

Michigan Model - Managing Conflicts Grade 9-12

Lessons	Health Benchmarks	Science Benchmarks	Language Arts Benchmarks
Lesson 1: Peace Is Possible	<p>4-1-a Analyze how communication skills are used to build and maintain healthy relationships.</p> <p>4-1-c Assess effectiveness of interpersonal communication skills and adjust appropriately.</p> <p>4-3-a Evaluate the effects of conflict in various situations/relationships.</p> <p>4-3-b Analyze and select situationally appropriate resolution strategies.</p> <p>4-3-c Model refusal, negotiation, and collaboration skills to avoid potentially harmful situations.</p>	No Matches	
Lesson 2: Violence Has a Price Tag	<p>4-1-a Analyze how communication skills are used to build and maintain healthy relationships.</p> <p>4-1-c Assess effectiveness of interpersonal communication skills and adjust appropriately.</p> <p>4-3-a Evaluate the effects of conflict in various situations/relationships.</p> <p>4-3-b Analyze and select situationally appropriate resolution strategies.</p> <p>4-3-c Model refusal, negotiation, and collaboration skills to avoid potentially harmful situations.</p>		
Lesson 3: The Rocket's Stage One - Lift Off or Abort the Mission, Part 1	<p>1-1-a Model appropriate ways to express feelings when interacting with others.</p> <p>1-1-c Evaluate the impact of various health practices on self and family.</p> <p>3-1-c Evaluate personal practices which promote lifelong health and well-being.</p> <p>3-3-a Analyze how personal choices can impact (sic) long-range health.</p> <p>3-3-b Model personal responsibility in health-related choices/decisions.</p>		

Lessons	Health Benchmarks	Science Benchmarks	Language Arts Benchmarks
Lesson 3 (Cont.)	<p>3-3-c Exemplify a positive and healthy lifestyle.</p> <p>4-2-a Model healthy ways to express needs, wants, and feelings.</p> <p>4-3-a Evaluate the effects of conflict in various situations/relationships.</p> <p>4-3-b Analyze and select situationally appropriate resolution strategies.</p> <p>4-3-c Model refusal, negotiation, and collaboration skills to avoid potentially harmful situations.</p>		
Lesson 4: The Rocket's Stage One - Life Off or Abort the Mission, Part2	<p>4-1-a Analyze how communication skills are used to build and maintain healthy relationships.</p> <p>4-1-b Model effective communication techniques when interacting with family, peers and community.</p> <p>4-1-c Assess effectiveness of interpersonal communication skills and adjust appropriately.</p> <p>4-2-a Model healthy ways to express needs, wants, and feelings.</p> <p>4-2-b Analyze behaviors/situations which create bridges and barriers to effective communication.</p> <p>4-3-a Evaluate the effects of conflict in various situations/relationships.</p> <p>4-3-b Analyze and select situationally appropriate resolution strategies.</p> <p>4-3-c Model refusal, negotiation, and collaboration skills to avoid potentially harmful situations.</p>		
Lesson 5: Other Ways to Ground the Rocket of Violence	<p>4-1-b Model effective communication techniques when interacting with family, peers and community.</p> <p>4-1-c Assess effectiveness of interpersonal communication skills and adjust appropriately.</p>		

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Lesson 5 (Cont.)	4-2-b Analyze behaviors/situations which create bridges and barriers to effective communication.		
Lesson 6: Agreeing Not to Send it Soaring	<p>4-1-a Analyze how communication skills are used to build and maintain healthy relationships.</p> <p>4-1-b Model effective communication techniques when interacting with family, peers and community.</p> <p>4-1-c Assess effectiveness of interpersonal communication skills and adjust appropriately.</p> <p>4-2-a Model healthy ways to express needs, wants, and feelings.</p> <p>4-2-b Analyze behaviors/situations which create bridges and barriers to effective communication.</p> <p>4-3-a Evaluate the effects of conflict in various situations/relationships.</p> <p>4-3-b Analyze and select situationally appropriate resolution strategies.</p> <p>4-3-c Model refusal, negotiation, and collaboration skills to avoid potentially harmful situations.</p>		
Lesson 7: Helping Others Stop Igniting	<p>4-1-a Analyze how communication skills are used to build and maintain healthy relationships.</p> <p>4-1-b Model effective communication techniques when interacting with family, peers and community.</p> <p>4-1-c Assess effectiveness of interpersonal communication skills and adjust appropriately.</p> <p>4-2-a Model healthy ways to express needs, wants, and feelings.</p> <p>4-2-b Analyze behaviors/situations which create bridges and barriers to effective communication.</p> <p>4-3-a Evaluate the effects of conflict in various situations/relationships.</p>		

Lessons	Health Benchmarks	Science Benchmarks	Language Arts Benchmarks
Lesson 7 (Cont.)	<p>4-3-b Analyze and select situationally appropriate resolution strategies.</p> <p>4-3-c Model refusal, negotiation, and collaboration skills to avoid potentially harmful situations.</p>		
Lesson 8: Resolving Conflicts Peacefully	<p>4-1-a Analyze how communication skills are used to build and maintain healthy relationships.</p> <p>4-1-b Model effective communication techniques when interacting with family, peers and community.</p> <p>4-1-c Assess effectiveness of interpersonal communication skills and adjust appropriately.</p> <p>4-2-a Model healthy ways to express needs, wants, and feelings.</p> <p>4-2-b Analyze behaviors/situations which create bridges and barriers to effective communication.</p> <p>4-3-a Evaluate the effects of conflict in various situations/relationships.</p> <p>4-3-b Analyze and select situationally appropriate resolution strategies.</p> <p>4-3-c Model refusal, negotiation, and collaboration skills to avoid potentially harmful situations.</p>		<p>1-1-b Apply effective listening techniques for creative problem-solving and collaborative decision-making.</p>
Lesson 9: Stage 2 - Stop the Escalation, Part 1	<p>4-1-a Analyze how communication skills are used to build and maintain healthy relationships.</p> <p>4-1-b Model effective communication techniques when interacting with family, peers and community.</p> <p>4-1-c Assess effectiveness of interpersonal communication skills and adjust appropriately.</p> <p>4-2-a Model healthy ways to express needs, wants, and feelings.</p>		<p>1-1-b Apply effective listening techniques for creative problem-solving and collaborative decision-</p>

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Lesson 9 (Cont.)	<p>4-2-b Analyze behaviors/situations which create bridges and barriers to effective communication.</p> <p>4-3-a Evaluate the effects of conflict in various situations/relationships.</p> <p>4-3-b Analyze and select situationally appropriate resolution strategies.</p> <p>4-3-c Model refusal, negotiation, and collaboration skills to avoid potentially harmful situations.</p>		
Lesson 10: Stage 2 - Stop the Escalation, Part 2	<p>1-2-c Determine how to delay and/or reduce potential health problems during adulthood.</p> <p>4-1-a Analyze how communication skills are used to build and maintain healthy relationships.</p> <p>4-1-b Model effective communication techniques when interacting with family, peers and community.</p> <p>4-1-c Assess effectiveness of interpersonal communication skills and adjust appropriately.</p> <p>4-2-a Model healthy ways to express needs, wants, and feelings.</p> <p>4-2-b Analyze behaviors/situations which create bridges and barriers to effective communication.</p> <p>4-3-a Evaluate the effects of conflict in various situations/relationships.</p> <p>4-3-b Analyze and select situationally appropriate resolution strategies.</p> <p>4-3-c Model refusal, negotiation, and collaboration skills to avoid potentially harmful situations.</p>		1-1-b Apply effective listening techniques for creative problem-solving and collaborative decision-
Lesson 11: Stage 3 - Protect Yourself Always	<p>1-2-c Determine how to delay and/or reduce potential health problems during adulthood.</p> <p>4-1-a Analyze how communication skills are used to build and maintain healthy relationships.</p>		1-1-b Apply effective listening techniques for creative problem-solving and collaborative decision-making.

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Lesson 11 (Cont.)	<p>4-1-b Model effective communication techniques when interacting with family, peers and community.</p> <p>4-1-c Assess effectiveness of interpersonal communication skills and adjust appropriately.</p> <p>4-2-b Analyze behaviors/situations which create bridges and barriers to effective communication.</p> <p>4-3-a Evaluate the effects of conflict in various situations/relationships.</p> <p>4-3-b Analyze and select situationally appropriate resolution strategies.</p> <p>4-3-c Model refusal, negotiation, and collaboration skills to avoid potentially harmful situations.</p>		
Lesson 12: Sexual Harassment	<p>1-2-c Determine how to delay and/or reduce potential health problems during adulthood.</p> <p>4-2-b Analyze behaviors/situations which create bridges and barriers to effective communication.</p> <p>4-3-a Evaluate the effects of conflict in various situations/relationships.</p> <p>4-3-b Analyze and select situationally appropriate resolution strategies.</p> <p>4-3-c Model refusal, negotiation, and collaboration skills to avoid potentially harmful situations.</p>		1-1-b Apply effective listening techniques for creative problem-solving and collaborative decision-making.
Lesson 13: Abusive Relationships - Part 1	<p>1-2-c Determine how to delay and/or reduce potential health problems during adulthood.</p> <p>4-2-b Analyze behaviors/situations which create bridges and barriers to effective communication.</p> <p>4-3-a Evaluate the effects of conflict in various situations/relationships.</p> <p>4-3-b Analyze and select situationally appropriate resolution strategies.</p>		1-1-b Apply effective listening techniques for creative problem-solving and collaborative decision-making.

