

PROJECT ALERT - BOOSTER PROGRAM - 8TH GRADE

Project Alert Lessons	Health Benchmarks	Language Arts Benchmarks	Science Benchmarks
<p>Lesson One Motivating Resistance to Drugs</p>	<p>Examine ways to avoid, minimize, or cope with adolescent health problems. 1:2:c</p> <p>Examine health practices which may cause and/or spread/prevent diseases. 1:3:c</p> <p>Analyze the media impact on personal and family health decisions and practices. 2:1:b</p> <p>Distinguish short- and long-term consequences of risky and harmful behaviors (<i>sic</i>). 3:1:a</p> <p>Analyze how social pressures can influence participation in risk-taking behaviors. 3:1:b</p> <p>Describe how personal choices can impact (<i>sic</i>) long-range health. 3:3:a</p> <p>Demonstrate individual responsibility in health-related decisions/choices. 3:3:b</p> <p>Demonstrate communication skills used to avoid potentially harmful situations.</p>	<p>Determine the basic or subliminal meaning of various oral and visual messages, e.g., advertisements, videos, Television. 3:2:a</p>	<p><i>No Science Benchmarks match Project Alert</i></p>
<p>Lesson Two Practicing Resisting External & Internal Pressures</p>	<p>Model appropriate ways to express feelings in a variety of age-appropriate situations. 1:1:a</p> <p>Examine ways to avoid, minimize, or cope with adolescent health problems. 1:2:c</p>	<p>Determine the effect of non-verbal cues on interpersonal communication. 3:1:c</p> <p>Analyze and assess oral/visual information for usefulness. 3:3:a</p>	

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<p>Lesson Two: (Continued)</p>	<p>Analyze how social pressures can influence participation in risk-taking behaviors. 3:1:b</p> <p>Demonstrate individual responsibility in health-related decisions/choices. 3:3:b</p> <p>Model an age-appropriate healthy lifestyle. 3:3:c</p> <p>Choose appropriate communication techniques when interacting with family, peers, and community. 4:1:b</p> <p>Model effective interpersonal communication skills. 4:1:c</p> <p>Demonstrate communication skills used to avoid potentially harmful situations.</p> <p>Investigate methods used to influence others in making healthy choices. 5:3:a</p>	<p>Present oral information in a logical and coherent manner. 4:1:b</p> <p>Determine the purpose of oral presentations when deciding appropriate language. 4:2:b</p> <p>Use auxiliary resources to enhance oral presentations, e.g., visual aids, special effects. 4:3:c</p>	
<p>Lesson Three Benefits of Resisting Drugs</p>	<p>Model appropriate ways to express feelings in a variety of age-appropriate situations. 1:1:a</p> <p>Examine ways to avoid, minimize, or cope with adolescent health problems. 1:2:c</p> <p>Analyze how social pressures can influence participation in risk-taking behaviors. 3:1:b</p>	<p>Determine the effect of non-verbal cues on interpersonal communication. 3:1:c</p> <p>Present oral information in a logical and coherent manner. 4:1:b</p> <p>Determine the purpose of oral presentations when deciding appropriate language. 4:2:b</p>	

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Lesson Three: (Continued)	<p>Demonstrate individual responsibility in health-related decisions/choices. 3:3:b</p> <p>Model effective interpersonal communication skills. 4:1:c</p> <p>Demonstrate communication skills used to avoid potentially harmful situations.</p> <p>Investigate methods used to influence others in making healthy choices. 5:3:a</p>	<p>Use auxiliary resources to enhance oral presentations, e.g., visual aids, special effects. 4:3:c</p>	