

Olweus Bullying Prevention Program

A program designed to reduce and prevent schools' bullying problems. School staff is largely responsible for introducing and implementing the program. Their efforts are directed toward improving peer relationships and making school a safe and pleasant place to be.

Visit www.olweus.org/public/index.page



- ❖ The Bullying Prevention Program attempts to restructure the existing school environment to reduce opportunities and rewards for bullying behavior.
- ❖ Broadly researched in the United States and Europe, the Olweus Bullying Prevention Program is one of eleven SAMHSA (Substance Abuse and Mental Health Services Administration) Blue Ribbon Programs.
- ❖ The program reduces existing bully/victim problems inside and outside of the school setting and prevents the development of new bully/victim problems.
- ❖ A Coordinating Committee receives the training. They train the remainder of the staff in this violence prevention strategy. Not a curriculum, this environmental strategy improves the climate of the school and empowers bystanders to help others.

School Rules Against Bullying

1. We will not bully others.
2. We will try to help people who are bullied.
3. We will include students who are easily left out.
4. When we know somebody is being bullied, we will tell an adult at school and at home.

Getting Started

Decide which schools in the district will participate. (Grades Three through Grade Twelve)

Set up training for the Coordinating Committee. (two days) Secure trainers at (605) 335-6474, option 1, Melinda; or at (605) 884-3516, Dodi.

Obtain survey and training manuals for the Coordinating Committee.

Carry out the bullying survey. Step up supervision of "hot spots". Have regular class meetings.

**Materials are purchased through Hazelden.
Go to www.hazelden.org**