

KNOW YOUR BODY Grade One

Objectives	Health Benchmarks	Science Benchmarks	Language Arts Benchmarks
<p>Module 1. Skill Builders</p> <p><u>Lesson 1. Building and Maintaining Self-Esteem</u></p>	<p>1-1-b Identify good personal hygiene practices health.</p> <p>3-1-c Identify practices which promote personal well-being.</p> <p>3-2-b Understand the importance of achieving and maintaining good.</p> <p>3-3-a Identify personal choices that affect health.</p>		<p>1-1-c Draw upon prior knowledge and experience to understand unfamiliar texts.</p> <p>1-2-c Explore how authors use both literary elements and devices in stories.</p> <p>2-1-a Apply simple conventions of language in written work.</p> <p>2-3-c Write on a routine basis to improve writing.</p> <p>4-1-b Present information in a clear and logical form.</p> <p>4-3-c Use various resources to support oral presentations, e.g., drawings, posters.</p>
<p><u>Lesson 2. Effective Communication</u></p>	<p>1-1-a Recognize the importance and consequences of feelings.</p> <p>1-2-b Recognize characteristics of emotional, social, and physical health.</p> <p>4-1-a Recognize ways to communicate care and consideration for self and others.</p> <p>4-2-a Identify healthy ways to express needs, wants, and feelings.</p>		<p>1-1-c Draw upon prior knowledge and experience to understand unfamiliar texts.</p> <p>1-2-c Explore how authors use both literary elements and devices in stories.</p> <p>2-1-a Apply simple conventions of language in written work.</p> <p>2-1-b Use expanding vocabulary and appropriate spelling in written work.</p> <p>2-2-a Recognize various ways to organize writing based on the intended purpose and audience.</p> <p>2-3-c Write on a routine basis to improve writing.</p>

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<u>Lesson 2: (Cont')</u>			<p>2-4-a Write to determine what is known about a topic.</p> <p>3-2-c Identify characteristics that make some presentations more exciting than others.</p> <p>3-3-c Use organization skills to assist in recall of oral/visual information.</p>
<u>Lesson 3. Decision Making</u>	<p>1-1-a Recognize the importance and consequences of feelings.</p> <p>1-2-b Recognize characteristics of emotional, social, and physical health.</p> <p>4-2-a Identify healthy ways to express needs, wants, and feelings.</p> <p>4-3-b Identify positive ways to solve conflicts.</p> <p>4-3-c Recognize and use refusal and cooperation skills.</p>		<p>1-1-c Draw upon prior knowledge and experience to understand unfamiliar texts.</p> <p>1-2-c Explore how authors use both literary elements and devices in stories.</p> <p>2-1-a Apply simple conventions of language in written work.</p> <p>2-1-b Use expanding vocabulary and appropriate spelling in written work.</p> <p>2-2-a Recognize various ways to organize writing based on the intended purpose and audience.</p> <p>2-3-c Write on a routine basis to improve writing.</p> <p>2-4-a Write to determine what is known about a topic.</p> <p>3-2-c Identify characteristics that make some presentations more exciting than others.</p> <p>3-3-c Use organization skills to assist in recall of oral/visual information.</p> <p>4-1-b Present information in a clear and logical form.</p>
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<p><u>Lesson 4. Goal Setting</u></p>	<p>1-1-a Recognize the importance and consequences of feelings.</p> <p>1-1-c Identify appropriate health practices that affect self and others.</p> <p>1-2-b Recognize characteristics of emotional, social, and physical health.</p> <p>3-2-b Understand the importance of achieving and maintaining good health.</p>		<p>1-1-a Recognize that different cues can be used to make predictions about and clarify text.</p> <p>1-1-c Draw upon prior knowledge and experience to understand unfamiliar texts.</p> <p>1-2-c Explore how authors use both literary elements and devices in stories.</p> <p>2-1-a Apply simple conventions of language in written work.</p> <p>2-1-b Use expanding vocabulary and appropriate spelling in written work.</p> <p>2-2-a Recognize various ways to organize writing based on the intended purpose and audience.</p> <p>2-3-c Write on a routine basis to improve writing.</p> <p>2-4-a Write to determine what is known about a topic.</p> <p>4-1-b Present information in a clear and logical form.</p> <p>4-3-c Use various resources to support oral presentations, e.g., drawings, posters.</p>
<p><u>Lesson 5. Stress Management</u></p>	<p>1-1-a Recognize the importance and consequences of feelings.</p> <p>1-1-c Identify appropriate health practices that affect self and others.</p>		<p>1-1-a Recognize that different cues can be used to make predictions about and clarify text.</p> <p>1-1-c Draw upon prior knowledge and experience to understand unfamiliar texts.</p>

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<u>Lesson 5: (Cont')</u>	<p>1-2-b Recognize characteristics of emotional, social, and physical health.</p> <p>3-1-b Identify examples of social pressure.</p> <p>3-1-c Identify practices which promote personal well-being.</p>		<p>1-2-c Explore how authors use both literary elements and devices in stories.</p> <p>2-1-a Apply simple conventions of language in written work.</p> <p>2-3-c Write on a routine basis to improve writing.</p>
<u>Module 2. Body Fuel</u> <u>Lesson 1. Good Nutrition Counts</u>	<p>1-1-c Identify appropriate health practices that affect self and others.</p> <p>1-2-b Recognize characteristics of emotional, social, and physical health.</p> <p>1-3-b Identify various health care requirements and policies that affect safety and well being.</p> <p>4-3-b Identify positive ways to solve conflicts.</p>		<p>1-1-a Recognize that different cues can be used to make predictions about and clarify text.</p> <p>1-1-c Draw upon prior knowledge and experience to understand unfamiliar texts.</p> <p>1-2-c Explore how authors use both literary elements and devices in stories.</p> <p>2-1-a Apply simple conventions of language in written work.</p> <p>2-1-b Use expanding vocabulary and appropriate spelling in written work.</p> <p>2-2-a Recognize various ways to organize writing based on the intended purpose and audience.</p> <p>2-4-a Write to determine what is known about a topic.</p>
<u>Lesson 2. A Balancing Act</u>	<p>1-1-c Identify appropriate health practices that affect self and others.</p> <p>1-2-b Recognize characteristics of emotional, social, and physical health.</p>		<p>1-1-a Recognize that different cues can be used to make predictions about and clarify text.</p> <p>1-1-c Draw upon prior knowledge and experience to understand unfamiliar texts.</p>
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<p><u>Lesson 2: (Cont')</u></p>	<p>1-3-b Identify various health care requirements and policies that affect safety and well being.</p> <p>3-1-c Identify practices which promote personal well-being.</p> <p>3-2-a Identify the elements of good health.</p> <p>3-2-b Understand the importance of achieving and maintaining good health.</p> <p>5-3-c Recognize all people need good health care.</p>		<p>2-1-a Apply simple conventions of language in written work.</p> <p>2-1-b Use expanding vocabulary and appropriate spelling in written work.</p> <p>2-2-a Recognize various ways to organize writing based on the intended purpose and audience.</p> <p>2-4-a Write to determine what is known about a topic.</p>
<p><u>Lesson 3. Building Your Pyramid</u></p>	<p>1-1-c Identify appropriate health practices that affect self and others.</p> <p>1-2-b Recognize characteristics of emotional, social, and physical health.</p> <p>1-3-b Identify various health care requirements and policies that affect safety and well being.</p> <p>3-1-c Identify practices which promote personal well-being.</p> <p>3-2-a Identify the elements of good health.</p> <p>3-2-b Understand the importance of achieving and maintaining good health.</p> <p>3-3-a Identify personal choices that affect health.</p>		<p>1-1-a Recognize that different cues can be used to make predictions about and clarify text.</p> <p>1-1c Draw upon prior knowledge and experience to understand unfamiliar texts.</p> <p>1-2-c Explore how authors use both literary elements and devices in stories.</p> <p>2-1-a Apply simple conventions of language in written work.</p> <p>2-1-b Use expanding vocabulary and appropriate spelling in written work.</p> <p>2-2-a Recognize various ways to organize writing based on the intended purpose and audience.</p> <p>2-4-a Write to determine what is known about a topic.</p> <p>3-2-c Identify characteristics that make some presentations more exciting than others.</p>
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Lesson 3: (Cont')			3-3-c Use organization skills to assist in recall of oral/visual information.
<u>Lesson 4. Start The Day Right</u>	<p>1-1-b Identify good personal hygiene practices.</p> <p>1-1-c Identify appropriate health practices that affect self and others.</p> <p>1-3-c Identify health practices which help prevent disease.</p> <p>2-1-b Identify how the media affects (sic) thoughts, feelings, and personal health.</p> <p>3-1-a Identify harmful behaviors.</p> <p>3-2-a Identify the elements of good health.</p> <p>3-2-c Recognize level of current personal health.</p> <p>4-1-c Identify effective interpersonal communication skills.</p> <p>5-2-a Identify ways to approach community health issues.</p>		<p>1-1-a Recognize that different cues can be used to make predictions about and clarify text.</p> <p>1-1-c Draw upon prior knowledge and experience to understand unfamiliar texts.</p> <p>2-1-a Apply simple conventions of language in written work.</p> <p>2-1-b Use expanding vocabulary and appropriate spelling in written work.</p> <p>2-2-a Recognize various ways to organize writing based on the intended purpose and audience.</p> <p>2-3-c Write on a routine basis to improve writing.</p> <p>2-4-a Write to determine what is known about a topic.</p> <p>3-2-c Identify characteristics that make some presentations more exciting than others.</p> <p>3-3-c Use organization skills to assist in recall of oral/visual information.</p>
<u>Module 3. A Changing You</u> <u>Lesson 1. Who Am I? I Am Unique</u>	<p>1-1-a Recognize the importance and consequences of feelings.</p> <p>1-2-b Recognize characteristics of emotional, social, and physical health.</p>		<p>1-1-a Recognize that different cues can be used to make predictions about and clarify text.</p> <p>1-1-c Draw upon prior knowledge and experience to understand unfamiliar texts.</p>
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<p><u>Lesson 1: (Cont')</u></p>			<p>2-1-a Apply simple conventions of language in written work.</p> <p>2-1-b Use expanding vocabulary and appropriate spelling in written work.</p> <p>2-2-a Recognize various ways to organize writing based on the intended purpose and audience.</p> <p>2-3-c Write on a routine basis to improve writing.</p> <p>2-4-a Write to determine what is known about a topic.</p> <p>3-2-c Identify characteristics that make some presentations more exciting than others.</p> <p>3-3-c Use organization skills to assist in recall of oral/visual information.</p> <p>4-1-b Present information in a clear and logical form.</p> <p>4-3-c Use various resources to support oral presentations, e.g., drawings, posters.</p>
<p><u>Lesson 2. My Body Changes As I Grow</u></p>	<p>3-3-a Identify personal choices that affect health.</p> <p>3-3-c Choose age-appropriate healthy behaviors.</p> <p>4-1-c Identify effective interpersonal communication skills.</p>		<p>1-1-a Recognize that different cues can be used to make predictions about and clarify text.</p> <p>1-1-c Draw upon prior knowledge and experience to understand unfamiliar texts.</p> <p>2-1-a Apply simple conventions of language in written work.</p> <p>2-1-b Use expanding vocabulary and appropriate spelling in written work.</p>
<p>Objectives</p>	<p>Health Benchmarks</p>	<p>Science Benchmarks</p>	<p>Language Arts Benchmarks</p>

<p><u>Lesson 2: (Cont')</u></p>			<p>2-2-a Recognize various ways to organize writing based on the intended purpose and audience.</p> <p>2-3-c Write on a routine basis to improve writing.</p> <p>2-4-a Write to determine what is known about a topic.</p> <p>4-1-b Present information in a clear and logical form.</p>
<p><u>Lesson 3. Life Span Changes</u></p>	<p>1-1-c Identify appropriate health practices that affect self and others.</p>	<p>1-2-a Explore scientific investigations.</p> <p>1-2-b Demonstrate understanding of scientific investigations.</p> <p>1-2-c Demonstrate safety when engaged in scientific activity.</p>	<p>1-1-a Recognize that different cues can be used to make predictions about and clarify text.</p> <p>1-1-c Draw upon prior knowledge and experience to understand unfamiliar texts.</p> <p>2-1-a Apply simple conventions of language in written work.</p> <p>2-1-b Use expanding vocabulary and appropriate spelling in written work.</p> <p>2-2-a Recognize various ways to organize writing based on the intended purpose and audience.</p> <p>2-4-a Write to determine what is known about a topic.</p>
<p><u>Lesson 4. Growing Responsible</u></p>	<p>1-1-b Identify good personal hygiene practices.</p> <p>1-1-c Identify appropriate health practices that affect self and others.</p> <p>3-1-c Identify practices which promote personal well-being.</p> <p>3-3-a Identify personal choices that affect health.</p>		<p>1-1-a Recognize that different cues can be used to make predictions about and clarify text.</p> <p>1-1-c Draw upon prior knowledge and experience to understand unfamiliar texts.</p> <p>1-2-c Explore how authors use both literary elements and devices in stories.</p> <p>2-1-a Apply simple conventions of language in written work.</p>

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<p><u>Lesson 4: (Cont')</u></p>	<p>3-3-b Identify the attributes of personal responsibility.</p> <p>3-3-c Choose age-appropriate healthy behaviors.</p> <p>4-1-a Recognize ways to communicate care and consideration for self and others.</p> <p>4-1-c Identify effective interpersonal communication skills.</p>		<p>2-1-b Use expanding vocabulary and appropriate spelling in written work.</p> <p>2-2-a Recognize various ways to organize writing based on the intended purpose and audience.</p> <p>2-3-c Write on a routine basis to improve writing.</p> <p>2-4-a Write to determine what is known about a topic.</p> <p>3-2-c Identify characteristics that make some presentations more exciting than others.</p> <p>3-3-c Use organization skills to assist in recall of oral/visual information.</p>
<p><u>Module 4. Safety Smart</u></p> <p><u>Lesson 1. Safety At Play</u></p>	<p>1-1-c Identify appropriate health practices that affect self and others.</p> <p>1-3-b Identify various health care requirements and policies that affect safety and well being.</p> <p>3-1-a Identify harmful behaviors.</p> <p>4-1-a Recognize ways to communicate care and consideration for self and others.</p> <p>4-1-c Identify effective interpersonal communication skills.</p> <p>4-3-a Identify situations which cause conflicts.</p>		<p>1-1-a Recognize that different cues can be used to make predictions about and clarify text.</p> <p>1-1-c Draw upon prior knowledge and experience to understand unfamiliar texts.</p> <p>2-1-a Apply simple conventions of language in written work.</p> <p>2-1-b Use expanding vocabulary and appropriate spelling in written work.</p> <p>2-2-a Recognize various ways to organize writing based on the intended purpose and audience.</p> <p>2-3-c Write on a routine basis to improve writing.</p>

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<u>Lesson 1: (Cont')</u>	<p>4-3-b Identify positive ways to solve conflicts.</p> <p>5-3-a Identify ways to support others in making healthy choices.</p> <p>5-3-b Identify ways to advocate health in families and schools.</p> <p>5-3-c Recognize all people need good health.</p>		<p>2-4-a Write to determine what is known about a topic.</p> <p>3-2-c Identify characteristics that make some presentations more exciting than others.</p> <p>3-3-c Use organization skills to assist in recall of oral/visual information.</p>
<u>Lesson 2. You Can Prevent Fires!</u>	<p>1-1-c Identify appropriate health practices that affect self and others.</p> <p>3-1-c Identify practices which promote personal well-being.</p> <p>3-3-a Identify personal choices that affect health.</p>	<p>1-2-a Explore scientific investigations.</p> <p>1-2-b Demonstrate understandings of scientific investigation.</p> <p>1-2-c Demonstrate safety when engaged in scientific activity.</p>	<p>1-1-a Recognize that different cues can be used to make predictions about and clarify text.</p> <p>1-1-c Draw upon prior knowledge and experience to understand unfamiliar texts.</p>
<u>Lesson 3. Trusted Adults</u>	<p>1-1-c Identify appropriate health practices that affect self and others.</p> <p>3-1-a Identify harmful behaviors.</p> <p>3-1-c Identify practices which promote personal well-being.</p> <p>4-3-a Identify situations which cause conflicts.</p> <p>4-3-b Identify positive ways to solve conflicts.</p> <p>4-3-c Recognize and use refusal and cooperation skills.</p>		<p>1-1-a Recognize that different cues can be used to make predictions about and clarify text.</p> <p>1-1-c Draw upon prior knowledge and experience to understand unfamiliar texts.</p> <p>1-2-c Explore how authors use both literary elements and devices in stories.</p> <p>2-1-a Apply simple conventions of language in written work.</p> <p>2-1-b Use expanding vocabulary and appropriate spelling in written work.</p> <p>2-2-a Recognize various ways to organize writing based on the intended purpose and audience.</p> <p>2-4-a Write to determine what is known about a topic.</p>
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<p><u>Lesson 4. Getting Help In An Emergency</u></p>	<p>1-1-c Identify appropriate health practices that affect self and others.</p> <p>3-1-c Identify practices which promote personal well-being.</p> <p>3-3-a Identify personal choices that affect health.</p> <p>3-3-b Identify the attributes of personal responsibility.</p> <p>3-3-c Choose age-appropriate healthy behaviors.</p>		<p>1-1-a Recognize that different cues can be used to make predictions about and clarify text.</p> <p>1-1-c Draw upon prior knowledge and experience to understand unfamiliar texts.</p> <p>1-2-c Explore how authors use both literary elements and devices in stories.</p> <p>2-1-a Apply simple conventions of language in written work.</p> <p>2-2-a Recognize various ways to organize writing based on the intended purpose and audience.</p> <p>2-3-c Write on a routine basis to improve writing.</p> <p>3-2-c Identify characteristics that make some presentations more exciting than others.</p> <p>3-3-c Use organization skills to assist in recall of oral/visual information.</p>
<p><u>Module 5. Fitness Is Fun</u> <u>Lesson 1. Being Active</u></p>	<p>1-1-c Identify appropriate health practices that affect self and others.</p> <p>1-2-b Recognize characteristics of emotional, social, and physical health.</p> <p>1-3-c Identify health practices which help prevent disease.</p> <p>3-1-c Identify practices which promote personal well-being.</p> <p>3-2-a Identify the elements of good health.</p>		<p>2-1-a Apply simple conventions of language in written work.</p> <p>2-3-c Write on a routine basis to improve writing.</p> <p>3-2-c Identify characteristics that make some presentations more exciting than others.</p> <p>3-3-c Use organization skills to assist in recall of oral/visual information.</p>
<p>Objectives</p>	<p>Health Benchmarks</p>	<p>Science Benchmarks</p>	<p>Language Arts Benchmarks</p>
<p><u>Lesson 1: (Cont')</u></p>	<p>3-2-b Understand the importance of achieving and maintaining good health.</p>		

	<p>3-2-c Recognize level of current personal health.</p> <p>4-1-c Identify effective interpersonal communication skills.</p>		
<p><u>Lesson 2. What Do I Like?</u></p>	<p>1-1-b Identify good personal hygiene practices.</p> <p>1-1-c Identify appropriate health practices that affect self and others.</p> <p>1-2-b Recognize characteristics of emotional, social, and physical health.</p> <p>3-1-c Identify practices which promote personal well-being.</p> <p>3-2-a Identify the elements of good health.</p> <p>3-2-b Understand the importance of achieving and maintaining good health.</p>		<p>1-1-a Recognize that different cues can be used to make predictions about and clarify text.</p> <p>1-1-c Draw upon prior knowledge and experience to understand unfamiliar texts.</p> <p>1-2-c Explore how authors use both literary elements and devices in stories.</p> <p>3-2-c Identify characteristics that make some presentations more exciting than others.</p> <p>3-3-c Use organization skills to assist in recall of oral/visual information.</p>
<p><u>Lesson 3. Fitness Follies</u></p>	<p>1-1-b Identify good personal hygiene practices.</p> <p>1-1-c Identify appropriate health practices that affect self and others.</p> <p>1-2-b Recognize characteristics of emotional, social, and physical health.</p>		<p>1-1-a Recognize that different cues can be used to make predictions about and clarify text.</p> <p>1-1-c Draw upon prior knowledge and experience to understand unfamiliar texts.</p> <p>1-2-c Explore how authors use both literary elements and devices in stories.</p>

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<u>Lesson 3: (Cont')</u>	<p>3-1-c Identify practices which promote personal well-being.</p> <p>3-2-a Identify the elements of good health.</p> <p>3-2-b Understand the importance of achieving and maintaining good health.</p> <p>3-3-a Identify personal choices that affect health.</p> <p>3-3-b Identify the attributes of personal responsibility.</p> <p>3-3-c Choose age-appropriate healthy behaviors.</p>		<p>2-1-a Apply simple conventions of language in written work.</p> <p>2-1-b Use expanding vocabulary and appropriate spelling in written work.</p> <p>2-2-a Recognize various ways to organize writing based on the intended purpose and audience.</p> <p>2-3-c Write on a routine basis to improve writing.</p> <p>2-4-a Write to determine what is known about a topic.</p> <p>4-1-b Present information in a clear and logical form.</p>
<u>Lesson 4. Relaxation</u>	<p>1-1-b Identify good personal hygiene practices.</p> <p>1-1-c Identify appropriate health practices that affect self and others.</p> <p>1-2-b Recognize characteristics of emotional, social, and physical health.</p> <p>3-1c Identify practices which promote personal well-being.</p> <p>3-2-a Identify the elements of good health.</p> <p>3-2-b Understand the importance of achieving and maintaining good health.</p> <p>3-3-a Identify personal choices that affect health.</p>		<p>1-1-a Recognize that different cues can be used to make predictions about and clarify text.</p> <p>1-1-c Draw upon prior knowledge and experience to understand unfamiliar texts.</p> <p>2-1-a Apply simple conventions of language in written work.</p> <p>2-3-c Write on a routine basis to improve writing.</p> <p>3-2-c Identify characteristics that make some presentations more exciting than others.</p> <p>3-3-c Use organization skills to assist in recall of oral/visual information.</p>

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<u>Lesson 4: (Cont')</u>	3-3-b Identify the attributes of personal responsibility. 3-3-c Choose age-appropriate healthy behaviors.		
<u>Module 6. I Can Choose</u> <u>Lesson 1. Ask First</u>	1-1-c Identify appropriate health practices that affect self and others. 1-3-b Identify various health care requirements and policies that affect safety and well being. 1-3-c Identify health practices which help prevent disease. 3-1-a Identify harmful behaviors. 3-1-c Identify practices which promote personal well-being. 3-3-b Identify the attributes of personal responsibility. 3-3-c Choose age-appropriate healthy behaviors. 4-1-b Recognize ways to communicate care and consideration for self and others. 4-1-c Identify effective interpersonal communication skills. 5-3-a Identify ways to support others in making healthy choices. 5-3-c Recognize all people need good health.		1-1-a Recognize that different cues can be used to make predictions about and clarify text. 1-1-c Draw upon prior knowledge and experience to understand unfamiliar texts. 1-2-c Explore how authors use both literary elements and devices in stories. 2-1-a Apply simple conventions of language in written work. 2-1-b Use expanding vocabulary and appropriate spelling in written work. 2-2-a Recognize various ways to organize writing based on the intended purpose and audience. 2-3-c Write on a routine basis to improve writing. 2-4-a Write to determine what is known about a topic. 3-2-c Identify characteristics that make some presentations more exciting than others. 3-3-c Use organization skills to assist in recall of oral/visual information.
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<p><u>Lesson 2. Drugs: Stay Clear</u></p>	<p>1-1-c Identify appropriate health practices that affect self and others.</p> <p>1-3-c Identify health practices which prevent disease.</p> <p>3-1-a Identify harmful behaviors.</p> <p>3-1-c Identify practices which promote personal well-being.</p> <p>4-1-b Identify various communication techniques used with family and peers.</p> <p>4-1-c Identify effective interpersonal communication skills.</p> <p>5-1-b Identify reliable sources of health information.</p> <p>5-1-c Recognize how medical advances help maintain wellness.</p> <p>5-3-b Identify ways to advocate health in families and schools.</p> <p>5-3-c Recognize all people need good health care.</p>		<p>1-1-c Draw upon prior knowledge and experience to understand unfamiliar texts.</p> <p>2-1-a Apply simple conventions of language in written work.</p> <p>2-3-c Write on a routine basis to improve writing.</p> <p>3-2-c Identify characteristics that make some presentations more exciting than others.</p> <p>3-3-c Use organization skills to assist in recall of oral/visual information.</p> <p>4-1-b Present information in a clear and logical form.</p>
<p><u>Lesson 3. Smoking Harms You!</u></p>	<p>1-1-c Identify appropriate health practices that affect self and others.</p> <p>1-3-c Identify health practices which help prevent disease.</p> <p>2-1-b Identify how the media affects (sic) thoughts, feelings, and personal health.</p> <p>3-1-a Identify harmful behaviors.</p>	<p>1-2-a Explore scientific investigations.</p> <p>1-2-b Demonstrate understanding of scientific investigations.</p> <p>1-2-c Demonstrate safety when engaged in scientific activity.</p>	<p>1-1-a Recognize that different cues can be used to make predictions about and clarify text.</p> <p>1-1-c Draw upon prior knowledge and experience to understand unfamiliar texts.</p> <p>1-2-c Explore how authors use both literary elements and devices in stories.</p> <p>2-1-a Apply simple conventions of language in written work.</p>
<p>Objectives</p>	<p>Health Benchmarks</p>	<p>Science Benchmarks</p>	<p>Language Arts Benchmarks</p>

<p><u>Lesson 3: (Cont')</u></p>	<p>3-3-a Identify personal choices that affect health.</p> <p>3-3-b Identify the attributes of personal responsibility.</p> <p>3-3-c Choose age-appropriate healthy behaviors.</p>		<p>2-1-b Use expanding vocabulary and appropriate spelling in written work.</p> <p>2-2-a Recognize various ways to organize writing based on the intended purpose and audience.</p> <p>2-3-c Write on a routine basis to improve writing.</p> <p>2-4-a Write to determine what is known about a topic.</p> <p>4-1-b Present information in a clear and logical form.</p>
<p><u>Lesson 4. Second-Hand Smoke</u></p>	<p>1-1-c Identify appropriate health practices that affect self and others.</p> <p>1-3-c Identify health practices which help prevent disease.</p> <p>3-1-a Identify harmful behaviors.</p> <p>3-1-b Identify examples of social pressure.</p> <p>3-1-c Identify practices which promote personal well-being.</p> <p>3-2-a Identify the elements of good health.</p> <p>3-3-a Identify personal choices that affect health.</p> <p>4-1-b Identify various communication techniques used with family and peers.</p> <p>4-1-c Identify effective interpersonal communication skills.</p>		<p>1-1-a Recognize that different cues can be used to make predictions about and clarify text.</p> <p>1-1-c Draw upon prior knowledge and experience to understand unfamiliar texts.</p> <p>1-2-c Explore how authors use both literary elements and devices in stories.</p> <p>2-1-a Apply simple conventions of language in written work.</p> <p>2-1-b Use expanding vocabulary and appropriate spelling in written work.</p> <p>2-2-a Recognize various ways to organize writing based on the intended purpose and audience.</p> <p>2-3-c Write on a routine basis to improve writing.</p> <p>2-4-a Write to determine what is known about a topic.</p> <p>3-2-c Identify characteristics that make some presentations more exciting than others.</p>

Objectives	Health Benchmarks	Science Benchmarks	Language Arts Benchmarks
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<p><u>Lesson 4: (Cont')</u></p>	<p>4-2-a Identify healthy ways to express needs, wants, and feelings.</p> <p>5-1-a Identify characteristics of healthy community.</p> <p>5-2-a Identify ways to approach community health issues.</p> <p>5-3-a Identify ways to support others in making healthy choices.</p> <p>5-3-b Identify ways to advocate health in families and schools.</p> <p>5-3-c Recognize all people need good health care.</p>		<p>3-3-c Use organization skills to assist in recall of oral/visual information.</p> <p>4-1-b Present information in a clear and logical form.</p>
<p><u>Module 7. Conflict Resolution / Violence Prevention</u></p> <p><u>Lesson 1. What's Your name?</u></p>	<p>1-1-a Recognize the importance and consequences of feelings.</p>		<p>1-1-a Recognize that different cues can be used to make predictions about and clarify text.</p> <p>1-1-c Draw upon prior knowledge and experience to understand unfamiliar texts.</p> <p>1-2-c Explore how authors use both literary elements and devices in stories.</p> <p>2-1-a Apply simple conventions of language in written work.</p> <p>2-1-b Use expanding vocabulary and appropriate spelling in written work.</p> <p>2-2-a Recognize various ways to organize writing based on the intended purpose and audience.</p> <p>2-4-a Write to determine what is known about a topic.</p>

Objectives	Health Benchmarks	Science Benchmarks	Language Arts Benchmarks
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<p><u>Lesson 2. Special Feelings</u></p>	<p>1-1-a Recognize the importance and consequences of feelings.</p> <p>1-1-b Identify good personal hygiene practices.</p> <p>1-2-b Recognize characteristics of emotional, social, and physical health.</p> <p>3-3-a Identify personal choices that affect health.</p>		<p>1-1-a Recognize that different cues can be used to make predictions about and clarify text.</p> <p>1-1-c Draw upon prior knowledge and experience to understand unfamiliar texts.</p> <p>2-1-a Apply simple conventions of language in written work.</p> <p>2-1-b Use expanding vocabulary and appropriate spelling in written work.</p> <p>2-2-a Recognize various ways to organize writing based on the intended purpose and audience.</p> <p>2-3-c Write on a routine basis to improve writing.</p> <p>2-4-a Write to determine what is known about a topic.</p>
<p><u>Lesson 3. We Are Kind To Each Other</u></p>	<p>1-1-a Recognize the importance and consequences of feelings.</p> <p>1-1-c Identify appropriate health practices that affect self and others.</p> <p>3-3-a Identify personal choices that affect health.</p> <p>3-3-b Identify the attributes of personal responsibility.</p> <p>3-3-c Choose age-appropriate healthy behaviors.</p>		<p>1-1-a Recognize that different cues can be used to make predictions about and clarify text.</p> <p>1-1-c Draw upon prior knowledge and experience to understand unfamiliar texts.</p> <p>1-2-c Explore how authors use both literary elements and devices in stories.</p> <p>2-1-a Apply simple conventions of language in written work.</p> <p>2-1-b Use expanding vocabulary and appropriate spelling in written work.</p> <p>2-2-a Recognize various ways to organize writing based on the intended purpose and audience.</p>

Objectives	Health Benchmarks	Science Benchmarks	Language Arts Benchmarks
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<p>Lesson 3: (Cont')</p>			<p>2-4-a Write to determine what is known about a topic.</p> <p>3-2-c Identify characteristics that make some presentations more exciting than others.</p> <p>3-3-c Use organization skills to assist in recall of oral/visual information.</p>
<p>Lesson 4. Aren't They Grand?</p>			<p>1-1-a Recognize that different cues can be used to make predictions about and clarify text.</p> <p>1-1-c Draw upon prior knowledge and experience to understand unfamiliar texts.</p> <p>1-2-c Explore how authors use both literary elements and devices in stories.</p> <p>2-1-a Apply simple conventions of language in written work.</p> <p>2-1-b Use expanding vocabulary and appropriate spelling in written work.</p> <p>2-2-a Recognize various ways to organize writing based on the intended purpose and audience.</p> <p>2-3-c Write on a routine basis to improve writing.</p> <p>2-4-a Write to determine what is known about a topic.</p> <p>4-1-b Present information in a clear and logical form.</p>
<p>Objectives</p>	<p>Health Benchmarks</p>	<p>Science Benchmarks</p>	<p>Language Arts Benchmarks</p>

Module 8. A Healthy Smile			
<p><u>Lesson 1. Taking Care Of Our Teeth</u></p>	<p>1-1-b Identify good personal hygiene practices.</p> <p>1-2-a Identify major body parts and related functions (e.g., heart-pumping blood).</p> <p>3-2-a Identify the elements of good health.</p> <p>3-2-c Recognize level of current personal health.</p> <p>3-3-b Identify the attributes of personal responsibility.</p> <p>5-2-c Recognize how community health plans/strategies affect all.</p>	<p>1-2-a Explore scientific investigations.</p> <p>1-2-b Demonstrate understandings of scientific investigation.</p> <p>1-2-c Demonstrate safety when engaged in scientific activity.</p>	<p>1-1-a Recognize that different cues can be used to make predictions about and clarify text.</p> <p>1-1-c Draw upon prior knowledge and experience to understand unfamiliar texts.</p> <p>1-2-c Explore how authors use both literary elements and devices in stories.</p> <p>2-1-a Apply simple conventions of language in written work .</p> <p>2-1-b Use expanding vocabulary and appropriate spelling in written work.</p> <p>2-2-a Recognize various ways to organize writing based on the intended purpose and audience.</p> <p>2-4-a Write to determine what is known about a topic.</p>
<p><u>Lesson 2. Visiting A Dentist</u></p>	<p>1-1-b Identify good personal hygiene practices.</p> <p>1-1-c Identify appropriate health practices that affect self and others.</p> <p>1-3-a Identify information available from health care providers/services in the community.</p> <p>1-3-b Identify various health care requirements and policies that affect safety and well being.</p> <p>1-3-c Identify health practices which help prevent disease.</p>		<p>1-1-a Recognize that different cues can be used to make predictions about and clarify text.</p> <p>1-1-c Draw upon prior knowledge and experience to understand unfamiliar texts.</p> <p>1-2-c Explore how authors use both literary elements and devices in stories.</p> <p>2-1-a Apply simple conventions of language in written work.</p> <p>2-3-c Write on a routine basis to improve writing.</p>
Objectives	Health Benchmarks	Science Benchmarks	Language Arts Benchmarks

<p><u>Lesson 2: (Cont')</u></p>	<p>2-2-a Identify the role of various local health agencies and/or services.</p> <p>2-2-c Explain the availability of local health services and agencies.</p> <p>2-3-a Identify professional services needed for maintaining personal health.</p> <p>3-1-c Identify practices which promote personal well-being.</p> <p>4-1-b Identify various communication techniques used with family and peers.</p> <p>4-1-c Identify effective interpersonal communication skills.</p> <p>4-2-c Identify age-appropriate health-related vocabulary.</p>		<p>3-2-c Identify characteristics that make some presentations more exciting than others.</p> <p>3-3-c Use organization skills to assist in recall of oral/visual information.</p> <p>4-1-b Present information in a clear and logical form.</p>
<p><u>Lesson 3. Keeping Our Teeth Healthy</u></p>	<p>1-1-b Identify good personal hygiene practices.</p> <p>1-1c Identify appropriate health practices that affect self and others.</p> <p>3-1-a Identify harmful behaviors.</p> <p>3-1-c Identify practices which promote personal well-being.</p> <p>4-1-a Recognize ways to communicate care and consideration for self and others.</p>		<p>1-1-a Recognize that different cues can be used to make predictions about and clarify text.</p> <p>1-1-c Draw upon prior knowledge and experience to understand unfamiliar texts.</p> <p>2-1-a Apply simple conventions of</p> <p>2-3-c Write on a routine basis to improve writing.</p> <p>3-2-c Identify characteristics that make some presentations more exciting than others.</p> <p>3-3-c Use organization skills to assist in recall of oral/visual information.</p>
<p><u>Lesson 4. Old Teeth, New Teeth</u></p>	<p>1-1-c Identify appropriate health practices that affect self and others.</p>		<p>1-1-a Recognize that different cues can be used to make predictions about and clarify text.</p>

Objectives	Health Benchmarks	Science Benchmarks	Language Arts Benchmarks
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<p><u>Lesson 4: (Cont')</u></p>	<p>3-1-c Identify practices which promote personal well-being.</p> <p>3-2-a Identify the elements of good health.</p> <p>3-3-c Choose age-appropriate healthy behaviors.</p>		<p>1-1-c Draw upon prior knowledge and experience to understand unfamiliar texts.</p> <p>1-2-c Explore how authors use both literary elements and devices in stories.</p> <p>2-1-a Apply simple conventions of language in written work.</p> <p>2-1-b Use expanding vocabulary and appropriate spelling in written work.</p> <p>2-2-a Recognize various ways to organize writing based on the intended purpose and audience.</p> <p>2-4-a Write to determine what is known about a topic.</p>
<p><u>Module 9. An Ounce Of Prevention</u> <u>Lesson 1. Healthy Behaviors Keep Germs Away</u></p>	<p>1-1-b Identify good personal hygiene practices.</p> <p>1-1-c Identify appropriate health practices that affect self and others.</p> <p>3-1-a Identify harmful behaviors.</p> <p>3-1-c Identify practices which promote personal well-being.</p>		<p>1-1-a Recognize that different cues can be used to make predictions about and clarify text.</p> <p>1-1-c Draw upon prior knowledge and experience to understand unfamiliar texts.</p> <p>1-2-c Explore how authors use both literary elements and devices in stories.</p> <p>2-1-a Apply simple conventions of language in written work.</p> <p>2-1-b Use expanding vocabulary and appropriate spelling in written work.</p> <p>2-2-a Recognize various ways to organize writing based on the intended purpose and audience.</p> <p>2-3-c Write on a routine basis to improve writing.</p> <p>2-4-a Write to determine what is known about a topic.</p>
<p>Objectives</p>	<p>Health Benchmarks</p>	<p>Science Benchmarks</p>	<p>Language Arts Benchmarks</p>

<p>Lesson 2. Prevent Germs From Spreading</p>	<p>1-1-b Identify good personal hygiene practices.</p> <p>1-1-c Identify appropriate health practices that affect self and others.</p> <p>2-2-a Identify the role of various local health agencies and/or services.</p> <p>2-3-a Identify professional services needed for maintaining personal health.</p> <p>3-1-a Identify harmful behaviors.</p> <p>3-1-c Identify practices which promote personal well-being.</p> <p>4-1-c Identify effective interpersonal communication skills.</p>		<p>1-1-c Draw upon prior knowledge and experience to understand unfamiliar texts.</p> <p>2-1-a Apply simple conventions of language in written work.</p> <p>2-3-c Write on a routine basis to improve writing.</p> <p>3-2-c Identify characteristics that make some presentations more exciting than others.</p> <p>3-3-c Use organization skills to assist in recall of oral/visual information.</p>
<p>Lesson 3. Understanding Asthma</p>	<p>1-1-b Identify good personal hygiene practices.</p> <p>1-1-c Identify appropriate health practices that affect self and others.</p> <p>2-2-b Identify the benefits of various local health resources.</p> <p>2-3-a Identify professional services needed for maintaining personal health.</p> <p>3-1-a Identify harmful behaviors.</p> <p>3-1-c Identify practices which promote personal well-being.</p> <p>3-2-c Recognize level of current personal health.</p>		<p>1-1-a Recognize that different cues can be used to make predictions about and clarify text.</p> <p>1-1-c Draw upon prior knowledge and experience to understand unfamiliar texts.</p> <p>1-2-c Explore how authors use both literary elements and devices in stories.</p> <p>2-1-a Apply simple conventions of language in written work.</p> <p>2-3-c Write on a routine basis to improve writing.</p>
<p>Objectives</p>	<p>Health Benchmarks</p>	<p>Science Benchmarks</p>	<p>Language Arts Benchmarks</p>

<p><u>Lesson 4. Let's Be Sun-Smart!</u></p>	<p>1-1-c Identify appropriate health practices that affect self and others.</p> <p>2-3-c Understand the importance of following a prescribed treatment.</p> <p>3-1-a Identify harmful behaviors.</p> <p>3-1-c Identify practices which promote personal well-being.</p> <p>3-2-c Recognize level of current personal health.</p> <p>3-3-a Identify personal choices that affect health.</p> <p>5-3-b Identify ways to advocate health in families and schools.</p> <p>5-3-c Recognize all people need good health care.</p>	<p>2-4-b Explore energy transfers.</p>	<p>1-1-a Recognize that different cues can be used to make predictions about and clarify text.</p> <p>1-1-c Draw upon prior knowledge and experience to understand unfamiliar texts.</p> <p>1-2-c Explore how authors use both literary elements and devices in stories.</p> <p>2-1-a Apply simple conventions of language in written work.</p> <p>2-1-b Use expanding vocabulary and appropriate spelling in written work.</p> <p>2-2-a Recognize various ways to organize writing based on the intended purpose and audience.</p> <p>2-4-a Write to determine what is known about a topic.</p>
<p><u>Module 10. Consumer Wise</u> <u>Lesson 1. What's For Sale?</u></p>	<p>2-1-b Identify how the media affects (sic) thoughts, feelings, and personal health.</p> <p>3-3-a Identify personal choices that affect health.</p>		<p>1-1-a Recognize that different cues can be used to make predictions about and clarify text.</p> <p>1-1-c Draw upon prior knowledge and experience to understand unfamiliar texts.</p> <p>1-2-c Explore how authors use both literary elements and devices in stories.</p> <p>2-1-a Apply simple conventions of language in written work.</p>

Objectives	Health Benchmarks	Science Benchmarks	Language Arts Benchmarks
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<p><u>Lesson 1: (Cont')</u></p>			<p>2-1-b Use expanding vocabulary and appropriate spelling in written work.</p> <p>2-2-a Recognize various ways to organize writing based on the intended purpose and audience.</p> <p>2-4-a Write to determine what is known about a topic.</p> <p>3-2-c Identify characteristics that make some presentations more exciting than others.</p> <p>3-3-c Use organization skills to assist in recall of oral/visual information.</p>
<p><u>Lesson 2. Setting Up Shop</u></p>	<p>2-1-b Identify how the media affects (sic) thoughts, feelings, and personal health.</p> <p>4-1-b Identify various communication techniques used with family and peers.</p> <p>4-1-c Identify effective interpersonal communication skills.</p> <p>4-2-c Identify age-appropriate health-related vocabulary.</p> <p>4-3-b Identify positive ways to solve conflicts.</p>		<p>1-1-a Recognize that different cues can be used to make predictions about and clarify text.</p> <p>1-1-c Draw upon prior knowledge and experience to understand unfamiliar texts.</p> <p>1-2-c Explore how authors use both literary elements and devices in stories.</p> <p>2-1-a Apply simple conventions of language in written work.</p> <p>2-1-b Use expanding vocabulary and appropriate spelling in written work.</p> <p>2-2-a Recognize various ways to organize writing based on the intended purpose and audience.</p> <p>2-3-c Write on a routine basis to improve writing.</p> <p>2-4-a Write to determine what is known about a topic.</p>

Objectives	Health Benchmarks	Science Benchmarks	Language Arts Benchmarks
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<p><u>Lesson 2: (Cont')</u></p>			<p>3-2-c Identify characteristics that make some presentations more exciting than others.</p> <p>3-3-c Use organization skills to assist in recall of oral/visual information.</p> <p>4-1-b Present information in a clear and logical form.</p>
<p><u>Lesson 3. What Is Advertising?</u></p>	<p>2-1-b Identify how the media affects (sic) thoughts, feelings, and personal health.</p>		<p>1-1-a Recognize that different cues can be used to make predictions about and clarify text.</p> <p>1-1-c Draw upon prior knowledge and experience to understand unfamiliar texts.</p> <p>1-2-c Explore how authors use both literary elements and devices in stories.</p> <p>2-1-a Apply simple conventions of language in written work.</p> <p>2-1-b Use expanding vocabulary and appropriate spelling in written work.</p> <p>2-2-a Recognize various ways to organize writing based on the intended purpose and audience.</p> <p>2-3-c Write on a routine basis to improve writing.</p> <p>2-4-a Write to determine what is known about a topic.</p> <p>3-2-c Identify characteristics that make some presentations more exciting than others.</p> <p>3-3-c Use organization skills to assist in recall of oral/visual information.</p> <p>4-1-b Present information in a clear and logical form.</p>

<p>Objectives</p>	<p>Health Benchmarks</p>	<p>Science Benchmarks</p>	<p>Language Arts Benchmarks</p>
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<p><u>Lesson 4. Health Goods and Services</u></p>	<p>1-1-c Identify appropriate health practices that affect self and others.</p> <p>1-2-c Identify common health problems of children.</p> <p>1-3-c Identify health practices which help prevent disease.</p> <p>2-1-b Identify how the media affects (sic) thoughts, feelings, and personal health.</p> <p>2-2-c Explain the availability of local health services and agencies.</p> <p>3-1-a Identify harmful behaviors.</p> <p>5-3-b Identify ways to advocate health in families and schools.</p> <p>5-3-c Recognize all people need good health care.</p>		<p>1-1-a Recognize that different cues can be used to make predictions about and clarify text.</p> <p>1-1-c Draw upon prior knowledge and experience to understand unfamiliar texts.</p> <p>1-2-c Explore how authors use both literary elements and devices in stories.</p> <p>2-1-a Apply simple conventions of language in written work.</p> <p>2-1-b Use expanding vocabulary and appropriate spelling in written work.</p> <p>2-2-a Recognize various ways to organize writing based on the intended purpose and audience.</p> <p>2-3-c Write on a routine basis to improve writing.</p> <p>2-4-a Write to determine what is known about a topic.</p> <p>3-2-c Identify characteristics that make some presentations more exciting than others.</p> <p>3-3-c Use organization skills to assist in recall of oral/visual information.</p> <p>4-1-b Present information in a clear and logical form.</p>
<p><u>Module 11. The Environment and You</u></p> <p><u>Lesson 1. The World Around Me</u></p>	<p>1-1-c Identify appropriate health practices that affect self and others.</p> <p>3-3-b Identify the attributes of personal responsibility.</p>	<p>1-2-a Explore scientific investigations.</p> <p>1-2-b Demonstrate understanding of scientific investigations.</p>	<p>1-1-a Recognize that different cues can be used to make predictions about and clarify text.</p> <p>1-1-c Draw upon prior knowledge and experience to understand unfamiliar texts.</p>
<p>Objectives</p>	<p>Health Benchmarks</p>	<p>Science Benchmarks</p>	<p>Language Arts Benchmarks</p>

<p><u>Lesson 1: (Cont')</u></p>		<p>1-2-c Demonstrate safety when engaged in scientific activity.</p>	<p>1-2-c Explore how authors use both literary elements and devices in stories.</p> <p>2-1-a Apply simple conventions of language in written work.</p> <p>2-1-b Use expanding vocabulary and appropriate spelling in written work.</p> <p>2-2-a Recognize various ways to organize writing based on the intended purpose and audience.</p> <p>2-3-c Write on a routine basis to improve writing.</p> <p>2-4-a Write to determine what is known about a topic.</p> <p>4-1-b Present information in a clear and logical form.</p>
<p><u>Lesson 2. Litter - Free</u></p>	<p>1-1-c Identify appropriate health practices that affect self and others.</p> <p>2-2-a Identify the role of various local health agencies and/or services.</p> <p>3-1-a Identify harmful behaviors.</p> <p>4-1-a Recognize ways to communicate care and consideration for self and others.</p> <p>5-1-a Identify characteristics of healthy community.</p>		<p>1-1-a Recognize that different cues can be used to make predictions about and clarify text.</p> <p>1-1-c Draw upon prior knowledge and experience to understand unfamiliar texts.</p> <p>2-1-a Apply simple conventions of language in written work.</p> <p>2-1-b Use expanding vocabulary and appropriate spelling in written work.</p> <p>2-2-a Recognize various ways to organize writing based on the intended purpose and audience.</p> <p>2-3-c Write on a routine basis to improve writing.</p> <p>2-4-a Write to determine what is known about a topic.</p>

Objectives	Health Benchmarks	Science Benchmarks	Language Arts Benchmarks
<u>Lesson 2: (Cont')</u>			<p>3-2-c Identify characteristics that make some presentations more exciting than others.</p> <p>3-3-c Use organization skills to assist in recall of oral/visual information.</p>
<u>Lesson 3. Pollution Solutions</u>	<p>1-1-c Identify appropriate health practices that affect self and others.</p> <p>3-3-a Identify personal choices that affect health.</p> <p>3-3-b Identify the attributes of personal responsibility.</p> <p>4-3-a Identify situations which cause conflicts.</p> <p>4-3-b Identify positive ways to solve conflicts.</p> <p>5-1-a Identify characteristics of healthy community.</p> <p>5-2-a Identify ways to approach community health issues.</p>		<p>1-1-c Draw upon prior knowledge and experience to understand unfamiliar texts.</p> <p>1-2-c Explore how authors use both literary elements and devices in stories.</p> <p>2-1-a Apply simple conventions of language in written work.</p> <p>2-1-b Use expanding vocabulary and appropriate spelling in written work.</p> <p>2-2-a Recognize various ways to organize writing based on the intended purpose and audience.</p> <p>2-4-a Write to determine what is known about a topic.</p>
<u>Lesson 4. Reduce, Reuse, Recycle</u>	<p>1-1-c Identify appropriate health practices that affect self and others.</p>		<p>1-1-a Recognize that different cues can be used to make predictions about and clarify text.</p> <p>1-1-c Draw upon prior knowledge and experience to understand unfamiliar texts.</p> <p>1-2-c Explore how authors use both literary elements and devices in stories.</p> <p>2-1-a Apply simple conventions of language in written work.</p>

Objectives	Health Benchmarks	Science Benchmarks	Language Arts Benchmarks
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<p><u>Lesson 4: (Cont')</u></p>			<p>2-1-b Use expanding vocabulary and appropriate spelling in written work.</p> <p>2-2-a Recognize various ways to organize writing based on the intended purpose and audience.</p> <p>2-3-c Write on a routine basis to improve writing.</p> <p>2-4-a Write to determine what is known about a topic.</p> <p>3-2-c Identify characteristics that make some presentations more exciting than others.</p> <p>3-3-c Use organization skills to assist in recall of oral/visual information.</p>
<p><u>Module 12. The Right Choice - HIV And AIDS</u></p> <p><u>Lesson 1. Diseases That Are "Catchy," Diseases That Are Not</u></p>	<p>1-1-b Identify good personal hygiene practices.</p> <p>1-1-c Identify appropriate health practices that affect self and others.</p> <p>1-3-b Identify various health care requirements and policies that affect safety and well being.</p> <p>2-2-a Identify the role of various local health agencies and/or services.</p> <p>2-2-b Identify the benefits of various local health resources.</p> <p>2-2-c Explain the availability of local health services and agencies.</p> <p>2-3-a Identify professional services needed for maintaining personal health.</p>		<p>1-1-a Recognize that different cues can be used to make predictions about and clarify text.</p> <p>1-1-c Draw upon prior knowledge and experience to understand unfamiliar texts.</p> <p>1-2-c Explore how authors use both literary elements and devices in stories.</p>

Objectives	Health Benchmarks	Science Benchmarks	Language Arts Benchmarks
<u>Lesson 1: (Cont')</u>	<p>3-1-a Identify harmful behaviors.</p> <p>3-1-c Identify practices which promote personal well-being.</p> <p>3-3-b Identify the attributes of personal responsibility.</p>		
<u>Lesson 2. Ways To Stay Healthy</u>	<p>1-1-b Identify good personal hygiene practices.</p> <p>1-1-c Identify appropriate health practices that affect self and others.</p> <p>1-3-b Identify various health care requirements and policies that affect safety and well being.</p> <p>2-1-b Identify how the media affects (sic) thoughts, feelings, and personal health.</p> <p>3-1-a Identify harmful behaviors.</p> <p>3-1-c Identify practices which promote personal well-being.</p> <p>4-1-b Identify various communication techniques used with family and peers.</p> <p>5-1-a Identify characteristics of healthy community.</p>		<p>1-1-a Recognize that different cues can be used to make predictions about and clarify text.</p> <p>1-1-c Draw upon prior knowledge and experience to understand unfamiliar texts.</p> <p>1-2-c Explore how authors use both literary elements and devices in stories.</p> <p>2-1-a Apply simple conventions of language in written work.</p> <p>2-1-b Use expanding vocabulary and appropriate spelling in written work.</p> <p>2-2-a Recognize various ways to organize writing based on the intended purpose and audience.</p> <p>2-3-c Write on a routine basis to improve writing.</p> <p>2-4-a Write to determine what is known about a topic.</p> <p>3-2-c Identify characteristics that make some presentations more exciting than others.</p> <p>3-3-c Use organization skills to assist in recall of oral/visual information.</p>

Objectives	Health Benchmarks	Science Benchmarks	Language Arts Benchmarks
<p><u>Lesson 3. Health Helpers In The Community</u></p>	<p>1-1-c Identify appropriate health practices that affect self and others.</p> <p>1-3-a Identify information available from health care providers/services in the community.</p> <p>1-3-c Identify health practices which help prevent disease.</p> <p>2-1-c Identify examples of technology used in health.</p> <p>2-2-a Identify the role of various local health agencies and/or services.</p> <p>2-3-a Identify professional services needed for maintaining personal health.</p> <p>3-2-b Understand the importance of achieving and maintaining good health.</p>		<p>1-1-a Recognize that different cues can be used to make predictions about and clarify text.</p> <p>1-1-c Draw upon prior knowledge and experience to understand unfamiliar texts.</p> <p>1-2-c Explore how authors use both literary elements and devices in stories.</p> <p>2-1-a Apply simple conventions of language in written work.</p> <p>2-1-b Use expanding vocabulary and appropriate spelling in written work.</p> <p>2-2-a Recognize various ways to organize writing based on the intended purpose and audience.</p> <p>2-4-a Write to determine what is known about a topic.</p>
<p><u>Lesson 4. Being Kind To People When They Are Sick</u></p>	<p>1-1-c Identify appropriate health practices that affect self and others.</p> <p>1-2-b Recognize characteristics of emotional, social, and physical health.</p> <p>1-2-c Identify common health problems of children.</p> <p>1-3-b Identify various health care requirements and policies that affect safety and well being.</p> <p>1-3-c Identify health practices which help prevent disease.</p> <p>4-1-a Recognize ways to communicate care and consideration for self and others.</p>		<p>1-1-a Recognize that different cues can be used to make predictions about and clarify text.</p> <p>1-1-c Draw upon prior knowledge and experience to understand unfamiliar texts.</p> <p>2-1-a Apply simple conventions of language in written work.</p> <p>2-1-b Use expanding vocabulary and appropriate spelling in written work.</p> <p>2-2-a Recognize various ways to organize writing based on the intended purpose and audience.</p> <p>2-3-c Write on a routine basis to improve writing.</p>

Objectives	Health Benchmarks	Science Benchmarks	Language Arts Benchmarks
<p><u>Lesson 4: (Cont')</u></p>	<p>4-1-b Identify various communication techniques used with family and peers.</p> <p>4-1-c Identify effective interpersonal communication skills.</p> <p>4-2-a Identify healthy ways to express</p>		<p>2-4-a Write to determine what is known about a topic.</p> <p>3-2-c Identify characteristics that make some presentations more exciting than others.</p> <p>3-3-c Use organization skills to assist in</p> <p>4-1-b Present information in a clear and logical form.</p> <p>4-3-c Use various resources to support oral presentations, e.g., drawings, posters.</p>