

Michigan Model - Teens Campaign Grade 9-12

Lessons	Health Benchmarks	Science Benchmarks	Language Arts Benchmarks
Lesson 1: Campaign for a Tobacco Free Society	<p>1-1-c Evaluate the impact of various health practices on self and family.</p> <p>1-2-a Analyze the impact of personal health behaviors on the functioning of body systems.</p> <p>1-2-b Model practices which enhance personal, emotional, social, and physical well-being.</p> <p>1-2-c Determine how to delay and/or reduce potential health problems during adulthood.</p> <p>3-1-c Evaluate personal practices which promote lifelong health and well-being.</p> <p>3-2-a Evaluate personal health and well-being on a routine basis.</p> <p>3-2-c Assess personal health goals and adjust behaviors/practices appropriately.</p> <p>3-3-a Analyze how personal choices can impact (sic) long-range health.</p> <p>3-3-b Model personal responsibility in health-related choices/decisions.</p> <p>3-3-c Exemplify a positive and healthy lifestyle.</p>	No Matches	
Lesson 2: Tobacco Prev.& Cessation	<p>5-3-a Model positive behaviors which influence and support others in making healthy choices.</p>		
Lesson 3: Communicating Concern in a Way Others Will Listen	<p>1-1-a Model appropriate ways to express feelings when interacting with others.</p> <p>3-2-c Assess personal health goals and adjust behaviors/practices appropriately.</p> <p>3-3-a Analyze how personal choices can impact (sic) long-range health.</p> <p>3-3-b Model personal responsibility in health-related choices/decisions.</p>		<p>3-1-a Analyze various cognitive and physical barriers to effective listening and viewing, e.g., prejudice, prior knowledge/experience.</p> <p>3-1-b Apply effective listening techniques for creative problem-solving and collaborative decision-making.</p> <p>3-1-c Analyze the impact of non-verbal cues used in interpersonal communication.</p>

Lessons	Health Benchmarks	Science Benchmarks	Language Arts Benchmarks
Lesson 3 (Cont.)	<p>4-1-a Analyze how communication skills are used to build and maintain healthy relationships.</p> <p>4-1-b Model effective communication techniques when interacting with family, peers, and community.</p> <p>4-1-c Assess effectiveness of interpersonal communication skills and adjust appropriately.</p> <p>4-2-a Model healthy ways to express needs, wants, and feelings.</p> <p>4-2-b Analyze behaviors/situations which create bridges and barriers to effective communication.</p> <p>5-3-c Collaborate with others to develop policies/regulations which support equitable health care for all.</p>		
Lesson 4: Helping Others Quit	<p>3-2-c Assess personal health goals and adjust behaviors/practices appropriately.</p> <p>3-3-a Analyze how personal choices can impact (sic) long-range health.</p> <p>3-3-b Model personal responsibility in health-related choices/decisions.</p> <p>4-1-a Analyze how communication skills are used to build and maintain healthy relationships.</p> <p>4-1-b Model effective communication techniques when interacting with family, peers, and community.</p> <p>4-1-c Assess effectiveness of interpersonal communication skills and adjust appropriately.</p> <p>4-2-a Model healthy ways to express needs, wants, and feelings.</p> <p>4-2-b Analyze behaviors/situations which create bridges and barriers to effective communication.</p>		

Lessons	Health Benchmarks	Science Benchmarks	Language Arts Benchmarks
Lesson 4 (Cont.)	5-2-a Analyze the impact various health plans/strategies may have on future populations and environments.		
Lesson 5: Exploring Tobacco-Related Issues	<p>1-3-b Evaluate the impact of health requirements and policies which affect personal, family, and community health.</p> <p>3-2-c Assess personal health goals and adjust behaviors/practices appropriately.</p> <p>3-3-a Analyze how personal choices can impact (sic) long-range health.</p> <p>3-3-b Model personal responsibility in health-related choices/decisions.</p>		
Lesson 6: Getting the Word Out-No Tobacco For Us	<p>3-2-c Assess personal health goals and adjust behaviors/practices appropriately.</p> <p>3-3-a Analyze how personal choices can impact (sic) long-range health.</p> <p>3-3-b Model personal responsibility in health-related choices/decisions.</p> <p>3-3-c Exemplify a positive and healthy lifestyle.</p>		