

Michigan Model Grade 8

Lessons	Health Benchmarks	Science Benchmarks	Language Arts Benchmarks
Intro Module Lesson 1	4-2-a Demonstrate healthy ways to express needs, wants and feelings.		1-1-c Use prior knowledge and experience to interpret and construct meaning from various texts. 4-1-c Use input from others to determine the effectiveness of personal communication.
Lesson 2	4-1-c Model effective effective interpersonal communications skills.		
Lesson 3	4-1-a Demonstrate communication skills that build and maintain healthy relationships.		2-1-a Apply appropriate conventions of language in written work.
Lesson 4	3-3-b Demonstrate individual responsibility in health-related decisions/choices.		2-1-a Apply appropriate conventions of language in written work.
Lesson 5	2-1-b Analyze the media impact on personal and family health decisions and practices.		2-1-a Apply appropriate conventions of language in written work.
Lesson 6			2-1-a Apply appropriate conventions of language in written work.
Lesson 7			2-1-a Apply appropriate conventions of language in written work.
Lesson 8			2-1-a Apply appropriate conventions of language in written work.
Lesson 9			2-1-a Apply appropriate conventions of language in written work.
Lesson 10			2-1-a Apply appropriate conventions of language in written work.
Module One Lesson 1	3-1-c Analyze personal practices which promote lifelong health and well-bing. 5-1-b Analyze information/date to support or refute the cause/effect of various health issues.		1-1-c Use prior knowledge and experience to interpret and construct meaning from various texts.
Lesson 2	2-1-c Analyze the impact of technology on personal and family health decisions and practices.	4-1-c Analyze factors that impact the systems of earth.	4-1-b Present oral information in a logical and coherent manner.

Lessons	Health Benchmarks	Science Benchmarks	Language Arts Benchmarks
Lesson 2 (Cont.)	<p>2-2-a Investigate the role and organization of various community, state, and regional health agencies/services.</p> <p>5-2-b Determine resources needed to implement community and environmental health plans/strategies.</p>		
Lesson 3	<p>1-2-a Explain how health is influenced by the interaction of body systems.</p> <p>1-2-b Examine practices which enhance personal emotional, social, and physical well-being.</p> <p>1-3-c Examine health practices which may cause and/or spread/prevent diseases.</p>		<p>2-1-b Use expensive vocabulary and correct spelling in written work.</p> <p>2-2-a Determine and use the appropriate organization based on the established writing purpose and intended audience.</p> <p>2-2-c Select and use the writing format required for a specific type of publication.</p>
Lesson 4	<p>1-2-b Examine practices which enhance personal emotional, social, and physical well-being.</p> <p>3-1-c Analyze personal practices which promote lifelong health and well-being.</p>		
Lesson 5	<p>1-2-c Examine ways to avoid, minimize, or cope with adolescent health problems.</p>		<p>1-1-a Use specific cues/strategies to make connections with, predict meaning of, and comprehend information within text.</p> <p>1-1-c Use prior knowledge and experience to interpret and construct meaning from various texts.</p> <p>1-4-a Select and use suitable information sources for a variety of purposes, e.g., internet, cd-rom, print and video materials, library.</p> <p>1-4-b Analyze the validity and/or appropriateness of various technical and practical materials.</p> <p>2-1-b Use expensive vocabulary and correct spelling in written work.</p> <p>2-1-c Revise and edit written work using appropriate conventions of language.</p>

Lessons	Health Benchmarks	Science Benchmarks	Language Arts Benchmarks
<p>Lesson 5 (Cont.)</p>			<p>2-4-a Write to clarify what is known about various topics.</p> <p>4-1-b Present oral information in a logical and coherent manner.</p> <p>4-2-b Determine the purpose of oral presentations when deciding appropriate language.</p> <p>4-3-c Use auxiliary resources to enhance oral presentations, e.g., visual aids, special effects.</p>
<p>Lesson 6</p>	<p>1-2-c Examine ways to avoid, minimize, or cope with adolescent health problems.</p> <p>5-1-b Analyze information/data to support or refute the cause/effect of various health issues.</p>		<p>1-1-c Use prior knowledge and experience to interpret and construct meaning from various texts.</p> <p>1-4-a Select and use suitable information sources for a variety of purposes, e.g., internet, cd-rom, print and video materials, library.</p> <p>1-4-b Analyze the validity and/or appropriateness of various technical and practical materials.</p> <p>2-1-b Use expensive vocabulary and correct spelling in written work.</p> <p>2-1-c Revise and edit written work using appropriate conventions of language.</p> <p>2-4-a Write to clarify what is known about various topics.</p> <p>4-1-b Present oral information in a logical and coherent manner.</p> <p>4-2-b Determine the purpose of oral presentations when deciding appropriate language.</p> <p>4-3-c Use auxiliary resources to enhance oral presentations, e.g., visual aids, special effects.</p>

Lessons	Health Benchmarks	Science Benchmarks	Language Arts Benchmarks
Lesson 7	4-1-c Model effective effective interpersonal communications skills.		<p>1-1-c Use prior knowledge and experience to interpret and construct meaning from various texts.</p> <p>1-4-a Select and use suitable information sources for a variety of purposes, e.g., internet, cd-rom, print and video materials, library.</p> <p>1-4-b Analyze the validity and/or appropriateness of various technical and practical materials.</p> <p>2-1-b Use expensive vocabulary and correct spelling in written work.</p> <p>2-1-c Revise and edit written work using appropriate conventions of language.</p> <p>2-4-a Write to clarify what is known about various topics.</p> <p>4-1-b Present oral information in a logical and coherent manner.</p> <p>4-2-b Determine the purpose of oral presentations when deciding appropriate language.</p> <p>4-3-c Use auxiliary resources to enhance oral presentations, e.g., visual aids, special effects.</p>
Lesson 8	4-1-c Model effective effective interpersonal communications skills.		<p>1-1-c Use prior knowledge and experience to interpret and construct meaning from various texts.</p> <p>1-4-a Select and use suitable information sources for a variety of purposes, e.g., internet, cd-rom, print and video materials, library.</p> <p>1-4-b Analyze the validity and/or appropriateness of various technical and practical materials.</p>

Lessons	Health Benchmarks	Science Benchmarks	Language Arts Benchmarks
<p>Lesson 8 (Cont.)</p>			<p>2-1-b Use expensive vocabulary and correct spelling in written work.</p> <p>2-1-c Revise and edit written work using appropriate conventions of language.</p> <p>2-4-a Write to clarify what is known about various topics.</p> <p>4-1-b Present oral information in a logical and coherent manner.</p> <p>4-2-b Determine the purpose of oral presentations when deciding appropriate language.</p> <p>4-3-c Use auxiliary resources to enhance oral presentations, e.g., visual aids, special effects.</p>
<p>Lesson 9</p>	<p>4-1-c Model effective effective interpersonal communications skills.</p>		<p>1-1-c Use prior knowledge and experience to interpret and construct meaning from various texts.</p> <p>1-4-a Select and use suitable information sources for a variety of purposes, e.g., internet, cd-rom, print and video materials, library.</p> <p>1-4-b Analyze the validity and/or appropriateness of various technical and practical materials.</p> <p>2-1-b Use expensive vocabulary and correct spelling in written work.</p> <p>2-1-c Revise and edit written work using appropriate conventions of language.</p> <p>2-4-a Write to clarify what is known about various topics.</p> <p>4-1-b Present oral information in a logical and coherent manner.</p>

Lessons	Health Benchmarks	Science Benchmarks	Language Arts Benchmarks
Lesson 9 (Cont.)			<p>4-2-b Determine the purpose of oral presentations when deciding appropriate language.</p> <p>4-3-c Use auxiliary resources to enhance oral presentations, e.g., visual aids, special effects.</p>
Lesson 10	4-1-c Model effective effective interpersonal communications skills.		<p>1-1-a Use specific cues/strategies to make connections with, predict meaning of, and comprehend information within text.</p> <p>1-1-c Use prior knowledge and experience to interpret and construct meaning from various texts.</p> <p>1-4-a Select and use suitable information sources for a variety of purposes, e.g., internet, cd-rom, print and video materials, library.</p> <p>1-4-b Analyze the validity and/or appropriateness of various technical and practical materials.</p> <p>2-1-b Use expensive vocabulary and correct spelling in written work.</p> <p>2-1-c Revise and edit written work using appropriate conventions of language.</p> <p>2-4-a Write to clarify what is known about various topics.</p> <p>4-1-b Present oral information in a logical and coherent manner.</p> <p>4-2-b Determine the purpose of oral presentations when deciding appropriate language.</p> <p>4-3-c Use auxiliary resources to enhance oral presentations, e.g., visual aids, special effects.</p>

Lessons	Health Benchmarks	Science Benchmarks	Language Arts Benchmarks
Module Two Lesson 1	<p>1-3-c Examine health practices which may cause and/or spread/prevent diseases.</p> <p>3-1-c Analyze personal practices which promote lifelong health and well-being.</p> <p>3-3-a Describe how personal choices can impact (sic) long-range health.</p> <p>5-1-a Describe and rank (sic) community and environmental health issues.</p> <p>5-1-b Analyze information/data to support or refute the cause/effect of various health issues.</p>		<p>2-1-b Use expensive vocabulary and correct spelling in written work.</p> <p>2-1-c Revise and edit written work using appropriate conventions of language.</p> <p>3-1-b Use various listening techniques in problem-solving and decision-making situations.</p>
Lesson 2	<p>1-3-a Determine how medical research influences health care and disease prevention.</p> <p>1-3-c Examine health practices which may cause and/or spread/prevent diseases.</p> <p>2-1-a Describe the influence of cultural beliefs on health behaviors and practices.</p> <p>3-3-b Demonstrate individual responsibility in health-related decisions/choices.</p> <p>4-2-c Use relevant and appropriate terminology when discussing health issues.</p>	<p>3-2-b Describe factors that impact species and/or population changes.</p>	
Lesson 3	<p>1-1-c Analyze how appropriate and inappropriate health practices affect self and family.</p> <p>1-3-c Examine health practices which may cause and/or spread/prevent diseases.</p> <p>3-3-b Demonstrate individual responsibility in health-related decisions/choices.</p>	<p>3-2-b Describe factors that impact species and/or population changes.</p>	<p>4-2-c Use recognized conventions/mechanics of language in personal communication.</p>

Lessons	Health Benchmarks	Science Benchmarks	Language Arts Benchmarks
Lesson 3 (Cont.)	<p>3-3-c Model an age-appropriate healthy lifestyle.</p> <p>4-2-c Use relevant and appropriate terminology when discussing health issues.</p>		
Lesson 4	<p>1-1-c Analyze how appropriate and inappropriate health practices affect self and family.</p> <p>1-2-b Examine practices which enhance personal emotional, social, and physical well-being.</p> <p>1-3-c Examine health practices which may cause and/or spread/prevent diseases.</p> <p>2-1-a Describe the influence of cultural beliefs on health behaviors and practices.</p> <p>3-1-c Analyze personal practices which promote lifelong health and well-being.</p>	<p>3-2-b Describe factors that impact species and/or population changes.</p>	
Lesson 5	<p>1-2-b Examine practices which enhance personal emotional, social, and physical well-being.</p> <p>2-1-a Describe the influence of cultural beliefs on health behaviors and practices.</p>		<p>1-1-a Use specific cues/strategies to make connections with, predict meaning of, and comprehend information within text.</p> <p>1-1-c Use prior knowledge and experience to interpret and construct meaning from various texts.</p> <p>2-1-a Apply appropriate conventions of language in written work.</p> <p>3-2-c Determine how presentation design can affect the interpretation of oral/visual information, e.g., layout, color, sequence, sound effects.</p>
Lesson 6	<p>1-2-c Examine ways to avoid, minimize, or cope with adolescent health problems.</p>		<p>1-1-c Use prior knowledge and experience to interpret and construct meaning from various texts.</p>

Lessons	Health Benchmarks	Science Benchmarks	Language Arts Benchmarks
Lesson 6 (Cont.)	2-2-c Investigate the availability of health products and services at the local, state, and regional levels.		2-1-a Apply appropriate conventions of language in written work.
Lesson 7	<p>1-2-b Examine practices which enhance personal emotional, social, and physical well-being.</p> <p>2-1-a Describe the influence of cultural beliefs on health behaviors and practices.</p> <p>5-1-b Analyze information/data to support or refute the cause/effect of various health issues.</p>	3-2-b Describe factors that impact species and/or population changes.	<p>1-1-a Use specific cues/strategies to make connections with, predict meaning of, and comprehend information within text.</p> <p>1-4-c Collect and summarize information to make reasonable and informed decisions.</p>
Lesson 8	<p>1-2-b Examine practices which enhance personal emotional, social, and physical well-being.</p> <p>1-3-c Examine health practices which may cause and/or spread/prevent diseases.</p> <p>2-1-a Describe the influence of cultural beliefs on health behaviors and practices.</p> <p>3-1-c Analyze personal practices which promote lifelong health and well-being.</p> <p>4-2-c Use relevant and appropriate terminology when discussing health issues.</p> <p>5-1-b Analyze information/data to support or refute the cause/effect of various health issues.</p>	3-2-b Describe factors that impact species and/or population changes.	<p>1-1-a Use specific cues/strategies to make connections with, predict meaning of, and comprehend information within text.</p> <p>1-1-c Use prior knowledge and experience to interpret and construct meaning from various texts.</p> <p>1-4-c Collect and summarize information to make reasonable and informed decisions.</p> <p>2-1-a Apply appropriate conventions of language in written work.</p>
Lesson 9	<p>1-2-b Examine practices which enhance personal emotional, social, and physical well-being.</p> <p>1-3-c Examine health practices which may cause and/or spread/prevent diseases.</p>	3-2-b Describe factors that impact species and/or population changes.	<p>1-1-a Use specific cues/strategies to make connections with, predict meaning of, and comprehend information within text.</p> <p>1-1-c Use prior knowledge and experience to interpret and construct meaning from various texts.</p>

Lessons	Health Benchmarks	Science Benchmarks	Language Arts Benchmarks
Lesson 9 (Cont.)	<p>4-2-c Use relevant and appropriate terminology when discussing health issues.</p> <p>5-1-b Analyze information/data to support or refute the cause/effect of various health issues.</p>		
Lesson 10	<p>1-2-b Examine practices which enhance personal emotional, social, and physical well-being.</p> <p>3-1-a Distinguish short and long-term consequences of risky and harmful behaviors (sic).</p> <p>3-1-c Analyze personal practices which promote lifelong health and well-being.</p> <p>3-3-a Describe how personal choices can impact (sic) long-range health.</p>	<p>3-2-b Describe factors that impact species and/or population changes.</p>	
Lesson 11	<p>1-2-b Examine practices which enhance personal emotional, social, and physical well-being.</p> <p>1-2-c Examine ways to avoid, minimize, or cope with adolescent health problems.</p> <p>2-1-a Describe the influence of cultural beliefs on health behaviors and practices.</p> <p>3-1-c Analyze personal practices which promote lifelong health and well-being.</p> <p>5-1-b Analyze information/data to support or refute the cause/effect of various health issues.</p>		
Lesson 12	<p>1-1-c Analyze how appropriate and inappropriate health practices affect self and family.</p> <p>3-1-a Distinguish short and long-term consequences of risky and harmful behaviors (sic).</p>		<p>2-1-a Apply appropriate conventions of language in written work.</p> <p>2-2-a Determine and use the appropriate organization based on the established writing purpose and intended audience.</p>

Lessons	Health Benchmarks	Science Benchmarks	Language Arts Benchmarks
Lesson 12 (Cont.)	4-3-c Demonstrate communication skills used to avoid potentially harmful situations.		2-2-c Select and use the writing format required for a specific type of publication.
Module Three Lesson 1	<p>1-1-a Model appropriate ways to express feelings in a variety of age-appropriate situations.</p> <p>1-2-b Examine practices which enhance personal emotional, social, and physical well-being.</p> <p>3-3-b Demonstrate individual responsibility in health-related decisions/choices.</p> <p>4-1-a Demonstrate communication skills that build and maintain healthy relationships.</p> <p>4-2-a Demonstrate healthy ways to express needs, wants and feelings.</p> <p>5-3-a Investigate methods used to influence others in making healthy choices.</p>		<p>2-1-a Apply appropriate conventions of language in written work.</p> <p>4-2-c Use recognized conventions/mechanics of language in personal communication.</p>
Lesson 2	<p>1-1-a Model appropriate ways to express feelings in a variety of age-appropriate situations.</p> <p>4-1-a Demonstrate communication skills that build and maintain healthy relationships.</p> <p>4-2-a Demonstrate healthy ways to express needs, wants and feelings.</p>		2-1-a Apply appropriate conventions of language in written work.
Lesson 3	<p>1-2-b Examine practices which enhance personal emotional, social, and physical well-being.</p> <p>4-1-a Demonstrate communication skills that build and maintain healthy relationships.</p>		

Lessons	Health Benchmarks	Science Benchmarks	Language Arts Benchmarks
Lesson 4	<p>1-3-b Analyze health care requirements and policies which affect safety and well-being.</p> <p>2-2-a Investigate the role and organization of various community, state, and regional health agencies/services.</p> <p>2-3-a Analyze various personal situations to determine when professional health services are necessary.</p>		
Lesson 5	<p>1-3-b Analyze health care requirements and policies which affect safety and well-being.</p> <p>2-2-a Investigate the role and organization of various community, state, and regional health agencies/services.</p> <p>2-3-1a Analyze various personal situations to determine when professional health services are necessary.</p>		<p>2-1-a Apply appropriate conventions of language in written work.</p> <p>2-2-c Select and use the writing format required for a specific type of publication.</p> <p>4-1-b Present oral information in a logical and coherent manner.</p> <p>4-3-c Use auxiliary resources to enhance oral presentations, e.g., visual aids, special effects.</p>
Lesson 6	<p>1-3-b Analyze health care requirements and policies which affect safety and well-being.</p> <p>2-2-a Investigate the role and organization of various community, state, and regional health agencies/services.</p> <p>2-3-a Analyze various personal situations to determine when professional health services are necessary.</p>		
Lesson 7	<p>4-1-a Demonstrate communication skills that build and maintain healthy relationships.</p> <p>4-1-b Choose appropriate communication techniques when interacting with family, peers, and community.</p>		<p>3-1-a Determine specific cognitive and physical barriers to effective listening and viewing.</p> <p>3-1-c Determine the effect of non-verbal cues on interpersonal communication.</p>

Lessons	Health Benchmarks	Science Benchmarks	Language Arts Benchmarks
Lesson 7 (Cont.)	<p>4-1-c Model effective effective interpersonal communications skills.</p> <p>4-2-a Demonstrate healthy ways to express needs, wants and feelings.</p>		
Lesson 8	<p>1-1-a Model appropriate ways to express feelings in a variety of age-appropriate situations.</p> <p>1-2-b Examine practices which enhance personal emotional, social, and physical well-being.</p> <p>4-1-a Demonstrate communication skills that build and maintain healthy relationships.</p> <p>4-1-c Model effective effective interpersonal communications skills.</p> <p>4-2-a Demonstrate healthy ways to express needs, wants and feelings.</p> <p>4-2-b Determine behaviors/situations which creat bridges and barriers to effective communication.</p>		<p>2-1-a Apply appropriate conventions of language in written work.</p> <p>2-1-b Use expensive vocabulary and correct spelling in written work.</p> <p>4-1-b Present oral information in a logical and coherent manner.</p>
Lesson 9	<p>1-1-a Model appropriate ways to express feelings in a variety of age-appropriate situations.</p> <p>4-1-a Demonstrate communication skills that build and maintain healthy relationships.</p> <p>4-2-a Demonstrate healthy ways to express needs, wants and feelings.</p> <p>4-3-b Demonstrate effective conflict resolutions strategies.</p>		

Lessons	Health Benchmarks	Science Benchmarks	Language Arts Benchmarks
Lesson 10	<p>2-2-a Investigate the role and organization of various community, state, and regional health agencies/services.</p> <p>2-3-a Analyze various personal situations to determine when professional health services are necessary.</p> <p>2-3-b Describe options for contacting/obtaining health services.</p>		<p>2-1-a Apply appropriate conventions of language in written work.</p> <p>2-1-b Use expensive vocabulary and correct spelling in written work.</p> <p>2-1-c Revise and edit written work using appropriate conventions of language.</p> <p>2-2-a Determine and use the appropriate organization based on the established writing purpose and intended audience.</p> <p>2-2-b Determine and use appropriate writing style based on the established purpose and intended audience.</p> <p>2-2-c Select and use the writing format required for a specific type of publication.</p>
Lesson 11	<p>4-1-c Model effective effective interpersonal communications skills.</p> <p>4-2-a Demonstrate healthy ways to express needs, wants and feelings.</p>		<p>2-1-a Apply appropriate conventions of language in written work.</p> <p>2-1-b Use expensive vocabulary and correct spelling in written work.</p> <p>2-1-c Revise and edit written work using appropriate conventions of language.</p> <p>2-2-c Select and use the writing format required for a specific type of publication.</p>
Module Four Lesson 1	<p>1-1-c Analyze how appropriate and inappropriate health practices affect self and family.</p> <p>1-2-c Examine ways to avoid, minimize, or cope with adolescent health problems.</p> <p>3-1-a Distinguish short and long-term consequences of risky and harmful behaviors (sic).</p>		

Lessons	Health Benchmarks	Science Benchmarks	Language Arts Benchmarks
<p>Lesson 1 (Cont.)</p>	<p>3-1-b Analyze how social pressures can influence participation in risk-taking behaviors.</p> <p>5-3-a Investigate methods used to influence others in making healthy choices.</p>		
<p>Lesson 2</p>	<p>1-1-c Analyze how appropriate and inappropriate health practices affect self and family.</p> <p>1-2-a Explain how health is influenced by the interaction of body systems.</p> <p>1-2-c Examine ways to avoid, minimize, or cope with adolescent health problems.</p> <p>2-1-a Describe the influence of cultural beliefs on health behaviors and practices.</p> <p>3-1-b Analyze how social pressures can influence participation in risk-taking behaviors.</p> <p>5-1-b Analyze information/data to support or refute the cause/effect of various health issues.</p> <p>5-3-a Investigate methods used to influence others in making healthy choices.</p>		<p>2-2-b Determine and use appropriate writing style based on the established purpose and intended audience.</p> <p>3-2-a Determine the basic or subliminal meaning of various oral and visual messages, e.g., advertisements, videos, television.</p>
<p>Lesson 3</p>	<p>1-1-c Analyze how appropriate and inappropriate health practices affect self and family.</p> <p>1-2-a Explain how health is influenced by the interaction of body systems.</p> <p>1-2-c Examine ways to avoid, minimize, or cope with adolescent health problems.</p> <p>2-1-a Describe the influence of cultural beliefs on health behaviors and practices.</p>	<p>3-2-b Describe factors that impact species and/or population changes.</p>	<p>2-1-a Apply appropriate conventions of language in written work.</p>

Lessons	Health Benchmarks	Science Benchmarks	Language Arts Benchmarks
<p>Lesson 3 (Cont.)</p>	<p>3-1-a Distinguish short and long-term consequences of risky and harmful behaviors (sic).</p> <p>3-1-b Analyze how social pressures can influence participation in risk-taking behaviors.</p> <p>4-2-c Use relevant and appropriate terminology when discussing health issues.</p> <p>5-1-b Analyze information/data to support or refute the cause/effect of various health issues.</p>		
<p>Lesson 4</p>	<p>1-1-c Analyze how appropriate and inappropriate health practices affect self and family.</p> <p>1-2-a Explain how health is influenced by the interaction of body systems.</p> <p>1-2-c Examine ways to avoid, minimize, or cope with adolescent health problems.</p> <p>2-1-a Describe the influence of cultural beliefs on health behaviors and practices.</p> <p>3-1-b Analyze how social pressures can influence participation in risk-taking behaviors.</p> <p>3-3-b Demonstrate individual responsibility in health-related decisions/choices.</p> <p>4-2-c Use relevant and appropriate terminology when discussing health issues.</p> <p>4-3-c Demonstrate communication skills used to avoid potentially harmful situations.</p>	<p>3-2-b Describe factors that impact species and/or population changes.</p>	<p>2-1-a Apply appropriate conventions of language in written work.</p>

Lessons	Health Benchmarks	Science Benchmarks	Language Arts Benchmarks
Lesson 5	<p>1-1-c Analyze how appropriate and inappropriate health practices affect self and family.</p> <p>1-2-c Examine ways to avoid, minimize, or cope with adolescent health problems.</p> <p>2-1-a Describe the influence of cultural beliefs on health behaviors and practices.</p> <p>3-1-a Distinguish short and long-term consequences of risky and harmful behaviors (sic).</p> <p>3-3-b Demonstrate individual responsibility in health-related decisions/choices.</p> <p>4-3-c Demonstrate communication skills used to avoid potentially harmful situations.</p>	<p>3-2-b Describe factors that impact species and/or population changes.</p>	
Lesson 6	<p>1-1-a Model appropriate ways to express feelings in a variety of age-appropriate situations.</p> <p>1-2-c Examine ways to avoid, minimize, or cope with adolescent health problems.</p> <p>2-1-a Describe the influence of cultural beliefs on health behaviors and practices.</p> <p>3-1-b Analyze how social pressures can influence participation in risk-taking behaviors.</p> <p>3-3-b Demonstrate individual responsibility in health-related decisions/choices.</p> <p>4-2-c Use relevant and appropriate terminology when discussing health issues.</p>		<p>2-1-a Apply appropriate conventions of language in written work.</p>
Lesson 7	<p>1-1-b Engage in a variety of positive, personal hygienic (sic) behaviors.</p>		<p>2-1-a Apply appropriate conventions of language in written work.</p>

Lessons	Health Benchmarks	Science Benchmarks	Language Arts Benchmarks
Lesson 7 (Cont.)	<p>1-1-c Analyze how appropriate and inappropriate health practices affect self and family.</p> <p>2-1-a Describe the influence of cultural beliefs on health behaviors and practices.</p> <p>3-1-a Distinguish short and long-term consequences of risky and harmful behaviors (sic).</p> <p>3-1-c Analyze personal practices which promote lifelong health and well-being.</p> <p>3-3-b Demonstrate individual responsibility in health-related decisions/choices.</p>		
Lesson 8	<p>1-2-a Explain how health is influenced by the interaction of body systems.</p> <p>1-2-c Examine ways to avoid, minimize, or cope with adolescent health problems.</p> <p>2-2-a Investigate the role and organization of various community, state, and regional health agencies/services.</p> <p>3-1-b Analyze how social pressures can influence participation in risk-taking behaviors.</p> <p>3-1-c Analyze personal practices which promote lifelong health and well-being.</p> <p>3-2-c Analyze personal health progress and adjust behaviors as needed.</p> <p>4-2-a Demonstrate healthy ways to express needs, wants and feelings.</p> <p>4-3-c Demonstrate communication skills used to avoid potentially harmful situations.</p>		<p>2-1-a Apply appropriate conventions of language in written work.</p>

Lessons	Health Benchmarks	Science Benchmarks	Language Arts Benchmarks
Lesson 8 (Cont.)	5-1-b Analyze information/data to support or refute the cause/effect of various health issues.		
Lesson 9	<p>1-2-a Explain how health is influenced by the interaction of body systems.</p> <p>1-2-c Examine ways to avoid, minimize, or cope with adolescent health problems.</p> <p>2-1-a Describe the influence of cultural beliefs on health behaviors and practices.</p> <p>2-2-a Investigate the role and organization of various community, state, and regional health agencies/services.</p> <p>3-1-c Analyze personal practices which promote lifelong health and well-being.</p> <p>3-2-c Analyze personal health progress and adjust behaviors as needed.</p> <p>3-3-b Demonstrate individual responsibility in health-related decisions/choices.</p>		
Lesson 10	<p>1-1-a Model appropriate ways to express feelings in a variety of age-appropriate situations.</p> <p>1-2-c Examine ways to avoid, minimize, or cope with adolescent health problems.</p> <p>3-1-b Analyze how social pressures can influence participation in risk-taking behaviors.</p> <p>3-3-b Demonstrate individual responsibility in health-related decisions/choices.</p> <p>4-1-c Model effective effective interpersonal communications skills.</p> <p>4-3-c Demonstrate communication skills used to avoid potentially harmful situations.</p>		4-1-c Use input from others to determine the effectiveness of personal communication.

Lessons	Health Benchmarks	Science Benchmarks	Language Arts Benchmarks
Lesson 11	<p>1-1-b Engage in a variety of positive, personal hygenic (sic) behaviors.</p> <p>1-2-b Examine practices which enhance personal emotional, social, and physical well-being.</p> <p>3-1-c Analyze personal practices which promote lifelong health and well-bing.</p> <p>3-2-c Analyze personal health progress and adjust behaviors as needed.</p> <p>3-3-b Demonstrate individual responsibility in health-related decisions/choices.</p> <p>3-3-c Model an age-appropriate healthy lifestyle.</p> <p>4-1-c Model effective effective interpersonal communications skills.</p>		
Lesson 12			

Module Five Lesson 1	4-1-c Model effective effective interpersonal communications skills.		<p>2-1-a Apply appropriate conventions of language in written work.</p> <p>2-1-b Use expensive vocabulary and correct spelling in written work.</p> <p>2-2-a Determine and use the appropriate organization based on the established writing purpose and intended audience.</p>
Lesson 2	<p>4-1-a Demonstrate communication skills that build and maintain healthy relationships.</p> <p>4-1-c Model effective effective interpersonal communications skills.</p>		2-1-a Apply appropriate conventions of language in written work.
Lesson 3	3-1-c Analyze personal practices which promote lifelong health and well-bing.		2-1-a Apply appropriate conventions of language in written work.

Lessons	Health Benchmarks	Science Benchmarks	Language Arts Benchmarks
Lesson 3 (Cont.)	3-3-b Demonstrate individual responsibility in health-related decisions/choices.		
Lesson 4	3-1-c Analyze personal practices which promote lifelong health and well-being. 3-3-b Demonstrate individual responsibility in health-related decisions/choices. 3-3-c Model an age-appropriate healthy lifestyle.		2-1-a Apply appropriate conventions of language in written work.
Lesson 5	3-3-b Demonstrate individual responsibility in health-related decisions/choices. 3-3-c Model an age-appropriate healthy lifestyle.		2-1-a Apply appropriate conventions of language in written work.
Lesson 6	4-1-a Demonstrate communication skills that build and maintain healthy relationships.		2-2-b Determine and use appropriate writing style based on the established purpose and intended audience.
Lesson 7	3-3-b Demonstrate individual responsibility in health-related decisions/choices. 3-3-c Model an age-appropriate healthy lifestyle.		