Support Groups

Alcoholics Anonymous*

www.humanserviceagency.org//aameetings or call 605-886-0123 for meeting times and locations. Meetings are held every day of the week. Closed and open meetings are offered.

AL-ANON*

www.humanserviceagency.org//aameetings or 605-886-0123 Mon. 7:15pm - Lutheran Church of Our Redeemer, 2001 2nd St NW Thurs. 7:00pm - GracePoint Church, 3rd Ave NE

Breast Cancer Support Group

Contact: Colita Remmers 605-881-9485 colita.remmers@gmail.com A group that provides emotional and financial support.

Cancer Support Group

Prairie Lakes Healthcare System 401 9th Ave NW 605-882-6800 This support group is open to those living with cancer, those who have survived, and caregivers. We have speaker presentations, opportunities to meet others in similar situations, and cancer education and insight. Please call or visit <u>www.prairielakes.com</u> for more information and meeting dates/times.

Co-Dependency Group

Mondays from 5:30-6:30pm at Cornerstone Church, 1350 11th St NE

Celebrate Recovery

E: <u>info@midwestministries.org</u> A Christ-centered program that provides care and support to those struggling with hurts, habits, and hang-ups. Potluck at 6pm, big group worship at 6:30, men's & women's small groups at 7:30pm. Free childcare provided. Bring your family, bring a friend, bring yourself...Celebrate Recovery is for everyone!

Gamblers Anonymous

Meetings are on Mondays at 6:30pm at the Human Service Agency, 123 19th St NE in the West group room.

Domestic Violence Support Group

605-886-4304 www.beaconcentersd.com Healing the wounded spirit; healing for trauma victims and survivors. Meetings are every Tuesday 5:30 – 7:00pm at the Beacon Center - 801 Jenson Ave.

Divine Providence of South Dakota

605-880-6201 www.divineprovidencesd.com divineprovidence@gmail.com Facebook: LakeKampeska Leads people, especially those wounded by child sexual abuse and sexual assault into a thriving relationship with Jesus Christ and strengthens local churches in Northeast South Dakota through four ministries: Hope, Healing and Prints; Hope In God - for adult survivors of child sexual abuse and sexual assault; Pulpit Supply & Providence Solutions-Provide SWOT Analysis and Strategic Planning.

Face It Together

855-539-9375 <u>www.wefaceittogether.org</u> Free, effective support from people who've been there. For families impacted by addiction.

GriefShare

Contact: Mark Tracy 605-777-720 (text "grief") GriefShare is a grief support group that meets weekly for 13 weeks to help and provide encouragement after the death of a spouse, child, family member or friend. GriefShare meets seasonally on Thursday evenings from 6-8pm at Cornerstone Methodist Church. You are welcome to begin attending the group at any point. Each session is self-contained so you do not have to attend in sequence. There is no cost. Workbooks are available for \$15.

IBS Support Group

605-880-5213

This support group works to educate those who are living with Irritable Bowel Syndrome (IBS) and to increase awareness of the disorder. The group will meet in the west conference room of Prairie Lakes Hospital. Attendance is free. There is no advance registration. Everyone is welcome. Please call with questions and meeting times and dates.

Narcotic Anonymous*

www.humanserviceagency.org//aameetingsor 605-886-0123 Mon. 7pm Salvation Army 621 4th St SE Wed. 8pm Salvation Army

National Alliance on Mental Health NAMI

605- 886-7799 Email: dnkranz4@gmail.com www.namisouthdakota.org Support and educational meetings are held on the first Monday of each month. Meetings begin at 7:00pm at IC Parish Hall, 309 2nd Ave SE. There are Wellness Activities the last Tuesday of each month at 6:30 pm Midland Plaza Building 100 S. *Please call for "in-person" status of meetings.

Parent(s) Grief Support Group

1350 11th St NE (Cornerstone United Methodist Church) Contact: Susan Rieb, 605-237-3791 Jan Solum, 605-881-6657 Email: susanrieb@msn.com <u>https://cornerstonewat.churchcenter.com</u> <u>/groups</u> Support for those who have lost a child. The group meets the 3rd Tuesday of the month at 5:30pm at the church.

Prairie Lakes Grief Support Group

401 9th Ave NW 605-882-7714

Prairie Lakes offers a grief support group, where those who have experienced the death of a loved one, can find comfort, support, and hope. Learn about the process of grief, meet others who are dealing with losses, and share stories of your loved one. The meetings are open to the community and free of charge. Learn more & register at <u>www.prairielakes.com</u>.

Prairie Lakes Healthcare System Support Groups & Education

Prairie Lakes Healthcare System 401 9th Ave NW 605-882-7000 Support groups offer information to help cope with a chronic disease or life event. But a big benefit of support groups is meeting people in a similar situation. Go to <u>www.prairielakes.com</u> for various groups including Grief support, Expecting Parent classes, Memorial Butterfly Release, free classes, events and more.

Wounded Hearts

1350 11th St NE (Cornerstone United Methodist Church) Contact: Susan Buhler 605-520-6743 <u>https://cornerstonewat.churchcenter.com</u> <u>/groups</u> This class offers hope and guidance in the midst of confusion to adult victims of childhood sexual abuse. This is an intensely personal and specific look at this most 'soul deadening' form of abuse.