. 4:2:c</p>	

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<b><u>Lesson 9: (Cont')</u></b>	<p>Identify situations which cause conflict. 4:3:a</p> <p>Identify positive ways to solve conflicts. 4:3:b</p> <p>Recognize and use refusal and cooperation skills. 4:3:c</p>		
<b><u>Lesson 10: Ask Your Friends</u></b>	<p>Identify examples of social pressure. 3:1:b</p> <p>Identify practices which promote personal well-being. 3:1:c</p> <p>Recognize ways to communicate care and consideration for self and others. 4:1:a</p> <p>Identify various communication techniques used with family and peers. 4:1:b</p> <p>Identify effective interpersonal communication skills. 4:1:c</p> <p>Identify healthy ways to express needs, wants, and feelings. 4:2:a</p> <p>Recognize behaviors which help or hinder effective communication. 4:2:b</p> <p>Identify situations which cause conflict. 4:3:a</p> <p>Identify positive ways to solve conflicts. 4:3:b</p> <p>Recognize and use refusal and cooperation skills. 4:3:c</p>	<p>Present information in a clear and logical form. 4:1:b</p> <p>Use accepted language in personal communication. 4:2:c</p>	
<b><u>Lesson 11: Families</u></b>	<p>Recognize ways to communicate care and consideration for self and others. 4:1:a</p> <p>Identify various communication techniques used with family and peers. 4:1:b</p>	<p>Present information in a clear and logical form. 4:1:b</p> <p>Recognize writing styles used for different audiences and purposes, e.g., notes to a friend, thank you letter. 2:2:b</p>	<p>Explore structures and functions in living things. 3:1:a</p> <p>Explore ways to classify living things. 3:1:b</p>

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<b><u>Lesson 11: (Cont')</u></b>	Identify effective interpersonal communication skills. 4:1:c	Write to clarify the meaning of new information. 2:4:b	Identify ways offspring are like their parents. 3:2:a
<b><u>Lesson 12: A Tune for Tippy</u></b>	<p>Recognize the importance and consequences of feelings. 1:1:a</p> <p>Recognize characteristics of emotional, social, and physical health. 1:2:b</p> <p>Identify health practices which help prevent disease. 1:3:c</p> <p>Identify the variety of options in health care services/treatments. 2:3:b</p> <p>Identify harmful behaviors. 3:1:a</p> <p>Understand the importance of achieving and maintaining good health. 3:2:b</p> <p>Identify personal choices that affect health. 3:3:a</p>	Use accepted language in personal communication. 4:2:c	
<b><u>Lesson 13: Coping</u></b>	<p>Recognize the importance and consequences of feelings. 1:1:a</p> <p>Recognize characteristics of emotional, social, and physical health. 1:2:b</p> <p>Recognize ways to communicate care and consideration for self and others. 4:1:a</p> <p>Identify various communication techniques used with family and peers. 4:1:b</p> <p>Identify effective interpersonal communication skills. 4:1:c</p> <p>Identify healthy ways to express needs, wants, and feelings. 4:2:a</p>	Present information in a clear and logical form. 4:1:b	
<b><u>Lesson 14: Selling</u></b>	Identify how the media affects ( <i>sic</i> ) thoughts, feelings, and personal health. 2:1:b	Identify the basic intent of various oral and visual messages, e.g., advertisements. 3:2:a	

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<b><u>Lesson 14: (Cont')</u></b>		<p>Identify the qualities that make oral and visual information accurate and valid. 3:2:b</p> <p>Identify characteristics that make some presentations more exciting than others. 3:2:c</p> <p>Present information in a clear and logical form. 4:1:b</p> <p>Use accepted language in personal communication. 4:2:c</p> <p>Use various resources to support oral presentations, e.g., drawings, posters. 4:3:c</p>	
<b><u>Lesson 15: The Most Special Thing</u></b>	<p>Recognize the importance and consequences of feelings. 1:1:a</p> <p>Recognize characteristics of emotional, social, and physical health. 1:2:b</p> <p>Identify harmful behaviors. 3:1:a</p> <p>Identify practices which promote personal well-being. 3:1:c</p> <p>Recognize ways to communicate care and consideration for self and others. 4;1:a</p> <p>Identify various communication techniques used with family and peers. 4:1:b</p> <p>Identify effective interpersonal communication skills. 4:1:c</p> <p>Identify healthy ways to express needs, wants, and feelings. 4:2:a</p>	<p>Write to clarify the meaning of new information. 2:4:b</p> <p>Use accepted language in personal communication. 4:2:c</p>	
<b><u>Lesson 16: Miranda's Farewell</u></b>	<p>Recognize the importance and consequences of feelings. 1:1:a</p> <p>Identify appropriate health practices that affect self and others. 1:1:c</p>	<p>Write to clarify the meaning of new information. 2:4:b</p> <p>Use accepted language in personal communication. 4:2:c</p>	

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<p><b><u>Lesson 16: (Cont')</u></b></p>	<p>Identify how the media affects (<i>sic</i>) thoughts, feelings, and personal health. 2:1:b</p> <p>Explain the availability of local health services and agencies. 2:2:c</p> <p>Identify harmful behaviors. 3:1:a</p> <p>Identify practices which promote personal well-being. 3:1:c</p> <p>Understand the importance of achieving and maintaining good health. 3:2:b</p> <p>Identify personal choices that affect health. 3:3:a</p> <p>Recognize ways to communicate care and consideration for self and others. 4;1:a</p> <p>Identify various communication techniques used with family and peers. 4:1:b</p> <p>Identify effective interpersonal communication skills. 4:1:c</p> <p>Identify healthy ways to express needs, wants, and feelings. 4:2:a</p> <p>Recognize behaviors which help or hinder effective communication. 4:2:b</p> <p>Identify situations which cause conflict. 4:3:a</p> <p>Identify positive ways to solve conflicts. 4:3:b</p> <p>Recognize and use refusal and cooperation skills. 4:3:c</p> <p>Identify reliable sources of health information. 5:1:b</p>	<p>Use various resources to support oral presentations, e.g., drawings, posters. 4:3:c</p>	